



# BRAZILIAN COAST, CAPITALS & CHAPADAS, (ZRS)

Salvador to Rio de Janeiro 17 Days, departing 6th November 2022



## TRIP OVERVIEW

**Trip Style:** Overlanding  
**Route:** Salvador to Rio de Janeiro  
**Duration:** 17 Days  
**Transport:** Overland Expedition Vehicle, Jeep  
**Accommodation:** Comfortable Hotel 3 nights  
 Camping 6 nights  
 Basic Hotel 3 nights  
 Multishare Hostel 3 nights  
**Meals:** Breakfasts x 10, Lunches x 8, Dinners x 8

**Physical Challenge:** ● ● ● ○ ○

Depending on the trip, activities may include treks of 3-4 hours at altitude or across hilly terrain, multi-day treks at sea level, horseback riding, canoeing and other adventurous activities. A moderate level of fitness is required.

**Lifestyle Challenge:** ● ● ● ○ ○

This trip has a bit of everything. Some areas that you travel through may be physically challenging; for example you may be at altitude some of the time and you may be camping for several nights. The pace of the trip can be tiring at times and some facilities will be basic. However there will also be plenty of time to relax and some comfortable accommodation.



# DAILY ITINERARY

## Day 1 - Salvador (6th November 2022)

**Meals:** Breakfast

Welcome to Salvador! Today there is an important group meeting at 18:00hrs please meet at the Hotel reception. The rest of the day is yours to enjoy Salvador.

**Border information:** If you are joining your trip in Salvador, enter Brazil at Deputado Luís Eduardo Magalhães International Airport ([IATA](#): SSA)

We stay just by the old centre of Pelourinho in a lovely hotel.

Accommodation: Pousada da Mangueira A""

## Day 2 - Salvador (7th November 2022)

**Meals:** Breakfast

Explore the energetic and vibrant city of Salvador, known around the world for its Carnival festivities. Salvador is home to over 300 churches, the historic centre is recognised by UNESCO and full of interesting architecture, brightly coloured buildings and cobblestone streets. It's an excellent place to witness the African culture in music and dance and enjoy some delicious street food.

### Daily Activities

#### Optional Activities

Watch a candomblé ceremony

Entrance: 70 USD

Take a guided tour of the city

Walking Tour: 40 BRL

Visit the Forte Santo Antonio da Barra, Brazil's oldest lighthouse, for panoramic views of the city

Price: Free

Visit a Capoeira school to watch the Brazilian martial art combining elements of dance acrobatics and music

Approx price: 25 BRL

## Day 3 - Itacare (8th November 2022)

**Meals:** Lunch, Dinner

We head south the beautiful beach town of Itacare, with its stunning Atlantic rainforest, laid back eco-friendly cafes and bars, and the opportunity to surf, relax and explore. This is our last view of the ocean before we head inland for the National Parks!

## Day 4 - Itacare (9th November 2022)

**Meals:** Breakfast, Lunch, Dinner

Today we have a free day to explore the area, enjoy the beach, take part in some of the many adventure activities available here, or visit the stunning Peninsula de Marau, stopping off at Praia Taipus de Fora and Lagoa Azul.

## Daily Activities

### Optional Activities

Take part in a range of adventure activities from horse riding, rafting, canyoning, mountain biking, kayaking and even off road adventures

Price: 50 USD

Head to the southern beaches for some surfing or chill out on the beach and relax

Price: Free

Take a day trip to explore the Peninsula de Marau with its gorgeous beaches, Camambu Bay's Nature Reserve and relaxed villages

Price: 75 USD

## Day 5 - Lencois (10th November 2022)

**Meals:** Breakfast, Lunch, Dinner

Today we head to the fantastic town of Lencois, the gateway to Chapada da Diamantina National Park. We camp in Lencois giving you the opportunity to enjoy a variety of treks into the stunning scenery of the national park.

Approximate Driving Time - 9hrs / 515km

## Day 6 - Lencois (11th November 2022)

**Meals:** Breakfast

Today we can enjoy the Chapada Diamantina National Park; this is a real adventurer's paradise. It's possible to go hiking, stopping along the way for a dip in the river by waterfalls and rapids, go horse riding, kayaking or maybe mountain biking. There are even cave systems to explore. The Chapada is full of towering rock formations and vast plains, making it perfect for landscape photography.

## Daily Activities

### Included Activities

Head into the beautiful Chapada Diamantina National Park

Included

## Day 7 - Lencois (12th November 2022)

We have two full days to enjoy the Chapada Diamantina National Park; this is a real adventurer's paradise. It's possible to go hiking, stopping along the way for a dip in the river by waterfalls and rapids, go horse riding, kayaking or maybe mountain biking. There are even cave systems to explore. The Chapada is full of towering rock formations and vast plains, making it perfect for landscape photography.

## Daily Activities

### Optional Activities

Explore the stunning caves of the chapada and climb Morro do Pai Inácio for spectacular views of the region

Trek: 180 BRL

Full day hike through the Ribeirão Valley to the stunning Sossego waterfall

Trek: 90 BRL

## Day 8 - Central Brazil (13th November 2022)

**Meals:** Lunch, Dinner

Over the next two days we will travel overland across the central Brazilian countryside, towards the town of Alto Paraiso and the stunning Chapada dos Veadeiros National Park, bush camping en route.

## Day 9 - Alto Paraiso (14th November 2022)

**Meals:** Breakfast, Lunch, Dinner

Today we complete our journey to the laid back town of Alto Paraiso, our base for exploring the Chapada Dos Veadeiros National Park.

## Day 10 - Alto Paraiso (15th November 2022)

**Meals:** Breakfast, Lunch, Dinner

We will have an included visit to the Vale da Lua or the Valley of the Moon, so called due to the rock formations giving it an appearance similar to the moon.

### Daily Activities

#### Included Activities

Explore the beautiful rock formations of Vale da Lua

Included

## Day 11 - Alto Paraiso (16th November 2022)

**Meals:** Breakfast, Lunch, Dinner

This area is perfect for hiking, horse and bike riding and of course swimming in natural pools and soaking up the parks atmosphere. It is said that due to the high amount of quartz in the ground, that this Chapada is glows from space!

### Daily Activities

#### Optional Activities

Try some of the adventure activities on offer around Alto Paraiso

Canyoning: 150 USD

Zip lining: 80 USD

## Day 12 - Brasilia (17th November 2022)

**Meals:** Breakfast

Today we arrive in the futuristic capital of Brasilia. We will enjoy a guided tour of this fascinating city, which was designed and built to be the Brazilian Government's headquarters in 1960. The city is designed to resemble a plane, and is a UNESCO heritage site, housing some incredible, futuristic style Cathedrals and Monuments.

## Daily Activities

### Included Activities

See the unique city plan and architecture of Brasilia on a guided tour

Included

## Day 13 - Tres Marias (18th November 2022)

**Meals:** Lunch, Dinner

We have a full day drive through the Brazilian countryside. We will find a nice spot and camp for the night near Tres Marias.

## Day 14 - Ouro Preto (19th November 2022)

**Meals:** Breakfast

Today is a full day drive to the beautiful colonial mining town of Ouro Preto where we will stay at a local Guesthouse. Ouro Preto is considered Brazil's most important historic site.

## Day 15 - Ouro Preto (20th November 2022)

Today we will have a half day guided tour of Ouro Preto, well known for its colonial architecture and the first Brazilian town to be considered a UNESCO world heritage site. In the afternoon enjoy some free time to explore the town, visit the museum or some of the stunning baroque churches. There are some fantastic cafes and restaurants in Ouro Preto. Don't forget your camera today, Ouro Preto is one of the most picturesque towns on our itinerary!

## Daily Activities

### Included Activities

Explore unique colonial Ouro Preto and its architectural heritage on a city tour

Included

### Optional Activities

Head underground into the gold mines of Ouro Preto

Entrance: 68 BRL

Guide: 30 BRL

Learn all about the failed uprising against the Portuguese in 1789 at the Museum of the Inconfidencia or visit the Mineralogy Museum to see some of the gems mined in the area

Entrance: 30 BRL

## Day 16 - Rio de Janeiro (21st November 2022)

Today we drive to the vibrant city of Rio de Janeiro, a highlight of any trip to Brazil!

Along the way we will stop at Petropolis, the cool hill-side hideaway for local Cariocas escaping the heat of Rio. We will have 2 hours to explore the Museu Imperial, the former Imperial Museum, wander the town or visit the Palacio de Cristal, the site where the last slaves of Petropolis were released.

## Day 17 - Rio de Janeiro - End Date (22nd November 2022)

Today is the end day for our passengers finishing their trip in Rio de Janeiro. Please note there is no accommodation included on the trip tonight - please contact your Sales Agent if you wish to book extra accommodation to fully enjoy Rio.

**Border information:** If you are leaving in Rio, exit Brazil at Rio Galeão International Airport International (IATA code: GIG) Airport.

Accommodation:

### Daily Activities

#### Optional Activities

Visit the world famous statue Christ the Redeemer

Train and entrance: 83 BRL

Explore Brazilian flavours in a half day cooking class

Half day class: 75 USD

Explore the magnificent Botanical Gardens of Rio de Janeiro with over 54 hectares and 6500 species of plants and flowers

Entrance: 8 USD

Take a hike into the Tijuca Rainforest, one of the largest Urban Rainforests in the world.

Hike: 65 USD

Take a cable car up Pão de Açúcar (Sugarloaf Mountain)

Cable car (return ticket): 85 BRL

## ITINERARY DISCLAIMER

The routes, activities and places visited described in these notes are intentions and are meant as a rough guide only. By their very nature, overland itineraries need to be flexible and the regions that we are travelling through are often unpredictable. We intend to follow the planned route but exact night stops and inclusions cannot be guaranteed and it sometimes happens that we decide to make a change to our planned itinerary. This may be for a variety of reasons; climatic, road or bureaucratic conditions may demand it. Changes to the itinerary may occur with little notice so please be prepared for modifications to your trip.

#### Drive Times

Drive times are listed in the day-to-day itinerary. These are the approximate number of hours that the vehicle will be in motion, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors.

#### Accommodation and Meals Included

The type of accommodation and included meals are listed for each day of the itinerary. These listings show our intention and on most departures the listings will be accurate. However due to the flexible nature of overland itineraries, climatic, bureaucratic or road conditions may demand changes to our listed intentions or groups may simply decide to amend the plans from time to time.

#### Optional Activities

A selection of optional activities is listed in the day-to-day itinerary. This list is designed to be a helpful guide as to what is commonly available in each location, and is neither an exhaustive list, a guarantee that the activity is available, or an endorsement or recommendation. Certain activities may not be available on your particular visit and it may not be possible to do all the activities listed in the time available at each destination. It is recommended to give yourself extra time in your joining or ending city if you would like to participate in some optional activities there. Prices listed are for entrance only and do not include transport costs to and from the sites or local guides unless indicated. The prices are displayed according to our latest information and in the best faith, but prices do fluctuate due to exchange rates, season, numbers of participants, and simple increases from the operator, and therefore any prices listed are a guide only and cannot be guaranteed. If you partake in any optional activities, you do so at your own risk and it must be clearly understood that your participation is your own decision and does not form part of your contract with Dragoman. You may be required to sign/complete a waiver form or optional activity form for some optional activities. For more information around activity safety and insurance, please see the Essential Information document.

# EMERGENCY CONTACT INFORMATION

In the event of a real emergency once you have left your home country, please contact us on our out of office hours number. If you cannot get through on the phone, please leave a message with your name, reference number, contact details and a message with the help that you need and we will get back to you. Please bear in mind that real progress or action may not be possible until normal office hours, depending on the issue.

If your flight is delayed, please inform us as soon as you can and then make your way to the joining hotel as instructed in the Joining Point section of these notes.

**Out of hours Number: +44 (0) 7985 106564**

## A FEW RULES

We expect all group members to act respectfully towards our staff and other group members. Bullying will not be tolerated.

Engaging in commercial or exploitative sexual activities, committing acts of violence or threatening violence towards local people, other group members or any member of our staff is not allowed. Any customer engaging in such activities will be required to leave the trip immediately with no refund of the trip price.

You must at all times comply with the laws, customs, foreign exchange and drug regulations of all countries visited and conduct yourself in accordance with our responsible travel policy. Any customer found contravening such laws or regulations will be required to leave the trip immediately with no refund of the trip price.

Although we are aware that in some parts of the world taking, carrying or selling drugs, or carrying weapons may be legal, it is not acceptable for Dragoman customers and our tour leaders have the right to ask you to leave the trip immediately with no refund of the trip price if you are found to be engaging in such activities.

## ISSUES ON THE TRIP

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local partner straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader may not be able to resolve a situation to your satisfaction. If this is the case please contact our customer relations department on [customer-relations@dragoman.co.uk](mailto:customer-relations@dragoman.co.uk).

You may also choose to provide details in your feedback questionnaire which we ask you to complete at the end of your trip, but we do ask you to be aware that it is very difficult for us to provide any practical help after the trip is complete.

## IMPORTANT NOTES

### OVERLANDING LIFESTYLE

Dragoman was founded in 1981, and has had many years of experience of leading overland trips across 4 continents. Overlanding is all about sharing a great travelling experience with like-minded people. On your trip you'll travel in one of Dragoman's purpose-built iconic expedition vehicles on an off-the-beaten-track adventure along rugged roads, experiencing the sights, sounds and smells of the world up-close. Your journey will be overland, sometimes across vast distances, so some long days spent driving are inevitable - but these will be interspersed with breaks of a day or two at a destination or activity.

On an overland journey, you are more than just a passenger and everyone gets involved setting up camp - we supply the tent but it's up to you to pitch it! As part of your trip, you will be assigned a truck job which could be collecting firewood or water, luggage loading, organising food, stores, etc. Like all great adventures, the more you put in the more you'll get out! For more details of how an overlanding trip works, please see the Essential Information document.

### SAFETY STANDARDS

We run adventure journeys in off the beaten track areas, which often have poor infrastructure. You should expect that some of these areas do not adhere to 'Western' safety standards. For more information, please see the Essential Information document

### MEDICAL ASSISTANCE IN REMOTE AREAS

We will be travelling to areas in remote locations where medical assistance will not be available, and communications may be sparse. We do not carry satellite phones on our regular trips. Therefore, if you have a medical condition such as a heart condition that would put you at risk, we would suggest that this is not the trip for you. Also, please be aware that should an emergency occur, there is likely to be a considerable delay in accessing medical care, and by joining our trip you accept this risk.

## VISAS, HEALTH, INSURANCE & MONEY

Before you travel there are vital things to consider such as:

- Any visas needed for your trip
- Any vaccinations needed (please consult your GP or travel clinic)
- Organising your local payment (the kitty)
- Buying travel insurance (insurance is compulsory to be allowed to join our trips)

For more information on these topics, please see the Essential Information Document.

## BRAZIL NOTES

Please ensure you have an up to date version of these notes. **These notes were printed on the 28th July 2021**