



# ULTIMATE SOUTH AMERICA WANDERER WITH CARNIVAL, (JTAS)

Cartagena to Salvador 151 Days, departing 15th October 2019



## TRIP OVERVIEW

**Trip Style:** Overlanding

**Route:** Cartagena to Salvador

**Duration:** 151 Days

**Transport:** Overland Expedition Vehicle, Jeep, Boat, Private Bus, Train, Local Bus, Ferry, Canoe, Metro

**Accommodation:** Comfortable Hotel 30 nights  
Hammocks 2 nights  
Basic Hotel 24 nights  
Multishare Hostel 35 nights  
Camping 48 nights  
Guesthouse 2 nights  
Homestay 1 night  
Wild Camp 8 nights

**Meals:** Breakfasts x 111, Lunches x 69, Dinners x 63

**Physical Challenge:**

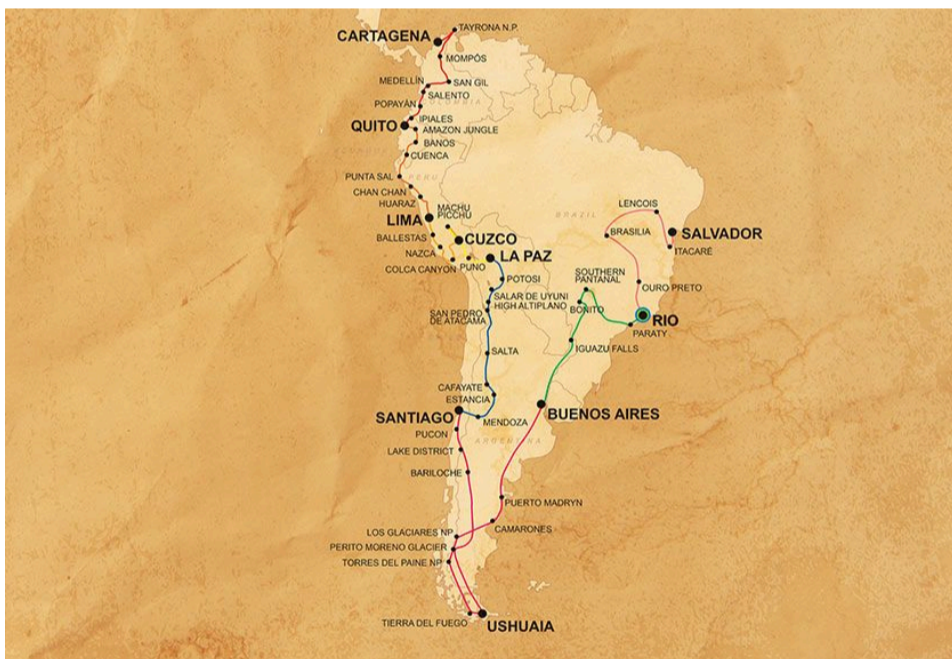


The trip may include multi-day treks at high altitude, walking for 5-8 hours per day.

**Lifestyle Challenge:**



This is a fairly challenging trip; you may well be travelling at high altitudes, across deserts or through cold and windy or hot and steamy areas. The terrain and roads may be rough and the facilities can be very basic or non-existent. There may be some long drive days followed by wild camps, and physically and mentally it can be tough, but there will be some rest days and time to relax as well.



# DAILY ITINERARY

## Day 1 - Cartagena (15th October 2019)

**Border Information:** if joining in Cartagena, you will most likely enter Colombia at Cartagena Rafael Núñez International Airport (IATA code: CTG).

There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in Cartagena before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Cartagena.

If you are continuing on from Panama, then your leader will have assisted you with airport transfers for your included flight to arrive in time for the joining meeting.

Accommodation: Hotel Villa Colonial "A"

## Day 2 - Cartagena (16th October 2019)

**Meals:** Breakfast

---

Today we will have a full day in the beautiful coastal colonial city of Cartagena.

In the morning we will have an included walking tour of the city, and then the afternoon will be free to explore the city further, enjoy the many optional activities on offer, or simply relax on the beach.

## Day 3 - Tayrona NP (17th October 2019)

Today we have a short drive to the stunning Tayrona National Park.

In Tayrona we will sleep in Hammocks, no food is provided, but there are restaurants and cafes nearby by. There is an hour walk from where we park our truck to our campsite.

## Day 4 - Tayrona NP (18th October 2019)

Today we have an included walk in the National Park.

## Day 5 - Lorica (19th October 2019)

This morning we will walk back to our truck and leave Tayrona National park. We will head south for the pretty colonial town of Santa Cruz de Lorica on the Sinu River.

We will have a free day to relax and discover the historic centre, learn about the traditional Vueltiao hat or head to the coast and soak up the sun in San Bernardo del Viento.

## Day 6 - Lorica (20th October 2019)

We will have a free day to relax and discover the historic centre, learn about the traditional Vueltiao hat or head to the coast and soak up the sun in San Bernardo del Viento.

## Day 7 - Medellin (21st October 2019)

Today we have a full days drive to vibrant city of Medellin. the following morning we will have a guided walking tour of the city. We then have plenty of time to relax or take part in some of activities available here.

## Day 8 - Medellin (22nd October 2019)

**Meals:** Breakfast

---

This morning we have an included half-day city tour of Medellin using our overlanding truck.

## Day 9 - Medellin (23rd October 2019)

**Meals:** Breakfast

---

Free day to explore Medellin.

## Day 10 - Manizales (24th October 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will head into the heart of the coffee region for two nights at a beautiful Hacienda near the town of Manizales. Tomorrow we can relax in the grounds, take a bird watching walk to spot some of the many hummingbirds that frequent the area. We will have an included tour of the Coffee Plantation and learn about the cultivation of coffee.

## Day 11 - Salento (25th October 2019)

**Meals:** Breakfast, Lunch

---

Today we will continue our journey south to the small town of Salento, the gateway to the spectacular Valle de Cocora.

Salento will be our base to take a guided trek through the Cocora Valley to see the Quindio wax palm trees, the largest palms in the world and the national tree of Colombia and also to do a coffee plantation tour.

## Day 12 - Salento (26th October 2019)

**Meals:** Breakfast

---

Today we will continue our journey south to the small town of Salento, the gateway to the spectacular Valle de Cocora. Depending on the weather, there should be an opportunity today to head into the Los Nevados National Park for a walk and maybe a visit the thermal baths on the way back.

The following day we will take a guided trek through the Cocora Valley to see the Quindio wax palm trees, the largest palms in the world and the national tree of Colombia.

## Day 13 - Salento (27th October 2019)

**Meals:** Breakfast

---

Today we have an included guided trek through the Cocora Valley to see the largest palm trees in the world.

## Day 14 - Popayan (28th October 2019)

**Meals:** Breakfast

---

Today we will drive to the beautiful town and former colonial capital of Popayán.

On the following day we will have a free day to explore Popayán or take part in some excellent treks or other optional activities in the surrounding area.

## Day 15 - Popayan (29th October 2019)

**Meals:** Breakfast

---

Today we will have a free day to explore Popayán or take part in some excellent treks or other optional activities in the surrounding area.

## Day 16 - Ipiales (30th October 2019)

**Meals:** Breakfast

---

Today we will have a full day drive to the border town of Ipiales.

## Day 17 - Otavalo (31st October 2019)

**Meals:** Breakfast, Lunch, Dinner

---

We will leave Colombia behind today and cross the border into Ecuador, we will have time for an included visit to the beautiful Santuario de las Lajas, before heading to Otavalo.

**Border information:** Exit Colombia at Ipiales, enter Ecuador at Ipiales.

## Day 18 - Quito (1st November 2019)

**Meals:** Breakfast

---

We will head south for the final leg of our journey to the bustling capital, Quito. En route into the city we will have an included visit to Mitad del Mundo, the monument that marks the Equator.

### Day 19 - Quito (2nd November 2019)

**Border Information:** if joining in Quito, you will most likely enter Ecuador at Quito Mariscal Sucre International Airport (IATA code: UIO).

There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in Quito before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Quito.

**A note on altitude:** If you are joining in Quito, we strongly recommend arriving at least 24 hours before the trip begins to allow additional time to acclimatise.

### Day 20 - Ecuadorian Amazon (3rd November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today our journey begins with a drive to a village on the edge of the Amazon basin, near the town of Tena, where we head to our lodge for an incredible 3-night stay.

Our lodge is a great example of eco-tourism, built and run by the local community and volunteers, who work to re-forest the reserve land at the lodge with native trees and medicinal plants. The lodge is set in secondary and primary rainforest, an area at risk of deforestation.

### Day 21 - Ecuadorian Amazon (4th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Over the next two days we will head into the Amazon jungle, enjoying rainforest treks exploring the nearby waterfalls and caves, and trips down the Napo River in motorised dugout canoes, hopefully spotting plenty of wildlife on the way. We will also see some ancient fossils and petroglyphs, and visit a local Quichua community.

### Day 22 - Ecuadorian Amazon (5th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Second full day in the rainforest.

### Day 23 - Rio Verde (6th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will drive through the highlands of Ecuador, arriving in Rio Verde near the famous Tungurahua volcano.

### Day 24 - Rio Verde (7th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

We will have two full days of free time to take part in a range of optional activities in Rio Verde, such as white-water rafting, trekking, canyoning, cycling, and other options. We will also have the opportunity to visit the nearby town of Baños and its popular volcanic thermal springs.

### Day 25 - Rio Verde (8th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Second free day for optional activities.

### Day 26 - Chugchilán (9th November 2019)



**Meals:** Breakfast, Lunch, Dinner

---

Today we will drive to the remote village of Chugchilán, via the spectacular highland scenery along the road of the 'Quilotoa Loop'.

### Day 27 - Chugchilán (10th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today is a free day to enjoy optional activities such as mountain biking or horseback riding.

### Day 28 - Cuenca (11th November 2019)

**Meals:** Breakfast

---

Today we will drive along the remainder of the Quilotoa Loop and then head south to the beautiful colonial town of Cuenca. We will pass through the stunning landscape of the Cajas National Park en route.

### Day 29 - Cuenca (12th November 2019)

**Meals:** Breakfast

---

Today we will have a free day to explore the colonial city of Cuenca. The town is the birthplace of the famous Panama Hat, and we will have the opportunity today to visit one of the factories to learn about the manufacturing process.

### Day 30 - Punta Sal (13th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

**Border information:** Exit Ecuador at Huaquillas, enter Peru at Tumbes.

Today we will have a long drive day south, crossing the border into northern Peru.

### Day 31 - Punta Sal (14th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a full day to relax on the beach and enjoy some activities in and around the stunning coastal area of Punta Sal.

### Day 32 - Huanchaco (15th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will have a full day's drive to Huanchaco, near the city of Trujillo.

### Day 33 - Huanchaco (16th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will have an included guided trip to explore the enormous adobe ruins of Chan Chan and the world-famous Moche archaeological site of Huaca de la Luna (Pyramid of the Moon).

### Day 34 - Huaraz (17th November 2019)

**Meals:** Breakfast

---

Today we will have a spectacular drive up the winding roads of the 'Casma Route' into the Cordillera Blanca section of the high Andes, reaching the mountain town of Huaraz.

### Day 35 - Huaraz (18th November 2019)

We have two days in the spectacular area of the Cordillera Blanca for exploration and optional activities such as visiting the incredible pre-Inca ruins of Chavín de Huantar or trekking and climbing to the nearby lakes and glaciers.

## Day 36 - Huaraz (19th November 2019)

Enjoy a second free day in Huaraz

## Day 37 - Lima (20th November 2019)

Today we will have another full day's drive back to the coast via the 'Paramonga Route' and then on to the enormous Peruvian capital of Lima.

## Day 38 - Lima (21st November 2019)

**Border information:** if joining in Lima, you will most likely enter Peru at Lima Jorge Chavez International Airport (IATA code: LIM).

There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in Lima before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Lima.

## Day 39 - Huacachina (22nd November 2019)

**Meals:** Breakfast

---

Today we will have a very early start to leave Lima before the rush hour, and drive 270kms south to Paracas. There we will board one of the local boats for an included trip to the Ballestas Islands to view its incredible array of resident wildlife and birds.

After lunch, we will continue south to arrive at the stunning desert oasis town of Huacachina, where we have the option to head out for an evening of sand boarding and dune bugging.

## Day 40 - Nazca (23rd November 2019)

Today we continue south to the world-famous village of Nazca, the location of the mysterious Nazca Lines. On the drive, we will stop at a viewing platform to get a glimpse of some of these lines. The Nazca Lines are a series of figures, lines, and geometric shapes that were etched into the ground of the desert plateau over a thousand years ago by the ancient Nazca culture, and their purpose is still unknown to this day.

In the afternoon, we will have the opportunity to take an optional 30-minute flight over the Nazca Lines in a small aircraft - this is by far the best way of seeing the figures, and we use a local operator with an excellent safety record.

## Day 41 - Puerto Inca (24th November 2019)

**Meals:** Breakfast, Lunch, Dinner

---

This morning we head south of Nazca, and have an included visit to the nearby ancient sites of the Chauchilla Cemetery and the Cahuachi Pyramid, thought to have once been the religious centre of the Nazca civilisation.

In the afternoon we will continue our drive to the coastal resort of Puerto Inca.

## Day 42 - Arequipa (25th November 2019)

**Meals:** Breakfast, Lunch

---

Today we will start our drive inland, and head uphill to the beautiful 'White City' of Arequipa.

## Day 43 - Arequipa (26th November 2019)

**Meals:** Breakfast

---

Today we will have a free day to explore the colonial city of Arequipa, or for some optional activities in and around the city.

## Day 44 - Chivay (27th November 2019)

**Meals:** Breakfast

---

We will have some more free time to explore Arequipa this morning, before continuing our drive to the highland town of Chivay after lunch.

## Day 45 - Chivay (28th November 2019)

**Meals:** Breakfast

---

This morning we will head out on a short drive to some of the best viewpoints along the spectacular Colca Canyon, one of the deepest canyons in the world! The canyon is famous for its resident condors, and we will spend a good amount of time at the viewpoints to give ourselves the best chance of spotting them. We will also visit a couple of local communities on the way back to Chivay.

We will have a free afternoon to explore Chivay, and possibly take an optional trip to the nearby hot springs.

## Day 46 - Raqchi (29th November 2019)

**Meals:** Breakfast, Dinner

---

Today we will drive through the stunning landscapes of the Peruvian highlands to the small village of Raqchi. Here we will stay at a homestay as guests of the local villagers in their traditional family homes. The houses are very clean and have basic facilities. This evening the villagers will invite us to take part in a traditional Quechua religious ceremony, and we'll have some lively music from some of the village's musicians.

## Day 47 - Cuzco (30th November 2019)

**Meals:** Breakfast, Lunch

---

This morning we will visit the Inca ruins of the Temple of Wiracocha at Raqchi, and then see a pottery demonstration at a local artisan centre.

In the afternoon we will drive to the incredible historical city of Cuzco, the former Inca capital.

## Day 48 - Cuzco (1st December 2019)

**Border information:** if you are joining in Cuzco, you will most likely enter Peru at Cuzco Alejandro Velasco Astete International Airport (IATA code: CUZ).

There will be an important group meeting at 10:00am at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting. There will be a further meeting this evening for our Wild Andes and Classic Inca Trails, where we will have a full detailed briefing from our local trekking guides about the next few days!

The rest of today will be free to explore the wonderful city of Cuzco, discover its many historical gems, or to take part in number of optional activities near the city.

Please note that many of the options listed below will only be possible for those with extra time in Cuzco before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Cuzco.

**A note on altitude:** If you are joining in Cuzco, we strongly recommend arriving at least 24 hours before the trip begins to allow additional time to acclimatise.

## Day 49 - Inca Trail (2nd December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

These four days will be spent either trekking in the Andes, on our pioneering Wild Andes Trek, on the Classic Inca Trek or for those not wishing to hike, free time to explore and a guided tour of the Sacred Valley on our Train package.

### Option 1 - Wild Andes Trek

Leaving Cuzco early in the morning, we visit the ruined temples of Sacsayhuaman for a fascinating tour of the site. We then head on to Chinchero, a small Quechua-speaking village in the Sacred Valley. Here we will see a traditional weaving demonstration that has been unchanged for a thousand years, and explore their beautiful archaeological ruins. We will drive to a stunning viewpoint for a picnic lunch, and then visit the Quillarumiyoc temple (the Temple of the Moon).

We will start our trek from here in the afternoon, heading by foot to Zurite where we have a picturesque stay in a colonial house. Tonight we will enjoy a traditional dinner and get a taste of the local village lifestyle.

Approximate walking distance: 8km, Estimated time: 4hrs, Meals provided: Lunch and Dinner

### Option 2 - Classic Inca Trek

This morning we go for a guided tour of the Sacred Valley, followed by a visit to the market town of Pisac, where we will have an included lunch. We then head to Ollantaytambo, where we have free time to explore the impressive archeological site. Tonight we stay in a comfortable hotel.

Please note that we have the evening to ourselves in Ollantaytambo, our Guide will meet us in the morning. No Meals are included in Ollantaytambo.

There is no trekking today. Meals provided: Lunch,

### **Option 3 - Train Package**

You will leave Cuzco with your fellow passengers who will be trekking the Wild Andes Trek. You will visit the fortress of Sacsayhuaman, followed by a beautiful scenic drive over mountains and through valleys, via the ancient city of Pisac and on to the Sacred Valley of the Incas. After lunch you will head back to Cuzco where you will stay at our nice, centrally located hotel for a further 3 nights.

Meals included: Lunch

## **Day 50 - Inca Trail (3rd December 2019)**

**Meals:** Breakfast, Lunch, Dinner

---

### **Option 1 - Wild Andes Trek**

#### **Zurite to Amaruwatana**

After a hearty breakfast we leave Zurite and head towards Amaruwatana camp. The walk will take us through Qenteqentiyoc (the Hummingbird Temple), where we will visit and admire this Inca archaeological site. We will then follow the ancient path all the way to the top of our first pass at 4,400m, where we will have a dramatic view of both the Vilcabamba and Vilcanota mountain ranges. From here we start walking down on the way to our first camp in the Sambor Valley where we will spend the night camping.

Approximate walking time: 8hrs, Distance: 13kms, Meals provided: Breakfast, Lunch, Dinner

### **Option 2 - Classic Inca Trek**

#### **Ollantaytambo to Wayllabamba**

After breakfast, we catch a bus to Piscaycuscho and the start of the Classic Inca Trek - the railroad KM82 marker (at 2,700m altitude). Here we are joined by our crew of local porters and cooks. We will cross the bridge over the River Urubamba and following a trail along the left-hand shore of the river, enjoying stunning views of the snow-capped Mount Veronica (5,830m) and the Incan archaeological remains at Llactapata. Continuing through lush farmland and woodland, we gradually climb for approximately 5 hours to our first campsite at Wayllabamba (3,000m).

Approximate trekking time: 5-6hrs, Distance: 12kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### **Option 3 - Train Package**

Today is a free day to enjoy Cuzco, with its museums, churches, incredible colonial architecture, beautiful restaurants and a vast array of shops, selling textiles and handicrafts.

## **Day 51 - Inca Trail (4th December 2019)**

**Meals:** Breakfast, Lunch, Dinner

---

### **Option 1 - Wild Andes Trek**

#### **Amaruwatana to Ancascocha**

We have an early start this morning, trekking for approximately 2 hours to reach the top of our second pass at 4,700m. From here we have fantastic views of the rock formations below us, and if we're lucky we may spot Andean ibises, caracaras, eagles or foxes up here!

After descending for approximately 2 hours, we arrive at a stunning highland valley with a glacial river named Kenqo Mayu (meaning "Zig-zag River") flowing down it - which makes an idyllic stop for lunch!

After lunch we will continue trekking downhill following the ancient trail, which leads us to our campsite in the Ancascocha area.

Approximate trekking time: 6-7hrs, Distance: 10kms, Meals provided: Breakfast, Lunch, Dinner

### **Option 2 - Classic Trek**

#### **Wayllabamba to Pacaymayo**

This is the most challenging day of the trek as we ascend a long steep path (approximately 4 hours) through Andean cloud forest and highland puna to reach the highest point of our trek, Warmiwañusca (meaning "Dead Woman's Pass") at a height of 4,200m. During our ascent, we can appreciate the wide variety of plant, flower and bird species supported by this unique eco-climate. On reaching the pass, our challenge is rewarded by an astonishing panoramic view of the Vilcanota and Vilcabamba mountain ranges. From here we descend for 2 hours into the Pacaymayo Valley (3,650m altitude) and to our second campsite.

Approximate trekking time: 6-7hrs, Distance: 11kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### **Option 3 - Train Package**

Today is a free day for you to enjoy Cuzco, with its museums, churches, incredible colonial architecture, beautiful restaurants and a vast array of shops selling textiles and handicrafts.



## Day 52 - Inca Trail (5th December 2019)

**Meals:** Breakfast, Lunch

---

### Option 1 - Wild Andes Trek

#### Ancascocha to Ollantaytambo

Today we will descend the narrow Silque Canyon, allowing us to observe its tall granite walls which are populated by a large variety of orchids and bromeliads, filling the environment with magnificent colours when they bloom. After crossing many little bridges we will reach the Camicancha area, where we stop at a magnificent volcanic viewpoint looking towards the snow-capped Mt. Veronica.

From here it is only a short trek to Chilca, where our trail ends. We'll be picked up by our vehicle and head to Ollantaytambo, taking a well-earned shower and rest at our hotel.

In the afternoon we will have an included guided tour around the incredible archaeological site of Ollantaytambo and its world-famous Temple of the Sun. Please note that we have the evening to ourselves in Ollantaytambo, our Guide will meet us in the morning. No Meals are included in Ollantaytambo.

Approximate trekking time: 5hrs, Distance: 12kms, Meals provided: Breakfast, Lunch

### Option 2 - Classic Inca Trek

#### Pacaymayo to Wiñay Wayna

Today we follow ancient stone paths and steps to ascend the well-preserved Inca remains of Runkurakay, Sayacmarca, and Phuyupatamarca (the "Town above the Clouds") where we can appreciate the Incas' complex architectural style and reverence of natural geography and beauty. Heading down the Andean slope, we reach our final night's camp by the Wiñay Wayna (meaning "Forever Young") ruins, with panoramic views of the valley below.

Approximate walking time: 8hrs, Distance: 16kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### Option 3 - Train Package

After being picked up from your hotel in the morning you will be driven to the fortress city of Ollantaytambo and our hotel for the night, the Tunupa Lodge. Here you will rejoin the Wild Andes Trekkers and your tour leader who will be arriving from their trek this afternoon.

## Day 53 - Cuzco (6th December 2019)

**Meals:** Breakfast

---

### Option 1 - Wild Andes Trek

#### Ollantaytambo - Machu Picchu - Cuzco

Today we will have an early start to catch the train to the small town of Aguas Calientes. From there, we will take a bus up the winding mountainside to the legendary ruined city of Machu Picchu - one of the world's most iconic sights! We have a guided tour with our expert local guide and there will be plenty of free time to explore this magical place.

In the afternoon we will head back to Ollantaytambo and then on to Cuzco, where we return to our joining hotel at the end of a long but phenomenal day!

Meals provided: Breakfast

### Option 2 - Classic Trek

#### Wiñay Wayna to Machupicchu

Leaving Wiñay Wayna, we descend gradually further through the highland jungle to our destination - Intupunku (the "Sun Gate") leading into Machu Picchu. Arriving at daybreak, we catch our first breathtaking view of this historical wonder. As with the Wild Andes Trek, our local guide will show us the most important constructions as well as explain the history and the mythology of this magnificent place. There is also some free time to explore the ruins further at your own pace or just chill out and watch the hummingbirds or vizcachua. In the afternoon we head back down to Aguas Calientes and take the train back to Ollantaytambo and return to Cuzco for a well-deserved rest.

Approximate walking time: 2hrs, Distance: 4kms, Meals provided: Breakfast, Snacks

### Option 3 - Train Package

After an early breakfast and walk to the train station, your stunning 2 hour train ride to Aguas Calientes begins. The journey takes you through several different micro-climates, past Inca terraces, lookout posts, ancient river bank reinforcements and small towns. You will get a glimpse of different temples and the beautiful Mount Veronica (5,750m). Passing through 8 tunnels, the train journey finally comes to an end in the busy pueblo, Aguas Calientes. From here you take a local bus that winds up the mountainside for about 30 minutes until you arrive at the entrance to Machu Picchu (2,400m), the awe inspiring 'Lost City of the Incas'. The guide will take you around the immense, mystical ruins for about 2 hours to 2 hours 30 minutes, explaining the rich history of the ancient site. Afterwards, you will have time to explore on your own before returning down the mountain to Aguas Calientes.

In the afternoon you will catch a train from Aguas Calientes to Ollantaytambo and a private transfer will take you back to your hotel in Cuzco.

Meals provided: Breakfast

## Day 54 - Cuzco (7th December 2019)

**Meals:** Breakfast

---

Today is a free day to relax after the treks, further explore the historical city of Cuzco, and take part in some optional activities around the city.

## Day 55 - Puno (8th December 2019)

**Meals:** Breakfast

---

Today we will leave Cuzco and head through the highlands of Peru to the town of Puno, on the shores of Lake Titicaca.

## Day 56 - Isla del Sol (9th December 2019)

**Meals:** Breakfast, Lunch

---

**Border information:** Exit Peru at Yunguyo, enter Bolivia at Kasani.

This morning we will cross into Bolivia and head to the lakeside town of Copacabana, before boarding a boat to the stunning island of Isla del Sol.

## Day 57 - Copacabana (10th December 2019)

**Meals:** Breakfast

---

Today we will take an included day trip across Isla del Sol in Lake Titicaca, one of the holiest sites in ancient Inca mythology and supposedly the birthplace of the Sun God Inti. We will take a 14km walk across the length of the island, taking in the incredible and serene scenery and soaking up the calm atmosphere of the island (this walk can be skipped by anybody who does not want to do it).

We will return to Copacabana for the evening.

## Day 58 - La Paz (11th December 2019)

**Meals:** Breakfast

---

Today we will drive to the famous city of La Paz, Bolivia's seat of government and the highest administrative capital in the world!

## Day 59 - La Paz (12th December 2019)

**Border information:** if you are joining in La Paz, you will most likely enter Bolivia at La Paz El Alto International Airport (IATA code: LPB).

Welcome to La Paz, Bolivia's seat of government and the highest administrative capital in the world! There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

A note on altitude: If you are joining in La Paz, we strongly recommend arriving at least 24 hours before the trip begins to allow additional time to acclimatise.

## Day 60 - La Paz (13th December 2019)

**Meals:** Breakfast

---

Today we will have a free day to make the most of the extraordinary city of La Paz, explore the witches market or take a mountain biking trip down the World's Most Dangerous Road.

## Day 61 - Uyuni (14th December 2019)

**Meals:** Breakfast

---

Today we will drive south to Uyuni, the gateway to the incredible salt flats of the Salar de Uyuni.

## Day 62 - Uyuni (15th December 2019)

**Meals:** Breakfast, Lunch

---

Today we will venture out onto the salt flats of the Salar de Uyuni, spending a full day exploring this phenomenal location by jeep and on foot. En route we will explore the nearby train graveyard and the cactus-filled 'Fish Island', and take all the time we need to get plenty of perspective-bending photographs!

## Day 63 - Altiplano (16th December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will head off across the wilds of the Altiplano, a surreal and desolate desert landscape that stretches all the way into Chile. We will make plenty of stop for photographs on the way and at the end of the day we aim to cross the border into Chile, making camp soon afterwards. Tonight we will bush camp in a remote spot with no facilities!

## Day 64 - San Pedro de Atacama (17th December 2019)

**Meals:** Breakfast, Lunch

---

After breakfast we will break camp, and drive through the stunning Reserva Nacional Alto Loa on the Chilean part of the Altiplano, stopping off en route for photographs and a lunch stop at the famous El Tatio Geysers, the worlds highest Geyser field at 4300m. Afterwards descending down to San Pedro de Atacama.

Please note: The weather in this region can be unpredictable and has been known to close the road to the border. On these occasions we will take an alternate route across the Altiplano, crossing into either Chile or Argentina at a different border point. Your trip leaders will keep you informed of any changes that may be necessary.

## Day 65 - San Pedro de Atacama (18th December 2019)

**Meals:** Breakfast

---

Today we will have a free day to explore the incredible highlights of the Atacama desert surrounding San Pedro. In the evening we will take an included trip out to the extraordinary Moon Valley, where we will hopefully see an incredible sunset. At night we will also have the chance to go stargazing, in one of the world's premier regions for astronomy (please note that this is only possible when there is not a full moon).

## Day 66 - Salta (19th December 2019)

**Meals:** Breakfast

---

Today we will have a long drive day to cross the mighty Andes, cross the border into Argentina, and reach the beautiful town of Salta.

## Day 67 - Salta (20th December 2019)

**Meals:** Breakfast

---

Today we will have a free day to explore Salta, visit its many museums, or explore the beautiful surrounding hills on foot or by mountain bike. We will also have the chance to take the cable car to the viewpoint on San Bernardo Hill overlooking the town, or take the famous 'Train to the Clouds' through some of the incredible mountain scenery nearby.

## Day 68 - Cafayate (21st December 2019)

**Meals:** Breakfast, Dinner

---

Today we will drive through the spectacular rock formations of the Quebrada de las Conchas, and reach the serene town of Cafayate.

## Day 69 - Cafayate (22nd December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Free day to explore Cafayate. This small unassuming town is the centre of one of Argentinas's principal wine producing regions, famous for the quality of its Torrontes and Tannat wines! We will have the opportunity to go to a

few of the vineyards nearby to see how the wine is made, and of course to try them!

### Day 70 - Recreo (23rd December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will drive south through spectacular mountains and arrive in the pampas that Argentina is famous for. We will visit the ancient ruins of the indigenous city of Quilmes en route.

### Day 71 - Estancia (24th December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Today we drive to a unique Anglo-Argentine Estancia, where we will stay for 3 nights.

During our time at the Estancia, we will head out horseback riding. This is a magical experience in a beautiful and many people's highlight of the trip! Please note that some of these activities are subject to weather conditions.

Please also note that there is a strict weight limit of 15 stone (210lbs) or 95kg to partake in the horse riding - if you should weigh more than this, then unfortunately you will not be able to participate in the horseback riding.

### Day 72 - Estancia (25th December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Full day at the Estancia.

### Day 73 - Estancia (26th December 2019)

**Meals:** Breakfast, Lunch, Dinner

---

Full day at the Estancia.

### Day 74 - Cordoba (27th December 2019)

**Meals:** Breakfast

---

Today we will have a leisurely start after breakfast to the city of Cordoba, where we will enjoy a free afternoon to explore the city.

### Day 75 - Mendoza (28th December 2019)

**Meals:** Breakfast

---

Today we will have a very early start for a full day's drive to the stunning town of Mendoza, nestled in the dry flats underneath the shadows of the largest mountains of the Andes.

Mendoza is the centre of Argentine wine production, and one of the nine 'Wine Capitals of the World' - it is especially famous for its Malbec, grown at some of the highest-altitude vineyards to be found in the world.

### Day 76 - Mendoza (29th December 2019)

**Meals:** Breakfast

---

Today will be free time to explore the region, head out on various adventure activities, or of course take a tasting tour of the incredible wineries in the region.

### Day 77 - Santiago (30th December 2019)

**Meals:** Breakfast

---

Today we will drive over the stunning Cristo Redentor pass in the high Andes, passing Aconcagua (the highest mountain in the Southern Hemisphere) and heading to the Chilean capital of Santiago.

### Day 78 - Santiago (31st December 2019)



**Meals:** Breakfast

---

Today is a free day to explore the cosmopolitan Chilean capital.

### Day 79 - Santiago (1st January 2020)

Border information: if you are joining in Santiago, you will most likely enter Chile at Santiago Arturo Merino Benítez International Airport (IATA code: SCL).

Welcome to Santiago, the cosmopolitan Chilean capital! There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this meeting.

### Day 80 - Buchupureo (2nd January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will leave the bright lights of Santiago behind and head to San Javier to take a wine tour at one of the famous vineyards of the region. After lunch, we will head to the laid back farming village of Buchupureo on the Chilean coast, where we can relax by the beach for a couple of hours.

### Day 81 - Pucon (3rd January 2020)

**Meals:** Breakfast

---

Today we continue our journey to the town of Pucón, set on the shores of Lago Villarrica.

### Day 82 - Pucon (4th January 2020)

Today is a free day to enjoy a range of optional activities, such as an expedition to climb the Volcano which looms over Pucón, heading out horse riding through the surrounding forests, or an evening visit to the nearby natural hot springs.

### Day 83 - Bariloche (5th January 2020)

Border information: Exit Chile at Mamuil Malal, enter Argentina at Mamuil Malal.

Today we journey through the Andes into Argentina and to the picturesque town of Bariloche via the scenic Ruta de los Siete Lagos (Seven Lakes Route).

### Day 84 - Bariloche (6th January 2020)

Today we have a free day to enjoy the beautiful mountain town of Bariloche and the stunning surrounding lakes, mountains and forests. We have options to explore the area by foot, mountain bike, kayak or boat.

### Day 85 - Futaleufu (7th January 2020)

**Meals:** Lunch, Dinner

---

Border Information: Exit Argentina at Rio Futaleufú, enter Chile at Rio Futaleufú.

Today we cross back into Chile and drive to the rafting mecca of Futaleufú. From this point we will join the famous Carretera Austral, probably one of the most stunning roads in South America, surrounded by gorgeous mountain and forest scenery. Please note that the road from here to El Chaltén is rough and mostly unpaved meaning that the going is slow.

### Day 86 - Futaleufu (8th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Free day for optional activities or just enjoying the scenery.

### Day 87 - Puyuhuapi (9th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will leave Futaleufú and drive through the Chilean fjords to Queluat National Park. Here we can take a walk to see the incredible hanging Glacier.

## Day 88 - Cerro Castillo NR (10th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we drive south through the magnificent Chilean scenery to the beautiful area of Cerro Castillo National Reserve.

In Cerro Castillo we will camp in a lovely family-run campsite with basic facilities, where we will enjoy a Chilean BBQ.

## Day 89 - Cerro Castillo NR (11th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a free day to hike to the stunning turquoise waters of Laguna Cerro Castillo or to go horse riding.

## Day 90 - Rio Pinturas (12th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Border Information: Exit Chile at Huemules, enter Argentina at Huemules.

Today we will cross into Argentina's Patagonia region and continue our journey south along the famous Ruta 40 (Route 40).

Tonight we will wild camp somewhere in the Rio Pinturas area.

## Day 91 - El Calafate (13th January 2020)

**Meals:** Breakfast, Lunch

---

Today we continue our journey south to the town of El Calafate, the gateway to the Perito Moreno Glacier, where we will stay for two nights in this busy Argentinian town.

## Day 92 - El Calafate (14th January 2020)

Today we will head out on an included full day guided visit to view the stunning Perito Moreno Glacier, one of the most spectacular sights in Patagonia.

## Day 93 - Tierra Del Fuego (15th January 2020)

**Meals:** Lunch, Dinner

---

Border information: Exit Argentina at Integracion Austral, enter Chile at Integracion Austral

Continuing south, we head back into Chile to cross the Magellan Straits over to the island of Tierra del Fuego.

## Day 94 - Ushuaia (16th January 2020)

**Meals:** Breakfast

---

Border information: Exit Chile at San Sebastian, enter Argentina at San Sebastian.

Today we cross over to the Argentine side of Tierra del Fuego and drive to the incredible port town of Ushuaia, the southernmost city in the world!

## Day 95 - Ushuaia (17th January 2020)

We will have a free day in the remote town of Ushuaia, with time for optional activities such as a visit to the hauntingly beautiful Tierra del Fuego National Park, boat trips to see the scenery and wildlife of the Beagle Channel, or heading out horse riding along the coast.

## Day 96 - Tierra Del Fuego (18th January 2020)

**Meals:** Dinner

---

Border information: Exit Argentina at San Sebastian, enter Chile at San Sebastian.

Today we start heading back north on a full day drive back across the Magellan Straits and up the Chilean side of the mainland.

## Day 97 - Torres Del Paine NP (19th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will drive to the world-famous Torres del Paine National Park. This is one of the most outstanding areas of natural beauty in the world and a main highlight of the trip for many of our passengers and leaders! We will stop en route in Puerto Natales to stock up on supplies and pick up our local guides and cook who will accompany us during our time in the National Park.

Tonight we will camp at Camping Pehoe, a stunning campsite inside the National Park with incredible views of Los Cuernos mountains, which we will refer to as our 'base campsite'.

## Day 98 - Torres Del Paine NP (20th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Embark on the W-Walk with a local guide. Places at the campsites are limited by the National Park, so we book them in advance of your trip. We will be trekking the W-Walk from West to East, to enjoy the spectacular views.

This morning we will wake early and transfer by truck for the morning Catamaran to cross Lago Pehoe. We will then set up camp at Paine Grande, before continuing on our hike towards the lookout for Glacier Grey. The walk returns by the same route.

## Day 99 - Torres Del Paine NP (21st January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we depart from our camp at Paine Grande and hike into the stunning French Valley. In the afternoon, we will make our way to Camp Cuernos.

The hike is approximately 8 hours

## Day 100 - Torres Del Paine NP (22nd January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a slightly easier day, we will hike from Camping Cuernos along the edge of Lago Nodenskjold, around Almirante Nieto and stay just outside Valley Ascencio. We will arrive at Camp Central after approximately 5 hours hiking.

## Day 101 - Torres Del Paine NP (23rd January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

This is our final day of the W-Walk and the most spectacular. The day begins with a steady climb from our camp site up Rio Asencio. Be prepared for the final hour which is a relatively steep scramble up to the Tarn and Mirador Las Torres, affording great views of the iconic Towers.

Our hike today is approximately 8 hours for the return trip (16km).

## Day 102 - El Chalten (24th January 2020)

**Meals:** Breakfast

---

Today we will head north to reach the small town of El Chaltén, situated in Los Glaciares National Park and famous for its incredible mountains, glaciers and world-class trekking opportunities.

## Day 103 - El Chalten (25th January 2020)

We will have two free days to enjoy the stunning Los Glaciares National Park and the incredible scenery of the nearby Mt. Fitz Roy. There are lots of trekking and walking opportunities here, as well as boat trips, horse riding, and many other fantastic options.

## Day 104 - El Chalten (26th January 2020)

Second free day for optional activities and exploration.

## Day 105 - Jaramillo Petrified Forest (27th January 2020)

**Meals:** Lunch, Dinner

---

Today we will have a full day drive across the plains of Patagonia towards the South Atlantic coast.

## Day 106 - Camarones (28th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we continue our drive north up the Atlantic coast to the small town of Camarones.

## Day 107 - Puerto Madryn (29th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

This morning we have an included visit to the incredible remote colony of Magellanic Penguins in Cabo Dos Bahias (Cape Two Bays), close to the town of Camarones. After seeing the phenomenal sight of thousands of penguins nesting on the shore, we will continue our drive north to the coastal town of Puerto Madryn.

## Day 108 - Puerto Madryn (30th January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will have a free day for optional activities in and around Puerto Madryn. There is the opportunity to take a tour to the Valdes Peninsular to see its desolate scenery and abundant marine life, head out on a boat trip in search of dolphins and whales, or perhaps go for afternoon tea in a Welsh tea house in the nearby towns of Gaiman or Trelew.

## Day 109 - Bahia Blanca (31st January 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a full day's drive heading north towards Buenos Aires. We will see a definite change in the landscape today as the vegetation becomes more and more lush and green as we come out of the Patagonia region and into the pampas of Buenos Aires.

## Day 110 - Buenos Aires (1st February 2020)

**Meals:** Breakfast

---

Another full day drive will take us across the beautiful grasslands of Buenos Aires province and to the cosmopolitan Argentine capital itself.

## Day 111 - Buenos Aires (2nd February 2020)

**Meals:** Breakfast

---

Today is a free day to explore the incredible city of Buenos Aires, soak up the atmosphere of its streets, and discover its amazing culture, art, and music.

## Day 112 - Buenos Aires (3rd February 2020)

**Border information:** if you are joining in Buenos Aires, you will most likely enter Argentina at Buenos Aires Ministro Pistarini International Airport, also known as Ezeiza Airport (IATA code: BUE/EZE).

Welcome to Buenos Aires, the wonderful capital of Argentina! There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in Buenos Aires before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Buenos Aires.

In Buenos Aires we will stay in a centrally-located hotel.

## Day 113 - Buenos Aires (4th February 2020)

**Meals:** Breakfast

---

Today will be a free day to explore the incredible city of Buenos Aires, soak up the atmosphere of its streets, and discover its amazing culture, art, and music.

## Day 114 - Yapeyu (5th February 2020)

**Meals:** Breakfast, Lunch, Dinner



---

Today we have a full day drive north through the provinces of Entre Rios and Corrientes, aiming to reach the beautiful village of Yapeyú on the banks of the River Uruguay. Yapeyú is very famous amongst Argentines for being the birthplace of their national hero General Jose de San Martin, one of the liberators of South America from Spanish colonial rule.

### Day 115 - Foz do Iguacu (6th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

**Border information:** Exit Argentina at Tancredo Neves, enter Brazil at Tancredo Neves.

Today we cross the border into Brazil and drive to the city of Foz do Iguacu.

### Day 116 - Foz do Iguacu (7th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will visit the Brazilian side of the phenomenal Iguazu Falls, to get some incredible panoramic vistas of the mighty waterfalls. There is also plenty of time to visit the bird park, take a helicopter ride over the falls, see the incredible Itaipu Dam, or quickly stop into Paraguay to pick up some bargains in the nearby Ciudad del Este.

### Day 117 - Foz do Iguacu (8th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will take a day trip back into Argentina to see the incredible Iguazu Falls from the other side. This is well worth doing as the views are even more spectacular, and you'll be able to look right down into the mighty Garganta del Diablo (the largest waterfall here) from a gantry walkway viewing point). We will have a full day at the Argentine side of the falls, allowing us lots of time to freely explore the site, hike some nature trails, or perhaps take an exhilarating (and very wet) boat ride!

We will return to our base in Foz do Iguacu tonight.

### Day 118 - Bonito (9th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a full drive day north to the Brazilian eco-tourism capital of Bonito.

### Day 119 - Bonito (10th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

We have two full days in Bonito to take part in the plethora of incredible optional activities here. You could go out on a world-class snorkelling trip, explore the nearby caves, or go abseiling down some of the largest waterfalls in the area, amongst many other possibilities!

### Day 120 - Bonito (11th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Second free day for optional activities in Bonito.

### Day 121 - Pantanal (12th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a short drive to Brazil's amazing Southern Pantanal region, where we have a visit a local eco-tourism ranch (or 'fazenda').

We will spend 2 nights here and have a fantastic package of included activities such as exploring the beautiful surrounding countryside on horseback, trips down the wildlife-abundant rivers in boats and canoes, and safaris on the ranch's trucks and on foot where we hope to spot capybaras, caimans, and (if we are very lucky) jaguars and ocelots. Our stay here is an incredible highlight!

In the Southern Pantanal we will stay in dorm accommodation in a well equipped lodge with all the meals and activities included.

### Day 122 - Pantanal (13th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Full day in the Pantanal.

### Day 123 - Campo Grande (14th February 2020)

After our morning activities and one final lunch in our beautiful ranch, it is time to leave the Pantanal. We will start driving east towards Sao Paulo state, and wild camp or stay in a local pousada at the end of the day.

### Day 124 - Brotas (15th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we will drive to the remote town of Brotas in southeastern Brazil.

### Day 125 - Brotas (16th February 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today is free to take part in optional adventure activities such as white water rafting or canyoning, or to simply relax by the pool!

### Day 126 - Paraty (17th February 2020)

**Meals:** Breakfast

---

Today we have a full day drive to the colonial town of Paraty on the Emerald Coast of the Atlantic!

### Day 127 - Paraty (18th February 2020)

Today we will have an included boat trip around the incredible islands and beaches off the coast.

### Day 128 - Paraty (19th February 2020)

Today we will have free time to explore the town, take a historical tour, walk along the stunning scenery of the coastline, head out snorkelling or diving, or simply relax on the idyllic beaches.

### Day 129 - Rio de Janeiro (20th February 2020)

This morning we will drive to the incredible Rio de Janeiro, one of the most beautifully situated cities in the world!

In Rio de Janeiro we will stay in a great hotel in the Flamengo district, close to the beach and the metro station.

### Day 130 - Rio de Janeiro (21st February 2020)

Welcome to Rio Carnival, the biggest party on the planet!

There will be an important meeting at 17:00 or 18:00, where you'll have a full briefing on how to make the most of your time in Rio and receive your tickets, maps, T-Shirt and souvenir booklet - please check the notice board in the reception area for other important information throughout the week.

After the meeting we have a table booked at a nearby buffet restaurant, so you can get to know some of your fellow travellers.

Our dedicated Carnival team will be on hand throughout the week for a few hours each day to provide any assistance you may need.

There's a whole host of additional optional activities that you may like to take part in, such as 'Join the Parade', prior early booking is essential!

If you are arriving early you may like to join a Market Tour or Jungle Tour.

In Rio de Janeiro we will stay in a great hotel in the Flamengo district, accommodation is in twin or double rooms. Our hotel is close to the beach and the metro station. Our hotel check-in is from 2pm, and staff will be on hand to give you assistance.

Border information: if you are joining in Rio de Janeiro, you will most likely enter Brazil at Rio de Janeiro Galeão International Airport.

## Day 131 - Rio de Janeiro (22nd February 2020)

**Meals:** Breakfast

---

Today we will visit the most iconic sights of Rio; the immense statue of Christ the Redeemer standing at 710m on Corcovado mountain and the Pão de Açúcar (Sugarloaf Mountain). We will have some time to explore these sights in our own time, you may even choose to take a helicopter ride!. We will also aim to see some other important landmarks such as the Maracanã stadium, Escadaria Selarón and the Lapa Arches. We will travel by minibus. (NB today's tour is unguided but you will be accompanied by our crew).

This evening we will head out to Lapa for a night out in a samba club; Rio Scenarium, one of the City's greatest nightspots - it's an antiques warehouse, music venue, bar and restaurant all housed in a fantastic colonial mansion. There will be live samba music and DJ's on each floor. We will be hosting a beginners Samba Dance class in the late afternoon, why not sign up and learn some of the basic steps before hitting the town!

## Day 132 - Rio de Janeiro (23rd February 2020)

**Meals:** Breakfast

---

This morning why not glitter up and join us at one of the local 'blocos' or street parties, there will be live music, dancing and plenty of opportunities to get to know Rio and it's people! Blocos are great fun, crowded, hot and lively! The local 'cariocas' will be all dressed up, so make sure you come dressed to impress!

In the evening it's time for the main event of the week - the parade in the Sambadrome. The top samba schools parade their fantastic floats and costumes and the party goes on well into the early hours of Monday morning. You'll be situated in Sector 11, close to the action.

## Day 133 - Rio de Janeiro (24th February 2020)

**Meals:** Breakfast

---

This morning is free for you to recover from last night in the Sambadrome! It's a great chance to hit the beach, explore the city or simply have a lie in!

In the afternoon you may wish to join us for a walking tour of Copacabana and Ipanema beaches.

Tonight we have the chance to re-visit the Sambadrome, this time in Sector 5 in the centre of the parade runway, to see the last 7 of the elite Samba schools parading. You even have the option to don a costume and take part in the parade itself, dancing your way down the Sambadrome runway - a once in a lifetime experience!

It is important to pre-book these activities early.

## Day 134 - Rio de Janeiro (25th February 2020)

**Meals:** Breakfast

---

Today you have free time to enjoy the activities, sights and sounds of Rio! Join a bloco, hit the beach or ride the tram to Santa Teresa. Rio has so much to offer other than it's carnival festivities. We will be organising some fun water based activities such as kayaking and paddle boarding (prior booking is essential).

Tonight you have a free night to hit the town; head downtown and enjoy a Caipirinha under the iconic Lapa arches or join a bloco.

## Day 135 - Rio de Janeiro (26th February 2020)

Welcome to Rio de Janeiro! Today there will be a group meeting day at 18:00hrs, please meet in the hotel reception.

The rest of the day is yours to enjoy Rio. If you would like to book additional nights of accommodation to really explore the city, please contact your Sales agent.

**Border information:** If you are arriving in Rio, enter Brazil at Rio Galeão International Airport International (IATA code: GIG) Airport.

### Day 136 - Ouro Preto (27th February 2020)

**Meals:** Breakfast

---

Today we will drive to the beautiful old colonial mining town of Ouro Preto.

Along the way we will stop at Petropolis, the cool hill-side hideaway for local Cariocas escaping the heat of Rio. We will have 2 hours to explore the Museu Imperial, the former Imperial Palace, wander the town or visit the Palacio de Cristal, the site where the last slaves of Petropolis were released.

### Day 137 - Ouro Preto (28th February 2020)

Today we will enjoy a half day guided tour of Ouro Preto, well known for its colonial architecture and the first Brazilian town to be considered a UNESCO world heritage site. In the afternoon enjoy some free time to explore the town, visit the museum or some of the stunning baroque churches. There are some fantastic cafes and restaurants in Ouro Preto. Don't forget your camera today - Ouro Preto is one of the most picturesque towns on our itinerary!

### Day 138 - Tres Marias (29th February 2020)

**Meals:** Lunch, Dinner

---

We have a full day drive through the Brazilian countryside. We will find a nice spot and camp for the night near Tres Marias.

### Day 139 - Brasilia (1st March 2020)

**Meals:** Breakfast

---

Today we arrive in the futuristic capital of Brasilia. In the morning we will enjoy a guided tour of this fascinating city, which was designed and built to be the Brazilian Government's headquarters in 1960. The city is designed to resemble a plane, and is a UNESCO heritage site, housing some incredible, futuristic style Cathedrals and Monuments.

### Day 140 - Alto Paraiso (2nd March 2020)

**Meals:** Lunch, Dinner

---

After our morning tour of the city, we will drive to the chilled out town of Alto Paraiso, which will be our base for exploring the Chapada dos Veadeiros. Alto Paraiso is crossed by Parallel 14 (in the same way as Machu Picchu) and is at the centre of some fantastic stories of space ships and aliens!

### Day 141 - Alto Paraiso (3rd March 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we can explore the National Park. The Chapada dos Veadeiros is one of Brazil's hidden gems, one of the oldest and most beautiful tropical ecosystems in South America and home to incredible waterfalls, rock formations, caves and grottoes.

This morning we will have an included visit to the Vale da Lua or the Valley of the Moon, so called due to the rock formations giving it an appearance similar to the moon.

This area is perfect for hiking, horse and bike riding and of course swimming in natural pools and soaking up the parks atmosphere. It is said that due to the high amount of quartz in the ground, that this Chapada is glows from space!



## Day 142 - Central Brazil (4th March 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Over the next two days we will travel overland across the central Brazilian countryside.

## Day 143 - Lencois (5th March 2020)

**Meals:** Breakfast, Lunch

---

Overlanding through Central Brazil to Lencois.

## Day 144 - Lencois (6th March 2020)

We will spend 2 full days in Lencois, the gateway to Chapada da Diamantina National Park. A former diamond-mining town in Bahia. Lencois's friendly inhabitants, great restaurants, cobbled streets and brightly coloured buildings make it a great town to explore.

## Day 145 - Lencois (7th March 2020)

Go hiking, kayaking, riding, explore the town, or simply kick back and relax!

## Day 146 - Itacare (8th March 2020)

**Meals:** Lunch, Dinner

---

We head to the coast today, to the beautiful beach town of Itacare, with its stunning Atlantic rainforest, laid back eco-friendly cafes and bars, and the opportunity to surf, relax and explore.

## Day 147 - Itacare (9th March 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Time to relax and enjoy some beach time!

## Day 148 - Itacare (10th March 2020)

**Meals:** Breakfast, Lunch, Dinner

---

Today we have a free day to explore the area, enjoy the beach, take part in some of the many adventure activities available here, or visit the stunning Peninsula de Marau, stopping off at Praia Taipus de Fora and Lagoa Azul.

## Day 149 - Salvador (11th March 2020)

**Meals:** Breakfast

---

Today we drive to the beautiful town of Salvador da Bahia. Salvador is a vibrant and exciting place to visit, with its bright colonial architecture, tasty street food scene, great music and impressive Capoeira, there's plenty to keep us busy for 2 days.

## Day 150 - Salvador (12th March 2020)

**Meals:** Breakfast

---

Free time to explore the energetic and vibrant city of Salvador, known around the world for its Carnival festivities. Salvador is home to over 300 churches, the historic centre is recognised by UNESCO and full of interesting architecture, brightly coloured buildings and cobblestone streets. It's an excellent place to witness the African culture in music and dance and enjoy some delicious street food.

## Day 151 - Salvador (13th March 2020)

Today is the final day for passengers finishing their trip in Salvador. Please note there is no accommodation included on the trip tonight - please contact your Sales agent if you would like to book an extra night of accommodation or to continue the journey north.

**Border information:** If you are leaving in Salvador, exit Brazil at Deputado Luís Eduardo Magalhães International Airport (IATA: SSA)

Accommodation:

## ITINERARY DISCLAIMER

The routes, activities and places visited described in these notes are intentions and are meant as a rough guide only. By their very nature, overland itineraries need to be flexible and the regions that we are travelling through are often unpredictable. We intend to follow the planned route but exact night stops and inclusions cannot be guaranteed and it sometimes happens that we decide to make a change to our planned itinerary. This may be for a variety of reasons; climatic, road or bureaucratic conditions may demand it. Changes to the itinerary may occur with little notice so please be prepared for modifications to your trip.

### Drive Times

Drive times are listed in the day-to-day itinerary. These are the approximate number of hours that the vehicle will be in motion, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors.

### Accommodation and Meals Included

The type of accommodation and included meals are listed for each day of the itinerary. These listings show our intention and on most departures the listings will be accurate. However due to the flexible nature of overland itineraries, climatic, bureaucratic or road conditions may demand changes to our listed intentions or groups may simply decide to amend the plans from time to time.

### Optional Activities

A selection of optional activities is listed in the day-to-day itinerary. This list is designed to be a helpful guide as to what is commonly available in each location, and is neither an exhaustive list, a guarantee that the activity is available, or an endorsement or recommendation. Certain activities may not be available on your particular visit and it may not be possible to do all the activities listed in the time available at each destination. It is recommended to give yourself extra time in your joining or ending city if you would like to participate in some optional activities there. Prices listed are for entrance only and do not include transport costs to and from the sites or local guides unless indicated. The prices are displayed according to our latest information and in the best faith, but prices do fluctuate due to exchange rates, season, numbers of participants, and simple increases from the operator, and therefore any prices listed are a guide only and cannot be guaranteed. If you partake in any optional activities, you do so at your own risk and it must be clearly understood that your participation is your own decision and does not form part of your contract with Dragoman. You may be required to sign/complete a waiver form or optional activity form for some optional activities. For more information around activity safety and insurance, please see the Essential Information document.

## EMERGENCY CONTACT INFORMATION

In the event of a real emergency once you have left your home country, please contact us on our out of office hours number. If you cannot get through on the phone, please leave a message with your name, reference number, contact details and a message with the help that you need and we will get back to you. Please bear in mind that real progress or action may not be possible until normal office hours, depending on the issue.

If your flight is delayed, please inform us as soon as you can and then make your way to the joining hotel as instructed in the Joining Point section of these notes.

**Out of hours Number: +44 (0) 7985 106564**

## A FEW RULES

We expect all group members to act respectfully towards our staff and other group members. Bullying will not be tolerated.

Engaging in commercial or exploitative sexual activities, committing acts of violence or threatening violence towards local people, other group members or any member of our staff is not allowed. Any customer engaging in such activities will be required to leave the trip immediately with no refund of the trip price.

You must at all times comply with the laws, customs, foreign exchange and drug regulations of all countries visited and conduct yourself in accordance with our responsible travel policy. Any customer found contravening such laws or regulations will be required to leave the trip immediately with no refund of the trip price.

Although we are aware that in some parts of the world taking, carrying or selling drugs, or carrying weapons may be legal, it is not acceptable for Dragoman customers and our tour leaders have the right to ask you to leave the trip immediately with no refund of the trip price if you are found to be engaging in such activities.

# ISSUES ON THE TRIP

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local partner straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader may not be able to resolve a situation to your satisfaction. If this is the case please contact our customer relations department on [customer-relations@dragoman.co.uk](mailto:customer-relations@dragoman.co.uk).

You may also choose to provide details in your feedback questionnaire which we ask you to complete at the end of your trip, but we do ask you to be aware that it is very difficult for us to provide any practical help after the trip is complete.

# IMPORTANT NOTES

## OVERLANDING LIFESTYLE

Dragoman was founded in 1981, and has had many years of experience of leading overland trips across 4 continents. Overlanding is all about sharing a great travelling experience with like-minded people. On your trip you'll travel in one of Dragoman's purpose-built iconic expedition vehicles on an off-the-beaten-track adventure along rugged roads, experiencing the sights, sounds and smells of the world up-close. Your journey will be overland, sometimes across vast distances, so some long days spent driving are inevitable - but these will be interspersed with breaks of a day or two at a destination or activity.

On an overland journey, you are more than just a passenger and everyone gets involved setting up camp - we supply the tent but it's up to you to pitch it! As part of your trip, you will be assigned a truck job which could be collecting firewood or water, luggage loading, organising food, stores, etc. Like all great adventures, the more you put in the more you'll get out! For more details of how an overlanding trip works, please see the Essential Information document.

## SAFETY STANDARDS

We run adventure journeys in off the beaten track areas, which often have poor infrastructure. You should expect that some of these areas do not adhere to 'Western' safety standards. For more information, please see the Essential Information document

## MEDICAL ASSISTANCE IN REMOTE AREAS

We will be travelling to areas in remote locations where medical assistance will not be available, and communications may be sparse. We do not carry satellite phones on our regular trips. Therefore, if you have a medical condition such as a heart condition that would put you at risk, we would suggest that this is not the trip for you. Also, please be aware that should an emergency occur, there is likely to be a considerable delay in accessing medical care, and by joining our trip you accept this risk.

## VISAS, HEALTH, INSURANCE & MONEY

Before you travel there are vital things to consider such as:

- Any visas needed for your trip
- Any vaccinations needed (please consult your GP or travel clinic)
- Organising your local payment (the kitty)
- Buying travel insurance (insurance is compulsory to be allowed to join our trips)

For more information on these topics, please see the Essential Information Document.

# ALTITUDE WARNING

## **Warning - this trip goes above 2800m.**

Please note that this trip spends time above 2800 metres/9200 feet where it is possible for travellers to experience some adverse effects on your health due to the altitude, potentially including Acute Mountain Sickness (AMS), High Altitude Cerebral Edema (HACE) and High Altitude Pulmonary Edema (HAPE). Because of this it is very important that you make yourself aware of the cause and effects of travelling at altitude and monitor your health during this trip.

For further information please [download our AMS information sheet](#) or refer to the following website: [www.high-altitude-medicine.com](http://www.high-altitude-medicine.com). If you are starting your trip in a destination above 2800m/9200ft we strongly advise reading this information prior to arrival. Your leader will also hand you a copy of the AMS information sheet during your trip as well as holding a short meeting prior to travelling to altitudes above 2800m/9200ft for the first time.

**Some travel insurance companies will stipulate a maximum altitude limit. Please ensure that you are covered and if necessary pay the additional premium of extended cover.**

## HIGH ALTIPLANO NOTE

Because of its nature, this itinerary may vary – occasionally the road conditions are too adverse during the rainy season (January-February) to make the crossing from Uyuni to Argentina, and we may have to change the route.

During the winter months in Argentina and Bolivia, we will spend a higher proportion of nights in hotels and less time camping. Kitty may be higher than expected and you should allow extra funds for this and personal funds for more meals out. There may well be snow and you should be aware that it can get very cold at night. Please ensure that you bring a decent sleeping bag and adequate clothes, including thermals.

We will also be travelling to very high altitudes (over 5,000m if you take the crossing from Uyuni to Argentina or vice versa), so please be aware of the effects of altitude sickness.

## PATAGONIA NOTES

This trip will be travelling to the southernmost point of South America, and you should expect extreme weather conditions. It can be bitterly cold and very windy with heavy rain at any time of the year, even during the summer. The weather changes extremely fast so you should expect four seasons' weather in one day. Therefore please remember to prepare accordingly – this is a tough trip and should not be taken lightly.

We suggest you take plenty of good quality warm, waterproof and windproof clothing and use the layering system to keep warm. As you will spend a number of nights camping, we recommend you bring a good camping mat, a good quality 4 season sleeping bag, a sleeping bag liner and a small pillow to keep comfortable.

Patagonia's peak season is the summer (Mid November to February). The days are long, typically temperatures are around 20°C during the day, dropping to 8°C at night, though whilst generally warm in the summer, it can often be very windy, with rain. If you are travelling during the peak season be aware that activities and camp sites sell out fast and you will be sharing the trails with a greater number of fellow trekkers. Please note that due to the popularity of the region, we also find that prices can increase significantly during high season.

In the shoulder season the days are much colder, but often clearer and brighter, with fewer people on the trails, though be aware that some activities may not have opened fully. Springtime (October to November) brings the colourful spring blooms. March to May is the best time to see the autumn foliage and makes for stunning photographs. If you choose to travel at this time, be sure to pack a good down jacket and a 4 season sleeping bag and liner, as the nights can be very cold. During the shoulder season there is an option to upgrade into basic cabins or hostels at some of the campsites that we stay in along the way. Please budget an extra USD10-15 per night for such upgrades.

## THE W WALK

We include the full 4 day W walk in Torres del Paine NP as standard in our kitty. This includes transfers to the start and finish points, camping equipment, full board and the services of an English speaking local guide throughout the trip.

The W walk involves 4 days of trekking and 3 overnight stays away from the truck. Your tents will be set up at pre-booked campsites at Paine Grande, Los Cuernos and Las Torres, and meals included. It is important to bear in mind that you will have to carry your own personal effects for the duration of the trek, e.g. sleeping mat, sleeping bag, clothes, toiletries, snacks, water, etc. Some days of the W walk can be shortened for those wishing to trek slightly shorter distances, for example on Day 2 it is possible to trek to the first view point and return to Paine Grande via the same route, reducing the trek by half. It is possible to hire porters for the W walk at a cost of CLP150,000 per porter. Their maximum load is 15kg. We recommend that you put your bag into a waterproof liner or dry sack before giving it to a porter. In high season (mid November to mid March) we recommended contacting your travel consultant to book your porter in advance.

For anyone who wishes to stay at our base camp, this can be arranged in advance through your travel consultant. This package will include camping and full board at our base camp at Camping Pehoe, as well as the opportunity to join the W walkers for guided single day hikes to Glacier Grey and the Las Torres viewpoint. Transfers will be provided your crew in the truck.

Please note that the price is the same whether you choose to stay at the base camp, or take part in the full W walk; however in order for us to make arrangements for meal provisions, you must tell us in advance if you will not be trekking the W walk.

## THE WILD ANDES TREK, CLASSIC INCA TREK AND TRAIN PACKAGE - MORE INFORMATION

### THE WILD ANDES TREK

Dragoman first developed and launched their pioneering **Community Trek**, the **Tarpuy Yachay project**, in 2006 - a fantastic, award-winning alternative to the Classic Inca Trek, the project also helped several educational and sustainable development initiatives in the Andean villages of Quishuarani and Cuncani.

After almost a decade of this successful venture, we decided that our support could be better used in a new area. In 2013, Dragoman developed an exclusive, brand new Community Trek to take our passengers really off the beaten track, to enjoy pure, unspoilt Andean trails, explore remote Inca ruins, whilst at the same time finding new ways to 'give back' to the people of the area. We have done this by funding the release of alpaca herds, offering training to local people in animal husbandry and weaving to provide a source of income. Another aspect of this project has been reforestation, which is crucial for preventing landslides to protect the local area.



In 2016, we decided to rename our Community Trek "the **Wild Andes Trek**", because we feel it better represents the trek we run. However, nothing has changed but the name - Dragoman's firm commitment to genuine, responsible tourism continues as it always has, so rest assured that whilst you take to the mountains your money is supporting local people. The Wild Andes Trek follows the same route that we have been following since 2013, which boasts some of Peru's most spectacular and remote mountain scenery.

## THE CLASSIC TREK

Of course if you prefer, there is also the option to complete the Classic Inca Trek, so called, because the trek follows the old royal route to Machu Picchu. Over the course of four days you will trek over 40km through farmland, cloud forest and mountain scenery, the trek culminates on the final morning where you will rise early to trek to Intipunku, better known as the Sun Gate, where you will catch your first glimpse of Machu Picchu. Here we can take our time to watch the mist clear over the Citadel, and walk down to the site and have some time to enjoy it before we have our guided tour.

## THE TRAIN PACKAGE

For those of you who would prefer to take Machu Picchu at a gentler pace, we offer our non-trekking, Train Package. As part of this package you will enjoy a guided tour of Sacsayhuaman and the Sacred Valley, followed by 2 days to relax or explore Cuzco at your own pace. Finally you will transfer to Ollantaytambo where you will spend the night in a lovely hotel and have time to explore the fascinating and impressive fortress here. Our your final morning you will take the train to Aguas Calientes, and then onwards to Machu Picchu for your tour and free time to explore.

## GENERAL

Whichever option you choose, you are sure to have an unforgettable experience at one of the most impressive and iconic World Heritage Sites.

The kitty has been budgeted to include the cost of the Classic Inca Trek as this is the most expensive option. This means that you will receive a small kitty refund if you do the Wild Andes Trek, and a substantial kitty refund if you do the Train Package.

All three trekking groups will return to Cuzco by train and private transfer. Please note that during high season or in the case of late bookings, some trekkers may be booked onto a later train. You will always have a Guide to accompany you back to Cuzco but you should be prepared for a later arrival.

PLEASE NOTE: You must tell us at the time of booking if you want to book the Classic Inca Trek or the Train Package. If you do not tell us this you will automatically be booked onto the Wild Andes Trek.

In order to book the relevant permits and tickets, it is vital that you provide the following information at the time of booking:

- Full name (EXACTLY as it appears in the passport you are travelling on)
- Date of Birth
- Gender
- Passport Number
- Passport Expiry Date

Please be sure that all the details are correct and are for the same passport on which you will travel to Peru - any changes made after your application is submitted may not be granted and will involve fees being charged to you. Changes to name and nationality after your application is submitted are absolutely not allowed, so please ensure no changes of this sort will be needed.

There is an overlap for the Inca treks. This means a group starting a trip in Lima or La Paz will do the Inca trek at the same time as a group starting their trip in Cuzco. This means there could be several groups on the Inca trek at the same time.

## INCLUSIONS

<b>Wild Andes Trek</b>	<b>Classic Inca Trek</b>	<b>Train Package</b>
Professional bi-lingual Guides	Professional bi-lingual Guides	Professional bi-lingual Guides
Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu	Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu	Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu
All transport between Cuzco and Machu Picchu	All transport between Cuzco and Machu Picchu	All transport between Cuzco and Machu Picchu
Return Train from Ollantaytambo to Aguas Calientes	Return Train from Ollantaytambo to Aguas Calientes	Return Train from Ollantaytambo to Aguas Calientes
One night accommodation in Ollantaytambo	One night accommodation in Ollantaytambo	Three nights accommodation in Cuzco and one night accommodation in Ollantaytambo
Entrance to Machu Picchu	Entrance to Machu Picchu	Entrance to Machu Picchu
High quality double-occupancy tents, sleeping mat and camping equipment	High quality double-occupancy tents, sleeping mat and camping equipment	
Hot water in the morning for washing	Hot water in the morning for washing	
Drinking water throughout the trek	Drinking water throughout the trek	
Dining tent, kitchen tent, latrine tent	Dining tent, kitchen tent, latrine tent	
First Aid Kit and Oxygen	First Aid Kit and Oxygen	
Team of Camp staff, Porters and Cooks	Team of Camp staff, Porters and Cooks	
All camping meals (vegetarian and gluten free meals can be catered for)	All camping meals (vegetarian and gluten free meals can be catered for)	



## BENEFITS OF THE WILD ANDES TREK

- Protecting the environment - reducing the number of people travelling on the Classic route to minimise the impact on these ancient paths.
- Responsible Tourism - providing funding for reforestation of the area, to reduce landslides.
- Sustainable - providing funding to introduce Alpacas and training in animal husbandry and weaving to create a sustainable source of income from the animals
- Trekking virtually deserted routes, with no other tourists - so you are free to enjoy the surroundings without feeling rushed or crowded
- Arriving to Machu Picchu well rested and refreshed after a comfortable night in a hotel in Ollantaytambo - ready to get the most out of the visit to this unforgettable site. (NB we do not trek into Machu Picchu, we arrive by train and bus from Ollantaytambo)
- Time to explore the citadel of Machu Picchu, many group members chose to trek up to the Sun Gate to see the famous view, after their tour.
- Trekking a unique route in the Andes

## BENEFITS OF THE CLASSIC INCA TREK

- The original Royal route is still the most popular trek because of its history (trekking is limited to 500 people per day departing on the trek, which still can feel crowded at times)
- The Classic Trek is not quite as challenging as the Wild Andes Trek as the passes are not quite as high. That said, it is still a pretty tough and you will need to be reasonably fit.
- There are fantastic views of varied terrain from cloud forest to mountains.
- The Classic Trek culminates with a morning trek to the Sun Gate, where you will experience your first glimpse of Machu Picchu (this is the only trek to do this).

## TREKKING FITNESS

Trekking at altitude should not be undertaken lightly. Regardless of which trek you choose, you need to be in good health with good physical fitness to enjoy the experience. It is not about speed; trekking slowly is far better at altitude but you do need to have the stamina to keep going and altitude can have a negative impact on your general condition and physical performance. For your own safety you must accept that it is at the complete discretion of the professional trekking guides to decide if you are not fit enough to trek, whether it be before or during the trek. The Wild Andes Trek reaches 4,700 m in altitude when we cross one of the passes. The trail can be steep and rocky but has few steps. The Classic Inca Trek has lots of steps and the highest pass is Dead Woman's Pass at 4,200 m. If you are in any doubt about your suitability to trek please consult your local doctor. We recommend arriving in Cuzco at least 24 hours prior to your trip starting (if you are joining in Cuzco). It is also important that you inform your trekking guides and Tour Leaders of any pre-existing medical issues, as well as any medications you may be taking, especially medication for altitude sickness.

## TREKKING - WHAT TO BRING

Tents, sleeping mats and all food and drinking water during the trek are provided, as well as duffle bags for your personal gear that you don't need to access during the trekking hours (such as sleeping bags and extra clothes). On the Wild Andes Trek your duffle bag will be carried by pack animals and on the Classic Trek your duffle bag will be carried by porters. Please note that there is therefore a strict weight limit of 6 kgs per bag. You will have to carry your own daypack with any items you need during the day.

You will need to be prepared for 4 seasons' weather in one day. Basically it will be cold after dark and in the mornings. During the night you will need to layer up with thermals and warm socks. In the morning when you've walked for a little while you will warm up and gradually strip off. Think layers! Wild Andes trekkers, you should also bring a set of clean clothes for the night you will spend in Ollantaytambo where you have hot showers and the evening meal out in a restaurant.

Some very useful things to bring:

- Daypack (less than 30 litres)
- Waterproof bag(s) to keep your stuff dry (bin liners or similar are fine)
- Warm sleeping bag (also available to rent from our local supplier)
- Sleeping bag liner (for extra insulation)
- Sleeping mat (only if you want extra insulation/padding as a mat will be provided)
- Walking stick (basic wooden sticks will be available to buy)
- Water bottle(s) with a total capacity of at least 2 litres
- Head torch or normal torch
- Small towel
- Camera (also charger, extra batteries and memory cards)

- Walking boots
- Light shoes or sandals (to allow your feet to relax and breathe during the evenings)
- Waterproofs
- Thermal underwear
- Warm socks
- Fleece or other warm sweater
- Woolly hat & gloves
- Sunglasses
- Sun hat
- Basic toiletries (lip salve, sun block, insect repellent, wet wipes, hand sanitizer, etc)
- Toilet paper + plastic bags to carry your used toilet paper with you (only needed during the trekking hours, at night a dug toilet with toilet paper will be provided)
- Basic medical kit (any personal medication, plasters, painkillers, etc)
- Pack of cards / book / game for evenings
- Money (for souvenirs, snacks, drinks, food, etc + tip for the guides and porters)
- PASSPORT + passport photocopy
- Cuzco Visitor's Ticket (this will be arranged for you by your tour leader)

We recommend a tip of US\$20 for your guide and perhaps US\$30 for all the rest of the staff.

## RESPONSIBLE TREKKING

Frostbite, altitude sickness and even death can be the cost for the guides and trekking staff. Tourism Concern has a campaign aimed to put a stop to the abuse of trekking staff's human rights. Equally pack animals suffer abuse and mistreatment. Mountain trekking is exhilarating and challenging, but how could many of us do it without the assistance of trekking staff? Once they have started a trek, trekkers are often horrified by the reality of the working conditions for the staff.

The prices that tour operators charge for trekking does vary enormously, mainly due to the rates of pay and conditions that the trekking crew receive. It is easy to book a trip based purely on price, but in the case of trips involving Inca trails, this will probably be because the tour operator is using local suppliers without regard to the treatment of porters and guides.

In keeping with our Responsible Tourism Policies, Dragoman has a strict Suppliers' Policy, which also covers our trekking partners. We follow Tourism Concern's policies on trekking companies and the way that guides, porters or animals are looked after. We therefore use a local Cuzco-based trekking company called Andina Travel to run all our Inca trails trekking trips. They have an excellent trekking record and good, knowledgeable guides. They have been at the cutting edge of developing codes of responsible tourism practice and involving the local Quechuan communities in the development of their various treks. They supply us with evidence of their code of practice concerning their guides, staff and pack animals.

Please bear this in mind when deciding which travel company you will travel with. Remember many of the trekking organisations, as well as many overseas tour operators who use these suppliers, are happy to promote low cost trips, even if it is at the expense of the welfare of the guides and porters that they use.

## COMMUNITIES SUPPORTED

The communities that we support are remote Andean farming communities with traditions dating back to the Incas. They are primarily Quechua speaking, with some Spanish, and little contact with the general population. Their daily lives consist of potato cultivation, weaving, and the herding of llamas, alpacas, and sheep. Considered by the Peruvian government to be living in extreme poverty, they often face malnutrition, severely cold weather, poor hygienic conditions, and little medical or health assistance. Villagers live in thatched-roof stone huts and cook with firewood. Because of the disproportionate supply and demand of native trees and bush, there is a great need for an effective reforestation project in the area. Since 2006, Dragoman has worked with Ecoam (who helps us with our reforestation project) and thanks to the support from Dragoman and our passengers, the area we used to visit around Quishuarani, Cuncani and part of the mountain range of Lares has been declared a Private Landscape Reserve.

The fairly recent introduction of tourism to the region has brought some needed assistance and economic development to the communities, but there is still much more to do. Our local trekking operator working within the guidelines of sustainable tourism has met with the communities and discussed the pros and cons of tourism in the area. Together they have established still unofficial guidelines for trekking and tourism through the Cordillera such as: established campsites to avoid contamination of community areas, use of community animals and personnel on treks, training of community members through workshops on camp maintenance, hygiene, client service to enhance their economic viability, maintenance of camp trails, camp sites, and environmental conservation. Many agencies respect these guidelines, but because making things official often brings on unwanted government intervention, they are an informal agreement between the communities, agencies, and tourists.

## CARNIVAL NOTES

**Optional activities** - All optional activities need to be booked prior to arrival at Carnival and by 5th January 2019. This can be done by contacting Dragoman's sales team or your agent. More details can be found [here](#).

**Accommodation** - This is on a shared basis (twin or triple) with breakfast included daily but no other meals. All rooms are en-suite with air-conditioning, TV, fridge and safe. There is a single supplement available at an additional cost. Please enquire with your sales agent at the time of booking if you should wish to purchase the single supplement.

**Money changing** - Banks will be closed over most of Carnival but some money changers stay open although exchange rates are not always that good. Cash will give you the best exchange rates - usually USD, GBP and EUR are easily exchanged. Travellers Cheques are not generally accepted. American Express Office is open through Carnival for exchange. Cash machines are located nearby to the hotel but can run out of money, so plan in advance and be very aware of theft and fraud.

You may wish to consider bringing the following items with you to Rio Carnival:

- Binoculars to help see the detail of the parades at the Sambadrome
- A disposable raincoat (can also be bought in Rio)
- A compact camera
- A money belt

## COLOMBIA NOTES

## ECUADOR NOTES

## PERU NOTES

## BOLIVIA NOTES

## CHILE NOTES

## ARGENTINA NOTES

## BRAZIL NOTES

Please ensure you have an up to date version of these notes. **These notes were printed on the 2nd April 2020**