

## SOUTH AMERICA ENCOMPASSED, (LUC)

Cuzco to Cuzco 74 days, departing 26 Jun 2020



### CONTENTS

- [Optional Activities](#)
- [Insurance](#)
- [Out of Office Hours Contact](#)
- [Luggage & Kit List](#)
- [Personal Medical Kit](#)
- [Passports](#)
- [Pre And Post Trip](#)
- [Accommodation And Connecting Flights](#)
- [Continuing Your Trip](#)
- [Contingency Emergency Fund](#)
- [Responsible Tourism](#)
- [Electrical](#)
- [A Few Rules](#)
- [Issues On The Trip](#)
- [Our Community](#)
- [Feedback](#)
- [Countries Visited](#)
- [Daily Itinerary](#)
- [Visa Information](#)
- [Important Notes](#)
- [Overland Lifestyle And Trip Suitability](#)
- [Tipping](#)
- [Who Travels With Dragoman?](#)
- [Accommodation On Tour](#)
- [The Kitty](#)
- [Group Size](#)
- [Our Crew And Guides](#)
- [Meals And Group Participation](#)
- [Dietary Requirements](#)
- [Itineraries](#)
- [British Foreign Office Travel Advice and Warnings](#)
- [Health](#)
- [Safety & Security](#)
- [Included Activities](#)

### TRIP OVERVIEW

**Trip Style:** Overlanding

---

**Route:** Cuzco to Cuzco

---

**Duration:** 74 days

Overland expedition vehicle, 4x4, Private bus, Public bus, Boat, Canoe, Train

---

**Accom:** Hotels, Hostels, Guesthouses, Campsites, Wild Camps, Chalets

30% 70%

#### Physical Challenge:

EASY HARD

The trip may include multi-day treks at high altitude, walking for 5-8 hours per day.

#### Lifestyle Challenge:

EASY HARD

This trip has a bit of everything.

## ROUTE MAP



## COUNTRIES VISITED

### Argentina



Argentina is a vast country which has a staggering diversity of climates and landscapes. With vibrant cities, the pampas, the jungles and the wind-swept wilds of [Patagonia](#), it is a country with a very special character all of its own and a rich cultural heritage.

[Buenos Aires](#) is the vibrant capital of Argentina. Full of life and brimming with culture, music and art, with great local restaurants, local street markets and dances, Buenos Aires is the heart

### Bolivia



Bolivia's major attraction is its wild natural beauty, with much of the country being very remote and off the beaten track! The country is divided into two distinct regions, the Amazon and the Altiplano, with the Yungas cloud forest regions in between the two.

and soul of Argentina and swings to the rhythm of the tango. Also home to some exquisite wine bars and an amazing nightlife, Buenos Aires is a must-see city while in South America!

### STAY WITH REAL ARGENTINIAN COWBOYS

On the vast green pampas, the gauchos (Argentina's famous cowboys) spend their days riding their horses and protecting their cattle. Argentina is world-famous for the incredible quality of its beef and steaks, largely due to the huge pastures that the cattle have to roam on.

The north west of the country has some beautiful deserts full of multi-coloured rock formations and some magnificent wines are produced here around Salta and Cafayate. Also famous for its incredible wines is the region of [Mendoza](#), a serene town surrounded by the Andes, including Aconcagua, which at 6,962 metres is the tallest mountain in South America.

### EXPLORE ARGENTINA'S PEACEFUL LAKE DISTRICT

Further south is Argentina's peaceful and beautiful lake district, and further still are the haunting moorlands of Patagonia. This beautiful area is known for its breathtaking and desolate landscapes, towering rugged mountains, magnificent lakes and beautiful glacial scenery. It is a great place for outdoor activities, such as trekking, horse riding, kayaking and mountain biking! At the far south is the remote island of [Tierra del Fuego](#) and the most southerly town in the world, Ushuaia.

Argentina is the home to some beautiful wildlife. The Península Valdés near Puerto Madryn is a protected area for whales, penguins and seals, and Patagonia is full of fascinating birdlife and wild guanacos.

### CREATE MEMORIES AT MIGHTY IGUAZU FALLS

One of the great highlights of Argentina is the mighty [Iguazu Falls](#), on the border with Brazil. This incredible set of waterfalls is one of the world's largest, and one of the most spectacular sights in the world!

Argentina is a magnificent country full of buzzing culture, amazing landscapes and a wide variety of activities, and should be high on every traveller's wish list!

### WILD, REMOTE AND BEAUTIFUL

Bolivia is a fantastic country for the outdoor enthusiast, with horse riding, trekking, mountain biking and jeep trips available in many of the areas we travel through. Its landscapes are truly remarkable, with its salt pans, high lakes, mountains and beautiful jungle making it a great destination for any traveller.

The dizzying heights of the city of La Paz are enough to take your breath away! With buildings that hug the side of the canyon, and the spectacular views of Mount Illimani, the city is over 3,650 metres above sea level and is one of the fastest growing in Latin America.

### EXPLORE BOLIVIA'S HIGH ALTIPLANO

There are many areas of natural beauty in Bolivia, with one of the most unbelievable and overlooked areas being the surreal and phenomenal coloured lakes and landscapes of the high Altiplano near Laguna Colorada. More famous and equally as stunning, the perspective-bending salt flats of Salar de Uyuni are an awe-inspiring natural wonder. At opposite ends of the country are the steamy jungles of Bolivia's Amazon region - teeming with wildlife and explored by boat, the area receives very few visitors despite its fantastic highlights.

Bolivia has some interesting towns to explore, such as the serene city of Sucre, the buzzing city of La Paz and the mining town of Potosí. There are some excellent activities to get involved with, such as trekking across the tranquil Isla del Sol on Lake Titicaca, exploring the silver mines of Cerro Rico, and of course mountain biking down the famous 'World's Most Dangerous Road' near La Paz!

Bolivia is truly one of South America's most beautiful spots and a highlight of many people's travels through the continent!



## Brazil



Brazil has a totally different feel to it than the other Latin American countries. The only Portuguese-speaking country in South America, it positively vibrates with a unique and dynamic energy of its own.

Most overland visitors start in the dazzling city of Rio de Janeiro, Brazil's most famous city and home to the famous Christ the Redeemer statue and some of the world's most fantastic and atmospheric urban beaches such as Copacabana and Ipanema.

### SEE PANTANAL'S LEGENDARY WILDLIFE

Brazil's wildlife is legendary, and there is no greater place to spot animals and birds in South America than the [wetlands of the Pantanal](#). Here, it's possible to go spotting for ocelots, jaguars, tapirs, jabiru storks, caiman, and many types of birds! The optional activities available in the region and the nearby eco-tourism capital of Bonito are as amazing as they are numerous, with boat trips, rafting, snorkelling through crystal-clear rivers, and caving being just a few of the many possibilities here.

### RIO AND BEYOND

Further to the south is one of the greatest natural highlights in the world, the majestic [Iguazu Falls](#)! These colossal waterfalls are amongst the most impressive on the planet and a phenomenal sight on anyone's overland travels through South America!

Near to Rio de Janeiro you'll find the idyllic colonial towns of Paraty and Ouro Preto, once hugely important for gold trading back in colonial times, and each with their own serene

## Chile



With some of the most diverse landscapes in the world, Chile is stunningly beautiful in so many different ways! From the driest deserts in the world in the northern Atacama region, to the lush wine regions near Santiago, to the lakes and forests of the Carretera Austral, to the huge glaciers and rugged mountains of Patagonia, this country has it all. Chile is dotted with lakes, volcanoes, rivers, and beaches, and there is always an exciting adventure to be found for the outdoor enthusiast.

### TRAVEL OVERLAND THROUGH AMAZING LANDSCAPES

A visit to Chile has to include a trip to the vibrant capital of Santiago. This city sits in the country's central valley, a place full of amazing landscapes and a gorgeous Mediterranean-like climate. The city buzzes with culture and cuisine, and has some of the best live music to be found on the continent!

In the far north, you can spend time in the rugged deserts, moon-like valleys and stunning salt pans of the Atacama. The area is world-famous for its stargazing, and there are a plethora of thermal springs, geysers and volcanoes to discover.

In the south we visit the outdoor adventurer's paradise of Pucón, a wonderland of adventure activities such as white-water rafting, canyoning, and trekking up the stunning Villarica volcano that looms over the town.

### EXPLORE PATAGONIA'S NATIONAL PARKS

In the far south of Patagonia we find one of the world's most spectacular National Parks, Torres del Paine. Its twisted mountains, rock towers, lakes, and amazing glaciers make the area one of the most stunning locations in South America and a wonderful place for trekking and horse riding.

atmosphere today. In the interior, we will explore the bizarre futuristic capital city of **Brasilia**, a fascinating and somewhat unusual highlight of the country.

Further inland we find the incredible landscapes of the Chapada dos Guimarães National Park, dotted with stunning caves and waterfalls and providing some fantastic walking opportunities.

## **RIO CARNIVAL**

Rio is particularly famous for its huge annual party - the incredible Rio Carnival. The celebration of Mardi Gras (6 weeks before Easter) is a great Brazilian tradition - the whole city goes wild for a full 7 days in a whirlwind of music and colour. We have a range of packages that get you to the heart of the action!

To learn more about Rio Carnival and see all the optional activities available around carnival time, see our [Rio Carnival 2019 Optional Extras Booklet \(PDF\)](#)

## **Peru**



## **DISCOVER OVERLANDING IN PERU**

Peru is a wonderland of historical treasures, home to some of South America's most glorious landmarks, and has a seemingly endless selection of optional activities to partake in all over the country.

Peru is perhaps most famous as being the ancient homeland of the Inca civilisation. Cuzco was the ancient capital of the Inca empire, and even today many of its buildings have original Inca stonework as part of their structure. The Incas had a highly organised and labour intensive society.

They managed to conquer vast tracts of land and, through strong central and regional government, retained control over an empire that spanned South America, from mid Colombia in the north, to the middle of [Argentina](#) in the south - their domination over this region of South America lasted for over four centuries, and their legacy is evident all over this area.

### SEE MACHU PICCHU IN A DIFFERENT LIGHT

The most famous Inca site is undoubtedly the spectacular ancient hilltop city of Machu Picchu, one of the New Seven Wonders of the World, and the Inca Trail through the Andes near to it. You can [trek through the countryside](#) making your way through the unspoilt land and view the breathtaking scenery that carries on to the horizon and beyond. When you reach [Machu Picchu](#) you will realise what a beautiful place it is - no photograph can really do the site justice. The long-forgotten city was rediscovered by Hiram Bingham in 1911, and is simply awe-inspiring and a real must-visit place in South America.

Other incredible historical sites in Peru include the mysterious [Nazca Lines](#) which were etched into the desert floor by the pre-Inca Nazca civilisation, the colossal Chimú-era adobe city of Chan Chan near Trujillo, and the phenomenal ancient city of Chavín de Huantar in the mountains of the Cordillera Blanca. Peru has some beautiful colonial towns to explore.

The capital is the chaotic city of Lima, founded by the Conquistador Pizarro in 1535 - and the beautiful cobbled streets and buzzing atmosphere of Cuzco and Arequipa make them towns that you'll never want to leave!

Peru is also flowing with fabulous landscapes, from the desolate northern deserts to the towering mountains of Huaraz, from the sweltering jungles of Puerto Maldonado to the serene beaches of Punta Sal, and from the breathtaking Colca Canyon to the colossal Lake Titicaca, the sheer variety of Peru's landscapes make it one of the world's most beautiful destinations.

### OUTDOOR ACTIVITIES IN PERU

Peru has a wide range of outdoor activities, from trekking in Cuzco to white-water rafting in Arequipa to sandboarding in the [Huacachina Deserts](#), there are so many fun things for everyone to do. Peru also has a distinctive cuisine, including lomo saltado, maize soup, and of course the delicious ceviche on the coast.

The history and sites of Peru are outstanding, but also the friendly welcome visitors receive makes Peru one of the most enjoyable countries in the world to visit.

[Back to top ^](#)

## DAILY ITINERARY

### Day 1: Cuzco ( Fri 26 Jun )

**Border information:** if you are joining in Cuzco, you will most likely enter Peru at Cuzco Alejandro Velasco Astete International Airport (IATA code: CUZ).

There will be an important group meeting at 10:00am at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting. There will be a further meeting this evening for our Wild Andes and Classic Inca Trails, where we will have a full detailed briefing from our local trekking guides about the next few days!

The rest of today will be free to explore the wonderful city of Cuzco, discover its many historical gems, or to take part in number of optional activities near the city.

Please note that many of the options listed below will only be possible for those with extra time in Cuzco before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Cuzco.

**A note on altitude:** If you are joining in Cuzco, we strongly recommend arriving at least 24 hours before the trip begins to allow additional time to acclimatise.

In Cuzco we will stay in a good colonial hotel.

Hotel for the night: Hostal Saphi  
Calle Saphi 107  
Cuzco  
Peru

Activity	Approximate Cost
Take part in a Peruvian cooking class in Cuzco, learning how to make a variety of local dishes	USD 79
Take a Spanish class in the beautiful city of Cuzco (suitable for all levels)	PEN 20

### About Cuzco:

The Inca Empire was the largest empire in the pre-Columbian Americas - the civilisation arose in the early 13th Century CE under the leadership of the first Inca ruler Manco Capác, founding the city of Cuzco as their capital. The civilisation thrived in the area until 1438,





when the new leader Pachacuti embarked on a massive campaign of expansion and used military conquest and peaceful assimilation to incorporate a massive portion of western South America under his control - at its largest, the Inca Empire stretched all the way from southern Colombia through Ecuador, Peru, Bolivia, northwest Argentina, all the way down to central Chile.

In 1526, the Spanish conquistador Francisco Pizarro first entered Inca territory from his expedition through Colombia. After quickly determining that it was evidently a civilisation of great wealth and power, he quickly received royal permission to conquer the empire - he decisively kidnapped and later executed the Inca ruler Ayahualpa in 1533 and installed their own puppet ruler, Manco Inca Yupanqui. The new leader quickly turned on the invaders and briefly took control of Cuzco for the Incas again, until the Spanish finally pushed them back permanently from the city. The remnants of the civilisation formed a Neo-Inca state centred around Vilcabamba in the mountains above Lima until the Spanish invaded them completely in 1572, ending the last major resistance to their rule in Peru.

Any adventure tour to Peru naturally centres around the stunning city of Cuzco - it is world-famous as the gateway to the spectacular ruins of Machu Picchu and the various Inca trails through the Peruvian highlands. However, the city is a fantastic destination in its own right, and many of its buildings still retain some of the original Inca stonework as part of their structure. This unique and intricate stonework was an ingenious construction method that prevented damage from earthquakes - examples of their amazing building techniques can still be seen in and around Cuzco, including the famous 'twelve-sided stone', now part of the logo of Cuzco's native Cusqueña beer!

A good place to start your explorations is the majestic main plaza, surrounded by cobbled streets lined with attractive colonial buildings. Head up the hill into the neighbourhood of San Blas and you will discover another hidden square with a quiet laid-back feel. All the streets are lined with shops, bars and restaurants, from small local cafes to five star dining experiences. There are also some fantastic museums and historical sites in and around the city, showcasing the wonderful history and culture of the Incas.

## Day 2: Inca Trail , Sacred Valley ( Sat 27 Jun )

These four days will be spent either trekking in the Andes, on our pioneering Wild Andes Trek, on the Classic Inca Trek or for those not wishing to hike, free time to explore and a guided tour of the Sacred Valley on our Train package.

### Option 1 - Wild Andes Trek

Leaving Cuzco early in the morning, we visit the ruined temples of Sacsayhuaman for a fascinating tour of the site. We then head on to Chinchero, a small Quechua-speaking village in the Sacred Valley. Here we will see a traditional weaving demonstration that has been unchanged for a thousand years, and explore their beautiful archaeological ruins. We will drive to a stunning viewpoint for





a picnic lunch, and then visit the Quillarumiyoc temple (the Temple of the Moon).

We will start our trek from here in the afternoon, heading by foot to Zurite where we have a picturesque stay in a colonial house. Tonight we will enjoy a traditional dinner and get a taste of the local village lifestyle.

Approximate walking distance: 8km, Estimated time: 4hrs, Meals provided: Lunch and Dinner

### Option 2 - Classic Inca Trek

This morning we go for a guided tour of the Sacred Valley, followed by a visit to the market town of Pisac, where we will have an included lunch. We then head to Ollantaytambo, where we have free time to explore the impressive archeological site. Tonight we stay in a comfortable hotel.

Please note that we have the evening to ourselves in Ollantaytambo, our Guide will meet us in the morning. No Meals are included in Ollantaytambo.

There is no trekking today. Meals provided: Lunch,

### Option 3 - Train Package

You will leave Cuzco with your fellow passengers who will be trekking the Wild Andes Trek. You will visit the fortress of Sacsayhuaman, followed by a beautiful scenic drive over mountains and through valleys, via the ancient city of Pisac and on to the Sacred Valley of the Incas. After lunch you will head back to Cuzco where you will stay at our nice, centrally located hotel for a further 3 nights.

Meals included: Lunch

### Activity

### Approximate Cost

Visit the incredible remains of the Inca temples of Sacsayhuaman and the Sacred Valley on a guided tour

Included in Kitty

### TREKKING OPTIONS

#### Option 1

Trek the Classic Inca Trail up the Royal Inca Road.

#### Option 2

Hike unspoilt Inca Trails in remote stunning Andes scenery away from tourist treks on our exclusive Wild Andes trail.

Included in Kitty

#### Option 3

Take a Sacred Valley Tour, visit



Ollantaytambo and take the train to Machu Picchu without trekking.

**PLEASE NOTE:** YOU MUST ADVISE AT TIME OF BOOKING IF YOU WISH TO BOOK THE CLASSIC INCA TRAIL OR THE NON TREKKING OPTION, OTHERWISE YOU WILL AUTOMATICALLY BE PUT ON OUR WILD ANDES TREK.

Take a guided tour of the fantastic Inca temples at Ollantaytambo

Included in Kitty

### About Inca Trail :

## THE DIFFERENCE BETWEEN THE CLASSIC AND THE DRAGOMAN INCA TRAIL

When people talk about 'The Inca Trail', they are usually referring to a particular trekking route which follows an ancient pathway that leads to Machu Picchu. However there are a huge number of Andean Trails that criss-cross the Urubamba Valley and surrounding mountain ranges, many of which are genuinely remote and rarely used by western tourists. On our Dragoman tours that travel via Cuzco we offer you the choice to trek either the Classic Inca Trail or our unique alternative, the Wild Andes Trek, which is exclusive to Dragoman.

### THE CLASSIC INCA TRAIL

The Classic Inca Trail route usually starts at Kilometre 82 of the Cuzco-Aguas Calientes railway, taking in Abra Warmihuañusca (Dead Woman's Pass, 4,200m) and the ruins of Phuyupatamarca and Wiñay Wayna en route, eventually arriving at the Sun Gate above Machu Picchu early in the morning after 3 days of trekking. This route is still extremely popular as it is seen by many as the original Inca Trail, and it is also probably the best trek to choose if you're really interested in history and archaeology, because of all the smaller Inca sites it passes along the way.

Unfortunately, due to its own popularity, the Classic Trail is always very busy, with around 500 people starting the trek every day - due to there being restrictions on camping areas, the campsites are often very busy with other trekkers as well. Nevertheless it is still an awesome trek, passing through some stunning scenery from snow-capped peaks to abundant cloud forests, and the sense of achievement you'll have when you catch your first sight of Machu Picchu is something you'll never forget. Please note that the Classic Trail is always closed for maintenance during the entire month of February each year.

### THE WILD ANDES TREK

Dragoman's Wild Andes Trek is a unique trekking route where you'll hike through pristine unspoilt Andean scenery, walking ancient Inca



Trails and passing by local communities. This trek is all about getting away from the overcrowded thoroughfares of the Classic Inca Trail and getting out into the real Andes - not to mention being part of a project which provides a genuine, direct benefit to the host communities we travel through, by supporting education, income generation and environmental sustainability projects.

The trek itself is about the same as the Classic Inca Trail in terms of length and difficulty, taking three to three and a half days and ascending to about 4,700m when you cross the highest pass. The scenery out here is truly magnificent, spectacular mountain peaks, verdant hillsides dotted by isolated villages and the odd llama and alpaca, you are unlikely to see another tourist here. Although you won't trek into Machu Picchu via the Sun Gate as on the Classic Trail, you will arrive to Machu Picchu well rested after a night in a comfortable hotel and ready to get the most out of the tour of this magnificent site.

**DISCOVER WHICH TRAIL IS RIGHT FOR YOU OR GIVE US A CALL ON +441728 861133, CONTACT US OR USE THE LIVE CHAT BOX BELOW!**

#### **About Sacred Valley:**

The valley of the Urubamba river is more often referred to as "The Sacred Valley". In the Peruvian highlands close to the Inca capital of Cuzco, the valley extends from the small market town of Pisac to Ollantaytambo, nestling at the foot of the Andean mountain ranges that are home to the magical lost Inca city of Machu Picchu.

Together with Machu Picchu itself, the Sacred Valley was a cradle of the Inca Empire and the area is littered with archaeological sites including the magnificent ruins of Pisac with its famous terraced fields, the old temple complex of Sacsayhuaman and the remarkably well-preserved Inca city of Ollantaytambo. Together with the temperate climate, lively markets, sleepy Andean villages and stunning surrounding landscape, the rich history of the area makes it a truly bewitching place.

### **Day 3: Inca Trail ( Sun 28 Jun )**

#### **Option 1 - Wild Andes Trek**

##### **Zurite to Amaruwatana**

After a hearty breakfast we leave Zurite and head towards Amaruwatana camp. The walk will take us through Qenteqentiyoc (the Hummingbird Temple), where we will visit and admire this Inca archaeological site. We will then follow the ancient path all the way to the top of our first pass at 4,400m, where we will have a dramatic view of both the Vilcabamba and Vilcanota mountain ranges. From here we start walking down on the way to our first camp in the Sambor Valley where we will spend the night camping.

Approximate walking time: 8hrs, Distance: 13kms, Meals provided: Breakfast, Lunch, Dinner

#### **Option 2 - Classic Inca Trek**



## **Ollantaytambo to Wayllabamba**

After breakfast, we catch a bus to Piscaycuscho and the start of the Classic Inca Trek - the railroad KM82 marker (at 2,700m altitude). Here we are joined by our crew of local porters and cooks. We will cross the bridge over the River Urubamba and following a trail along the left-hand shore of the river, enjoying stunning views of the snow-capped Mount Veronica (5,830m) and the Incan archaeological remains at Llactapata. Continuing through lush farmland and woodland, we gradually climb for approximately 5 hours to our first campsite at Wayllabamba (3,000m).

Approximate trekking time: 5-6hrs, Distance: 12kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### **Option 3 - Train Package**

Today is a free day to enjoy Cuzco, with its museums, churches, incredible colonial architecture, beautiful restaurants and a vast array of shops, selling textiles and handicrafts.

## **Day 4: Inca Trail ( Mon 29 Jun )**

### **Option 1 - Wild Andes Trek**

#### **Amaruwatana to Ancascocha**

We have an early start this morning, trekking for approximately 2 hours to reach the top of our second pass at 4,700m. From here we have fantastic views of the rock formations below us, and if we're lucky we may spot Andean ibises, caracaras, eagles or foxes up here!

After descending for approximately 2 hours, we arrive at a stunning highland valley with a glacial river named Kenqo Mayu (meaning "Zig-zag River") flowing down it - which makes an idyllic stop for lunch!

After lunch we will continue trekking downhill following the ancient trail, which leads us to our campsite in the Ancascocha area.

Approximate trekking time: 6-7hrs, Distance: 10kms, Meals provided: Breakfast, Lunch, Dinner

### **Option 2 - Classic Trek**

#### **Wayllabamba to Pacaymayo**

This is the most challenging day of the trek as we ascend a long steep path (approximately 4 hours) through Andean cloud forest and highland puna to reach the highest point of our trek, Warmiwañusca (meaning "Dead Woman's Pass") at a height of 4,200m. During our ascent, we can appreciate the wide variety of plant, flower and bird species supported by this unique eco-climate. On reaching the pass, our challenge is rewarded by an astonishing panoramic view of the Vilcanota and Vilcabamba mountain ranges. From here we descend for 2 hours into the Pacaymayo Valley (3,650m altitude) and to our second campsite.

Approximate trekking time: 6-7hrs, Distance: 11kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### **Option 3 - Train Package**

Today is a free day for you to enjoy Cuzco, with its museums, churches, incredible colonial architecture, beautiful restaurants and a vast array of shops selling textiles and handicrafts.

## **Day 5: Inca Trail ( Tue 30 Jun )**

### **Option 1 - Wild Andes Trek**

#### **Ancascocha to Ollantaytambo**

Today we will descend the narrow Silque Canyon, allowing us to observe its tall granite walls which are populated by a large variety of orchids and bromeliads, filling the environment with magnificent colours when they bloom. After crossing many little bridges we will reach the Camicancha area, where we stop at a magnificent volcanic viewpoint looking towards the snow-capped Mt. Veronica.

From here it is only a short trek to Chilca, where our trail ends. We'll be picked up by our vehicle and head to Ollantaytambo, taking a well-earned shower and rest at our hotel.

In the afternoon we will have an included guided tour around the incredible archaeological site of Ollantaytambo and its world-famous Temple of the Sun. Please note that we have the evening to ourselves in Ollantaytambo, our Guide will meet us in the morning. No Meals are included in Ollantaytambo.

Approximate trekking time: 5hrs, Distance: 12kms, Meals provided: Breakfast, Lunch

### **Option 2 - Classic Inca Trek**

#### **Pacaymayo to Wiñay Wayna**

Today we follow ancient stone paths and steps to ascend the well-preserved Inca remains of Runkurakay, Sayacmarca, and Phuyupatamarca (the "Town above the Clouds") where we can appreciate the Incas' complex architectural style and reverence of natural geography and beauty. Heading down the Andean slope, we reach our final night's camp by the Wiñay Wayna (meaning "Forever Young") ruins, with panoramic views of the valley below.

Approximate walking time: 8hrs, Distance: 16kms, Meals provided: Breakfast, Lunch, Dinner, Snacks

### **Option 3 - Train Package**

After being picked up from your hotel in the morning you will be driven to the fortress city of Ollantaytambo and our hotel for the night, the Tunupa Lodge. Here you will rejoin the Wild Andes Trekkers and your tour leader who will be arriving from their trek this afternoon.

## **Day 6: Cuzco, Machu Picchu ( Wed 01 Jul )**

### **Option 1 - Wild Andes Trek**

#### **Ollantaytambo - Machu Picchu - Cuzco**

Today we will have an early start to catch the train to the small town of Aguas Calientes. From there, we will take a bus up the winding mountainside to the legendary ruined city of Machu Picchu - one of the world's most iconic sights! We have a guided tour with our expert local guide and there will be plenty of free time to explore this magical place.

In the afternoon we will head back to Ollantaytambo and then on to Cuzco, where we return to our joining hotel at the end of a long but phenomenal day!

Meals provided: Breakfast

### **Option 2 - Classic Trek**

#### **Wiñay Wayna to Machupicchu**

Leaving Wiñay Wayna, we descend gradually further through the highland jungle to our destination - Intupunku (the "Sun Gate") leading into Machu Picchu. Arriving at daybreak, we catch our first breathtaking view of this historical wonder. As with the Wild Andes Trek, our local guide will show us the most important constructions as well as explain the history and the mythology of this magnificent place. There is also some free time to explore the ruins further at your own pace or just chill out and watch the hummingbirds or vizcachua. In the afternoon we head back down to Aguas Calientes and take the train back to Ollantaytambo and return to Cuzco for a well-deserved rest.

Approximate walking time: 2hrs, Distance: 4kms, Meals provided: Breakfast, Snacks

### **Option 3 - Train Package**

After an early breakfast and walk to the train station, your stunning 2 hour train ride to Aguas Calientes begins. The journey takes you through several different micro-climates, past Inca terraces, lookout posts, ancient river bank reinforcements and small towns. You will get a glimpse of different temples and the beautiful Mount Veronica (5,750m). Passing through 8 tunnels, the train journey finally comes to an end in the busy pueblo, Aguas Calientes. From here you take a local bus that winds up the mountainside for about 30 minutes until you arrive at the entrance to Machu Picchu (2,400m), the awe inspiring 'Lost City of the Incas'. The guide will take you around the immense, mystical ruins for about 2 hours to 2 hours 30 minutes, explaining the rich history of the ancient site. Afterwards, you will have time to explore on your own before returning down the mountain to Aguas Calientes.

In the afternoon you will catch a train from Aguas Calientes to Ollantaytambo and a private transfer will take you back to your hotel in Cuzco.

Meals provided: Breakfast



### About Machu Picchu:

Machu Picchu is a world-famous 15th-Century Inca citadel perched 2,430m above sea level on a mountain ridge above the Sacred Valley. One of the historical highlights of the world and a phenomenal icon of Peru, the ruins have been a UNESCO World Heritage site since 1983 and was voted on of the New Seven Wonders of the World in 2007.

Machu Picchu was most likely built as an estate for the Inca emperor Pachacuti (1438–1472), and is thought to have been built in around 1450 but abandoned after the Spanish conquest in the 1530s. Although the city remained known about by the local Quechua people, it was undiscovered by the Spanish during the colonial period and remained unknown to the outside world until American historian Hiram Bingham discovered it and brought it to international attention in 1911.

Machu Picchu was built in the classical Inca style with intricately-designed dry-stone walls built without mortar - it has three primary structures: the Inti Watana, the Temple of the Sun, and the Room of the Three Windows. Most of the outlying buildings have been reconstructed and restored, and the iconic steep mountain of Huayana Picchu looms over the site. The city consists of more than 200 buildings, from houses to temples, storage buildings and public spaces. It's fascinating to be able to gaze down on the city from above and imagine how it would have looked during the height of the Inca empire.

A visit to Machu Picchu is a major highlight of any adventure tour to Peru. A genuinely magical place, catching your first glimpse of the Inca city through the early morning mist is definitely a moment you'll never forget.

Discover which of our [Inca Trails to Machu Picchu](#) is the right one for you!

### Day 7: Cuzco ( Thu 02 Jul )

Today is a free day to relax after the treks, further explore the historical city of Cuzco, and take part in some optional activities around the city.

Activity	Approximate Cost
Take part in a Peruvian cooking class in Cuzco, learning how to make a variety of local dishes	USD 79
Take a Spanish class in the beautiful city of Cuzco (suitable for all levels)	PEN 20

### Day 8: Puno ( Fri 03 Jul )

Today we will leave Cuzco and head through the highlands of Peru to the town of Puno, on the shores of Lake Titicaca.

In Puno we will stay in a local hotel.

Estimated Drive Time - 6-7 hours (please note that all drive times given here are the approximate number of hours that the truck will be in motion only, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors - flexibility is essential on any overland trip!).

### Activity

### Approximate Cost

Boat trip to the floating islands on Lake Titicaca

Free

### About Puno:

Located on the shores of Lake Titicaca in the south eastern region of Peru is the small town of Puno. The town is a melting pot of Aymara and Quechuan Indian cultures and traditional Andean customs are still strongly represented here. Lake Titicaca is the highest navigable lake in the world, and a mythical expanse of deep blue waters dotted with islands, some of which are still home to communities who have been living in the same way for hundreds of years.

## Day 9: Isla Del Sol, Copacabana ( Sat 04 Jul )

**Border information:** Exit Peru at Yunguyo, enter Bolivia at Kasani.

This morning we will cross into Bolivia and head to the lakeside town of Copacabana, before boarding a boat to the stunning island of Isla del Sol.

In Isla del Sol we will stay in a basic local hotel.

Estimated Drive Time - 3-5 hours.

### About Isla Del Sol:

Isla del Sol is a serene and peaceful island set in the glittering Lake Titicaca off the shore of the Bolivian village of Copacabana. The island was famous in Inca mythology as the supposed birthplace of the sun-god Inti - a legend that is still told by many of the modern-day Aymara and Quechua peoples of the area.

There small ancient ruins dotted on the island, as well as tiny traditional villages and beautiful walking routes. You can take a boat trip to the island and wander through its atmospheric landscape, exploring the island's dry slopes covered with sweet smelling incense brush, or hike over the ancient pampas which are still cultivated by the island families.

### About Copacabana:

Copacabana, Bolivia, is quite different from the famous Brazilian beach that shares its name, but both are wonderful destinations to visit!

It is a picturesque small town on the shores of Lake Titicaca, centred around its small whitewashed square which is home to a

pleasant Moorish-style cathedral. At sunset there is no better place to be than sat at one of the many simple local fish restaurants on the shoreline, watching the sun slip down behind the horizon.

## Day 10: Copacabana, Isla Del Sol ( Sun 05 Jul )

Today we will take an included day trip across Isla del Sol in Lake Titicaca, one of the holiest sites in ancient Inca mythology and supposedly the birthplace of the Sun God Inti. We will take a 14km walk across the length of the island, taking in the incredible and serene scenery and soaking up the calm atmosphere of the island (this walk can be skipped by anybody who does not want to do it).

We will return to Copacabana for the evening.

In Copacabana we will stay in a basic local hotel.

### Activity

### Approximate Cost

Take a boat to Lake Titicaca's Isla del Sol

Included in Kitty

## Day 11: La Paz ( Mon 06 Jul )

Today we will drive to the famous city of La Paz, Bolivia's seat of government and the highest administrative capital in the world! On arrival we will have a guided tour to explore the city.

In La Paz we will stay in a good hotel in the historical centre.

Estimated Drive Time - 4-5 hours.

### Activity

### Approximate Cost

Take a guided tour of the main sights and viewpoints around La Paz

BOB 150

### About La Paz:

Bolivia's largest city of La Paz is spectacularly located lying huddled in a canyon basin, hiding from the harsh conditions of the surrounding altiplano. It is a fascinating city - the old town and more expensive neighbourhoods at the bottom of the canyon in the centre, surrounded by sprawling shanty-towns which extend up the slopes of the bowl, merging into the huge Aymara district of "El Alto" back on the plains, a suburb of La Paz that has grown to be a city in its own right.

The city skyline is dominated by the snow-capped peaks of Mount Illimani, a staggeringly beautiful backdrop that leaves many visitors stunned when they catch their first glimpse of the city as they descend into the canyon. The old town is full of markets and winding cobbled streets full of people in traditional Aymara clothing selling anything and everything you could ever think of, including dried llama foetuses on sale in the witch's market!

There are plenty of other activities to do in La Paz, including the



famous downhill bike ride through the Yungas on the 'world's most dangerous road'!

## Day 12: La Paz ( Tue 07 Jul )

**Border information:** if you are joining in La Paz, you will most likely enter Bolivia at La Paz El Alto International Airport (IATA code: LPB).

Welcome to La Paz, Bolivia's seat of government and the highest administrative capital in the world! There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in La Paz before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring La Paz.

**A note on altitude:** If you are joining in La Paz, we strongly recommend arriving at least 24 hours before the trip begins to allow additional time to acclimatise.

In La Paz we will stay in a good hotel in the historical centre.

Hotel for the night: Estrella Andina

**Estrella Andina**

Avenida Illampu 716

Zona El Rosario

La Paz

Bolivia

Tel - +591 2245 6421

## Day 13: La Paz ( Wed 08 Jul )

Today we have a free day to enjoy La Paz

In La Paz we will stay in a good hotel in the historical centre.

Activity	Approximate Cost
Downhill "gravity assisted" mountain biking from La Paz to Coroico	USD 125
Guided tour to explore Tiahuanacu Inca Ruins	BOB 220
Take a trip out to the mountain resort of Chacaltaya and the other-worldly landscape of the Moon Valley near La Paz	BOB 130
Take a guided tour of the main sights and	BOB 150

viewpoints around La Paz

Discover Bolivia's history, art, and culture in some of La Paz's many museums such as the San Francisco Museum and the Museum of Ethnography BOB 20

## Day 14: Potosí ( Thu 09 Jul )

Today we will leave La Paz behind and head to the colonial mining town of Potosí, the highest town in the world, and once famous for the area's abundance of silver!

Tomorrow morning will be free to explore Potosí, and there will be a chance to visit the infamous silver mines of Cerro Rico near to the town.

In Potosí we will stay in a friendly local hotel.

Estimated Drive Time - 530km / 9 hours (please note that all drive times given here are the approximate number of hours that the truck will be in motion only, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors - flexibility is essential on any overland trip!).

Activity	Approximate Cost
Head down into the tunnels of the Potosi silver mine	BOB 110
Visit the the Casa de la Moneda museum in Potosí, to learn all about its colonial past and the silver that once flowed from the area	BOB 60

### About Potosí:

Potosí is a colonial mining town, founded in the 16th Century after the Spanish discovered huge silver deposits in the nearby Cerro Rico mountain. Situated at over 4,000m altitude, high up on the Bolivian altiplano, the city can claim to be one of the highest in the world.

Whilst in Potosí you can arrange to visit a mine that is still being worked, which offers a challenging and yet fascinating insight into how mining has shaped the history and culture of this town. Entering a dark maze of tunnels you will descend to four levels below, down to the work face where miners use hammers, chisels and dynamite, more reminiscent of the 1800s than the 21st Century, to dig out the remaining metal. Most of the silver here is long gone - it's tin the miners are looking for now. If you do choose to head down into the

mines it's become a custom to take the miners gifts of dynamite, fuses and coca leaves in exchange for their stories of how their working conditions have not changed in centuries. Life is harsh for all who work here, but the mines have now all been organised into co-operatives and so at least today the men have a say in their own future. You should note that visiting these primitive mines is not for everybody as it is pretty tiring, you will be in enclosed spaces and it can be dangerous.

Back in the city of Potosí itself, the winding streets are worth a wander. The town has a bit of an air of fading grandeur, many of it's beautiful colonial buildings and plazas having seen better days, but it's a fascinating place to explore nevertheless. You can also visit the "Casa de la Moneda", the old mint, which is a great place to learn more about Potosí's history and the story of the mines.

## Day 15: Uyuni ( Fri 10 Jul )

Today we will spend the morning in the village community stay of Salinas de Garci Mendoza before continuing our drive to Uyuni, the gateway to the incredible salt flats of the Salar de Uyuni.

In Uyuni we will stay in a friendly hotel, famous for serving the highest pizzas in the world!

Estimated Drive Time - 2-3 hours.

### About Uyuni:

Arriving in Uyuni feels a bit like you've reached the end of the road, which in many ways is true. This remote small town sits on the edge of the high altiplano, a wilderness that extends for hundreds of kilometres towards the border with Argentina and Chile - so it's hardly surprising that the town can have a bit of a wild-west feel about it.

Uyuni is of course best known for being the gateway to the Bolivian salt flats known as the "Salar de Uyuni". Also nearby is the Train Cemetery, a graveyard for the carcasses of old steam engines that have been left here to rust - an other-worldly and eerie sight set in the bright altiplano sunshine against the background of the distant Salar.

## Day 16: Salar De Uyuni ( Sat 11 Jul )

Today we will venture out onto the salt flats of the Salar de Uyuni, spending a full day exploring this phenomenal location by jeep and on foot. En route we will explore the nearby train graveyard and the cactus-filled 'Fish Island', and take all the time we need to get plenty of perspective-bending photographs!

### Activity

Take jeeps out onto the dazzling Uyuni Salt Flats

### Approximate Cost

Included in Kitty

### About Salar De Uyuni:

The Salar de Uyuni is a truly unforgettable sight, and a landscape quite unlike anything you'll have seen anywhere else in the world! The Salar de Uyuni is a dazzling dry lake of over 12,000 sq. kms, made of blinding white interlocking salt crystals. It is the world's largest salt pan, and is a bright white expanse that stretches as far as the eye can see - when there's a little bit of water on the flats, it reflects the bright blue sky of the altiplano perfectly, acting like a mirror and making the horizon disappear!

## Day 17: Bolivian Altiplano ( Sun 12 Jul )

Today we will head off across the wilds of the Altiplano, a surreal and desolate desert landscape that stretches all the way into Chile. We will make plenty of stop for photographs on the way and at the end of the day we aim to cross the border into Chile, making camp soon afterwards.

Tonight we will bush camp in a remote spot with no facilities!

Estimated Drive Time - 7-8 hours.

### Activity

### Approximate Cost

Take the epic journey across the Altiplano - an incredible high-altitude adventure through a surreal desert landscape, taking in bizarre rock formations and stunning lakes.

Free

### About Bolivian Altiplano:

The high Altiplano stretches hundreds of kilometres from the small town of Uyuni out across the borders with Argentina and Chile. This is real wilderness - there are no roads up here, just a few tracks to follow, and you're more likely to see a flamingo or llama than another human being!

The only way to cross the altiplano is by travelling in a specialist expedition vehicle like one of our overland trucks. The crossing is an adventurous one - travelling across the high-altitude dirt tracks can be challenging and rough, and the trip from Uyuni to San Pedro De Atamcama normally takes a couple of days - but it's without a doubt one of the most unforgettable journeys you'll ever make, as the landscape here is out of this world. Wild and remote, the high altiplano is made up of barren semi-desert open plains dotted by streams and lakes, many of which appear vividly coloured due to the mineral deposits in the water. The lakes are flanked by the impressive volcanic peaks of the high Bolivian Andes, which are awe-inspiringly beautiful and undoubtedly some of the most spectacular mountain scenery you'll ever see.

You'll also pass a few remote villages, inhabited by Quechua farmers who try their best to eke out a living up here from the rough pasture, grazing a few llamas and alpacas. The altitude here is considerable and it can be very cold and windy. When travelling here you should be



prepared for the cold temperatures, and it is worth making sure you have a really good quality sleeping bag.

## Day 18 to 19: San Pedro De Atacama ( Mon 13 Jul to Tue 14 Jul )

Border information: Exit Bolivia and enter Chile at Ollague

After breakfast we will break camp, and drive through the stunning Reserva Nacional Alto Loa on the Chilean part of the Altiplano, stopping off en route for photographs. Afterwards descending down to San Pedro de Atacama.

Estimated Drive Time - 7-8 hours.

On the following day we will have a free day to explore the incredible highlights of the Atacama desert surrounding San Pedro. In the evening we will take an included trip out to the extraordinary Moon Valley, where we will hopefully see an incredible sunset. At night we will also have the chance to go stargazing, in one of the world's premier regions for astronomy (please note that this is only possible when there is not a full moon).

In San Pedro de Atacama we will stay in a centrally located hostel.

Please note: The weather in this region can be unpredictable and has been known to close the road to the border. On these occasions we will take an alternate route across the Altiplano, crossing into either Chile or Argentina at a different border point. Your Tour Leaders will keep you informed of any changes that may be necessary.

**Special Event Notice:** On 2nd July 2019 there will be a Solar Eclipse. Trip code: ZZB190626B departing La Paz on 26th June 2019, will experience a 77% eclipse during their stunning day drive across the Altiplano towards San Pedro de Atacama.

Activity	Approximate Cost
Explore the dramatic landscape of the Moon Valley	Included in Kitty
Observe the night skies at a Chilean observatory	CLP 20000
Experience the incredible El Tatio geysers in the mountains high above the Atacama Desert	CLP 30000
Hire a bike to explore the incredible deserts surrounding San Pedro de Atacama at your own pace	CLP 5000

Discover the incredible deserts of San Pedro on horseback	CLP 13500
Visit the incredible salt plains of the Salar de Atacama, and take a swim in the salty pools of Laguna Cejar	CLP 15000
Take a tour of the stunning Lagunas Altiplánicas, backdropped by the incredible deserts and volcanic scenery of the region	CLP 35000
Relax in the blissful natural volcanic hot springs of Puritama, in the hills above San Pedro	CLP 15000
Discover some of the interesting ancient ruins near San Pedro, and the artifacts found in the area, on an archaeological tour	CLP 25000
Head out for an exciting sand-boarding excursion in the sand dunes of the Atacama Desert	USD 30

### About San Pedro De Atacama:

San Pedro is a small oasis town in the Atacama desert in northern Chile. It's a quirky little place - low-lying adobe buildings line the narrow streets, leading to a sleepy tree-lined plaza that's home to a pretty white-washed church and a fascinating small museum with some interesting mummies and various other Indian artifacts.

Pleasant though the town is, the real attraction here is the phenomenal surrounding landscapes and scenery. Perhaps most well known is the unusual desert landscape of "Moon Valley", just a short distance outside San Pedro, where other-worldly rock formations, unusual layer-cake landscapes and huge dunes combine to create some incredible views. The sunsets here can be amazing, the changing light turning the stone and sand a kaleidoscope of different colours, so the end of the day is definitely the best time of day to visit.

There are a whole host of other activities on offer here, from star-gazing and visiting the Atacama salt flats, to horse-riding and mountain-biking in the surrounding countryside. The town itself is also a pleasant place just to kick-back and relax, with some good bars and restaurants thanks to the developing tourist-trade.

### Day 20: Purmamarca ( Wed 15 Jul )

**Border information:** Exit Chile at Paso Jama, enter Argentina at Paso

Jama.

Today we will have a long drive day to cross the mighty Andes, cross the border into Argentina, and reach the beautiful village of Purmamarca next to the aptly-named 'Hill of Seven Colours'

In Purmamarca we will camp in a local campsite.

Estimated Drive Time - 8-10 hours.

#### **About Purmamarca:**

The tiny and atmospheric town of Purmamarca is stunningly located in the Quebrada de Purmamarca valley in the far northwest of Argentina at the base of the Andes. It is a beautiful desert village which is nestled in the spectacular valley opposite the Cerro de los Siete Colores (Hill of the Seven Colours), a colourful rainbow-coloured mountain face.

### **Day 21: Salta ( Thu 16 Jul )**

Today we will drive to the beautiful colonial city of Salta, where we will have time to freely explore on arrival.

In Salta we will stay in a local hotel or guesthouse.

Estimated Drive Time - 3-4 hours.

#### **About Salta:**

Salta is an attractive town in the north west of Argentina. Nicknamed "Salta la Linda" (or "Salta the Beautiful"), the city is well known as being a stunning town in a beautiful area. Home to some fantastic colonial architecture, the old town centres around the main plaza which is lined with cafes and restaurants, a great place to independently explore and soak up the serene Argentine atmosphere.

To get a better view of the city and surrounding area you can take a cable-car from Parque San Martín up to the Cerro San Bernardo viewpoint overlooking the city, and the many churches and the cathedral are also worth a visit. Salta is also home to some fantastic museums, making it a good place to learn a bit more about Argentinian history and culture.

### **Day 22: Salta ( Fri 17 Jul )**

Today we will have a free day to explore the town of Salta, visit its many museums, or explore the beautiful surrounding hills on foot or by mountain bike. We will also have the chance to take the cable car to the viewpoint on San Bernardo Hill overlooking the town, taking in some of the incredible mountain scenery nearby.

#### **Activity**

#### **Approximate Cost**

Time to explore the colonial city of Salta and local area

ARS 40

Take the cable car up to the top of San

ARS 200

Bernardo Hill, and take in the breathtaking views out over the city of Salta below

Explore the beautiful mountains and forests near Salta on a mountain biking trip    ARS 1300

### **Day 23: Salta ( Sat 18 Jul )**

Today we will have a short morning drive to a campsite in Cabra Corral, a small village south of Salta where we have the opportunity to go rafting or zip-lining!

Tonight we will continue our drive a short distance to wild camp in the stunning mountains nearby, or camp at the rafting base in Cabra Corral if preferred.

Estimated Drive Time - 2-3 hours.

<b>Activity</b>	<b>Approximate Cost</b>
Get the adrenaline pumping with some white water rafting in Salta	ARS 950
Fly through the stunning valleys above the Juramento river on an exciting 4-cable zip-lining course	ARS 750

### **Day 24 to 25: Cafayate ( Sun 19 Jul to Mon 20 Jul )**

Today we will drive through the spectacular rock formations of the Quebrada de las Conchas, and reach the serene town of Cafayate.

Estimated Drive Time - 4-5 hours.

This small unassuming town is the centre of one of Argentina's principal wine producing regions, famous for the quality of its Torrentes and Tannat wines! Over the next two days we will have the opportunity to go to a few of the vineyards nearby to see how the wine is made, and of course to try them!

In Cafayate we stay at a campsite with good facilities.

<b>Activity</b>	<b>Approximate Cost</b>
Discover the bodegas and stock up on wine in Cafayate	ARS 150
Visit the impressive rock formations of 'El Amphiteatro' and 'La Garganta del Diablo' en route through the primeval landscape of the Quebrada de las Conchas	Free



### **About Cafayate:**

Cafayate is a small town in north west Argentina, and is world-famous for its wine production. The surrounding vineyards produce some of the best quality wine in South America - Cafayate is particularly renowned for its Torrontes, a distinctive and crisp white wine that is typically Argentinian and similar in style to a Sauvignon Blanc or Pinot Grigio.

Cafayate itself is small and has a sleepy laid-back feel, although it can become busy during Argentinian holiday periods. Many of the local bodegas offer tastings and tours of their wine cellars which can be easily organised while you are here. Also worth seeking out is the local ice-cream parlour, which together with the more usual flavours also offers red and white wine ice-cream!

### **Day 26: Recreo, Quilmes Ruins ( Tue 21 Jul )**

Today we will drive south over some more spectacular mountains and arrive in the lush flat pampas that Argentina is famous for. We will visit the ancient ruins of the indigenous city of Quilmes en route.

Tonight we will aim to wild camp en route or stay in a basic campsite in the town of Recreo.

Estimated Drive Time - 7-8 hours.

#### **Activity**

#### **Approximate Cost**

Visit the Quilmes ruins

Included in Kitty

### **About Quilmes Ruins:**

The ruins of the city of Quilmes are located on a remote hillside in the Tucumán province in north west Argentina. The people of Quilmes were an indigenous tribe who inhabited this area as far back as 850 CE, fiercely resisting attempted Inca invasions in the 15th and 16th Centuries and even holding out against the Spanish for over 100 years before finally succumbing to a siege led by the colonial powers in 1667. After the siege, the Spanish took the area over and deported the few surviving indigenous people to a 'reservation' close to Buenos Aires. The 2000 remaining Quilmes Indians were forced to make this 1500km journey on foot, causing many to die along the way.

The ruins of the city are the largest and most important pre-Columbian site in Argentina - at its height the city would have housed nearly 5000 people, however today there are only a handful of Quilmes' descendants left in Tucumán.

### **Day 27 to 29: Estancia ( Wed 22 Jul to Fri 24 Jul )**

Today we drive to a unique Anglo-Argentine Estancia, where we will stay for 3 nights.

Estimated Drive Time - 4-5 hours.

During our time at the Estancia, we will head out horseback riding,

taste the excellent wines produced by their vineyards, be entertained by a local musician, learn some of the skills of the gauchos, and enjoy a traditional asado (Argentine BBQ). This is a magical experience in a beautiful and atmospheric location, and many people's highlight of the trip!

*Please note that some of these activities are subject to weather conditions. Please also note that there is a strict weight limit of 15 stone (210lbs) or 95kg to partake in the horse riding - if you should weigh more than this, then unfortunately you will not be able to participate in the horseback riding.*

In the Estancia we will camp with facilities in the grounds near the main house.

**Special Event Notice:** On 2nd July 2019 there will be a Total Solar Eclipse. Trip code: ZZB190616B departing La Paz on 16th June 2019, will experience a 98% eclipse during their stay at our fabulous Estancia!

### Activity

### Approximate Cost

Spend 3 unique days at an Anglo-Argentinian estancia to experience the Gaucho way of life

Included in Kitty

### About Estancia:

To the east of the Andes in the centre of Argentina is the country's second major city, Córdoba. Rising just to the west of the city are the beautiful rolling hills of the Sierra de Córdoba, where we spend three nights at a unique Anglo-Argentinian Estancia.

The Estancia has been in the same family for four generations, and is a working cattle ranch farming the prized Argentinian Aberdeen Angus cattle. Here we will sample the traditional hospitality of the Anglo-Argentinian ranching community. An asado (Argentinian BBQ) will be enjoyed on one of our nights here, as well as an evening of traditional music, a chance to try lassoing and wine tasting featuring some of the local produce. Daily horse riding excursions will also be arranged to ride through the hills on the fabulous horses and even completely inexperienced riders will feel like gauchos in a short time.

*Please note that these activities are subject to weather conditions. Please also note that there is a strict weight limit for all riders of 15 stone (210 lbs, 95 kg) to ensure the horses' well-being. If you are heavier than this weight you will unfortunately be unable to ride.*

## Day 30: Buenos Aires ( Sat 25 Jul )

Today we will have a full day drive to the wonderful city of Buenos Aires, the capital of Argentina.

In Buenos Aires we will stay in a centrally-located hotel.

Estimated Drive Time - 11-12 hours.

### About Buenos Aires:

At the mouth of the River Plate estuary (where the Uruguay and Paraná rivers flow out into the Atlantic Ocean) lies the fabulous city of Buenos Aires, the cosmopolitan capital of Argentina. It's a buzzing, energetic city that often feels more European than Latin American, so much so that it's often referred to as "the Paris of the South".

There is a huge amount to do see and do here, and it's a fantastic city to explore on foot and using the extensive metro system. Some areas to check out include San Telmo, a bohemian district full of charm, antique shops, street markets, and some excellent bars; Palermo, with its fantastic restaurants and nightlife; and Recoleta, the "Mayfair" of Buenos Aires and home to the La Recoleta cemetery, Eva "Evita" Perón's final resting place. The waterfront area known as La Boca is also worth exploring, a very photogenic district with its ramshackle buildings being painted in a rainbow of different bright colours.

Everywhere you go you'll be surrounded by some fantastic architecture. The Plaza de Mayo is perhaps the most historically interesting, as this is the site of the Cabildo (original town hall), Casa Rosada (the Presidential Palace) and the cathedral where the body of General San Martín lies.

In the evenings, you are spoilt for choice - Buenos Aires has a vibrant nightlife, with a huge number of bars and night clubs to choose from. Restaurants here vary from cheap and cheerful to world class, and it's a great place to get stuck into some of Argentina's finest steak and red wine. Of course this is also the home of Tango, and there are many evening Tango shows you can buy tickets for or even take a dancing class yourself!

## Day 31: Buenos Aires ( Sun 26 Jul )

Today is a free day to explore the incredible city of Buenos Aires, soak up the atmosphere of its streets, and discover its amazing culture, art, and music.

Activity	Approximate Cost
Explore cosmopolitan Buenos Aires, the coolest city in South America	ARS 250
Enjoy a free city tour of Buenos Aires	Free
Head out to a tango show in Buenos Aires' oldest cafe, the Gran Cafe Tortoni - seeing a slice of iconic Argentine culture in an ideal and intimate setting	ARS 450
Visit the strangely beautiful cemetery of Recoleta, the final resting place of many ex-presidents and Argentine icons, most famously including the tomb of Eva Peron	Free

Try your hand at the art of tango dancing with a private lesson in Buenos Aires USD 25

Freely explore the cosmopolitan Argentina capital of Buenos Aires, or take a free walking tour of the city's highlights Free

See a different side to Buenos Aires on a tour of its incredible street art with some of the local artists USD 20

Learn all about the cuisine of Argentina on a food tour of Buenos Aires, visiting several incredible local top-class eateries that you won't find in the guidebooks! USD 85

Try some of Argentina's most delicious wines on a top-level wine tasting afternoon in Buenos Aires USD 52

## Day 32: Buenos Aires ( Mon 27 Jul )

**Border information:** if you are joining in Buenos Aires, you will most likely enter Argentina at Buenos Aires Ministro Pistarini International Airport, also known as Ezeiza Airport (IATA code: BUE/EZE).

Welcome to Buenos Aires, the wonderful capital of Argentina! There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that many of the options listed below will only be possible for those with extra time in Buenos Aires before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Buenos Aires.

In Buenos Aires we will stay in a centrally-located hotel.

Hotel for the night: Hotel Mundial

### **Hotel Mundial**

Avenida de Mayo 1298 - 1085

Buenos Aires

Argentina

Tel: +54 11 5254 0001

## Day 33: Buenos Aires ( Tue 28 Jul )

Today will be a free day to explore the incredible city of Buenos



Aires, soak up the atmosphere of its streets, and discover its amazing culture, art, and music.

<b>Activity</b>	<b>Approximate Cost</b>
Explore cosmopolitan Buenos Aires, the coolest city in South America	ARS 250
Enjoy a free city tour of Buenos Aires	Free
See a different side to Buenos Aires on a tour of its incredible street art with some of the local artists	USD 20
Head out to a tango show in Buenos Aires' oldest cafe, the Gran Cafe Tortoni - seeing a slice of iconic Argentine culture in an ideal and intimate setting	ARS 450
Visit the strangely beautiful cemetery of Recoleta, the final resting place of many ex-presidents and Argentine icons, most famously including the tomb of Eva Peron	Free
Try your hand at the art of tango dancing with a private lesson in Buenos Aires	USD 25
Learn all about the cuisine of Argentina on a food tour of Buenos Aires, visiting several incredible local top-class eateries that you won't find in the guidebooks!	USD 85
Try some of Argentina's most delicious wines on a top-level wine tasting afternoon in Buenos Aires	USD 52

## **Day 34: Yapeyú ( Wed 29 Jul )**

Today we have a full day drive north through the provinces of Entre Rios and Corrientes, aiming to reach the beautiful village of Yapeyú on the banks of the River Uruguay. Yapeyú is very famous amongst Argentines for being the birthplace of their national hero General Jose de San Martin, one of the liberators of South America from Spanish colonial rule.

In Yapeyú we will stay in a municipal campsite.

Estimated Drive Time - 10 hours (please note that all drive times given here are the approximate number of hours that the truck will be in

motion only, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors - flexibility is essential on any overland trip!).

## Day 35: Foz do Iguaçú ( Thu 30 Jul )

**Border information:** Exit Argentina at Tancredo Neves, enter Brazil at Tancredo Neves.

Today we cross the border into Brazil and drive to the city of Foz do Iguacu.

In Foz do Iguacu we will camp in the grounds of an excellent hostel out of town, with good facilities and a pool.

Estimated Drive Time - 7-8 hours.

### About Foz do Iguaçú:

Foz do Iguaçú (meaning "Mouth of the Iguazu River") is the Brazilian town nestled against the double-border with Argentina and Paraguay. The town is of course most famous as the base for exploring the incredible Iguazu Falls, and the Brazilian side of the waterfalls offers visitors a very different perspective - there are a number of cleverly constructed walkways that allow you to get right out over the water up close to some of the falls themselves, and you will often be able to see fantastic rainbows forming as the sun catches the spray.

For the ultimate waterfall viewing experience, you can also organise helicopter flights from the Brazilian side, where you'll be taken out right over the falls to give you a breathtaking view of this natural wonder from a totally different perspective. There is also a fantastic bird park in Foz, where you can see many of Brazil's native species including toucans and macaws.

You can also visit the incredible Itaipu Dam, the world's second-largest dam (after the Three Gorges Dam in China) that stretches across the River Parana between Brazil and Paraguay, and a marvel of modern engineering.

## Day 36: Foz do Iguaçú, Iguazu Falls ( Fri 31 Jul )

Today we will visit the Brazilian side of the phenomenal Iguazu Falls, to get some incredible panoramic vistas of the mighty waterfalls. There is also plenty of time to visit the bird park, take a helicopter ride over the falls, see the incredible Itaipu Dam, or quickly stop into Paraguay to pick up some bargains in the nearby Ciudad del Este.

### Activity

### Approximate Cost

Visit the colossal Itaipu Dam, the second largest hydroelectric dam in the world

BRL 68

Visit the Parque das Aves bird park near Foz do Iguazu, a wonderful conservation project which provides an excellent home to over 1000 iconic birds from the region such as toucans, macaws and eagles

BRL 36

Take an exhilarating speed boat ride around the base of the falls from the Brazilian side

BRL 66

Take an unforgettable 10-minute helicopter flight over the Iguazu Falls, enjoying a bird's eye view of one of the world's most incredible set of waterfalls

USD 125

### About Iguazu Falls:

The Iguazu Falls, located on the Iguazu River between Argentina and Brazil, is the world's largest waterfall system and one of the most spectacular natural sights in the world!

The name "Iguazu" originates from the native Guarani words "y" (meaning "big") and "uasu" (meaning "water") - the Guarani legend says that the falls were created when a deity wanted to a beautiful mortal woman, but when she tried to escape away from him in a canoe with another man the deity sliced the river in two, condemning the water and the lovers to fall for eternity.

Visitors can see the Iguazu Falls from both sides of the border - on the Argentinian side there are miles of trails and walkways through the forests and the many waterfalls along the southern banks, culminating in a kilometre-long walkway to the phenomenal "Garganta del Diablo (meaning "Devil's Throat"), the largest and most powerful section of the waterfall system. Millions of gallons of water thunder down violently to the bottom of the huge ravine, forming the most incredible display of power, rainbows, and spray! In the surrounding dense tropical jungle there are many varieties of brightly coloured butterflies and birds, and you can take an exhilarating motorboat ride up close to some of the waterfalls (if you don't mind getting soaked!).

### Day 37: Iguazu Falls, Foz do Iguazu ( Sat 01 Aug )

Today we will take a day trip back into Argentina to see the incredible Iguazu Falls from the other side. This is well worth doing as the views are even more spectacular, and you'll be able to look right down into the mighty Garganta del Diablo (the largest waterfall here) from a gantry walkway viewing point). We will have a full day at the Argentine side of the falls, allowing us lots of time to freely explore the site, hike some nature trails, or perhaps take an exhilarating (and very wet) boat ride!

We will return to our base in Foz do Iguacu tonight.

#### Activity

#### Approximate Cost

2 full days to discover the unbelievable Iguazu Falls

Included in Kitty

## Day 38: Bonito ( Sun 02 Aug )

Today we have a full drive day north to the Brazilian eco-tourism capital of Bonito.

In Bonito we will camp in the grounds of an excellent hostel with a pool and good facilities.

Estimated Drive Time - 11-12 hours.

### About Bonito:

The small town of Bonito in the southern Brazilian state of Mato Grosso do Sul is perfectly located in a beautiful and unique area. The area's main attractions are the crystal clear rivers, springs and the stunning caves, not to mention the abundant wildlife, which includes monkeys, alligators, anacondas, over 30 varieties of fish and tremendous birdlife.

Unsurprisingly, the town is often described as the "eco-tourism capital of Brazil". There are endless activities on offer, from spectacular walks through the surrounding hills and forests, to caving, horse-riding, abseiling, and snorkeling. Many of the best attractions are on private land and the area is being very carefully managed in order to protect the wildlife and habitats found here.

## Day 39 to 40: Bonito ( Mon 03 Aug to Tue 04 Aug )

We have two full days in Bonito to take part in the plethora of incredible optional activities here. You could go out on a world-class snorkelling trip, explore the nearby caves, or go abseiling down some of the largest waterfalls in the area, amongst many other possibilities!

### Activity

### Approximate Cost

Caving, rafting and snorkeling in the waters of Bonito

BRL 30

Abseil down the Boca da Onça waterfall (meaning 'Jaguar's Mouth'), the largest waterfall in the state of Mato Grosso do Sul

BRL 499

Visit the phenomenal Buraco das Araras, one of the world's largest sink-holes and a natural aviary of macaws and toucans

BRL 75

Visit the stunning São Miguel Caves near Bonito

BRL 50



Hire a mountain bike in Bonito to freely explore the incredible countryside of Mato Grosso do Sul USD 20

Go on a stunning sunset horse ride around the beautiful countryside around Bonito BRL 80

Take a trek through the stunning areas surrounding Bonito, visiting some of the beautiful nearby waterfalls BRL 50

Head on an unforgettable trip to Abismo Anhumas, an incredible day out where you abseil through a fissure into a colossal underground cavern, and snorkel in the lake at the bottom BRL 760

Visit the ethereal and other-worldly Blue Lake Cave near Bonito, an underground lake with an incredibly vivid shade of blue BRL 95

Take an incredible snorkelling trip through the crystal clear waters of the Rio da Prata, getting a phenomenal view of the fish and aquatic plants underwater BRL 278

2 full days to enjoy Bonito, Brazil's ecotourism capital BRL 135

## Day 41 to 42: Southern Pantanal ( Wed 05 Aug to Thu 06 Aug )

Today we have a short drive to Brazil's amazing Southern Pantanal region, where we have a visit a local eco-tourism ranch (or 'fazenda').

Estimated Drive Time - 3-4 hours.

We will spend 2 nights here and have a comprehensive package of included activities such as exploring the beautiful surrounding countryside on horseback, trips down the wildlife-abundant rivers in boats and canoes, and safaris on the ranch's trucks and on foot where we hope to spot capybaras, caimans, and (if we are very lucky) jaguars and ocelots. Our stay here is an incredible highlight!

In the Southern Pantanal we will stay in dorm accommodation in a well equipped lodge with all the meals and activities included.

### Activity

### Approximate Cost

2 night wildlife safari into the Pantanal

Included in Kitty

### About Southern Pantanal:

The Pantanal is a vast wetland that covers much of inland central and southern Brazil - it is formed of a huge gently-sloping depression surrounded by rolling highlands, so the water from thousands of small rivers runs off from the highlands to collect in the basin before draining out into the Paraguay River. The Pantanal was a predominantly agricultural area, dotted with cattle ranches known locally as "Fazenda" - having realised the importance of their home as a unique habitat for wildlife, many of the Fazendas have opened up for eco-tourism in recent years and offer safaris and tours of the area.

The wildlife here is staggering, and there is probably nowhere else in South America where you'll be able to see as many indigenous species. There are over 250 different species of birds that have been recorded here, including parakeets, macaws, owls, kingfishers, ibis, storks, kites and hawks, hummingbirds and more, and there are prolific numbers of caiman, anacondas, iguanas, two species of anteaters, ocelots, jaguars, tapirs, giant river otters and thousands of marsh deer. One of the easier animals to spot is the capybara, a giant guinea-pig-type rodent that grows up to 60 kgs and lives in large herds in the swamps.

## Day 43: Campo Grande, Southern Pantanal ( Fri 07 Aug )

After our morning activities and one final lunch in our beautiful ranch, it is time to leave the Pantanal. We will start driving east towards Sao Paulo state, and wild camp towards the end of the day.

Estimated Drive Time - 5-7 hours.

## Day 44: Brotas ( Sat 08 Aug )

Today we will drive to the remote town of Brotas in southeastern Brazil.

In Brotas we will stay at a campsite with good facilities.

Estimated Drive Time - 8-10 hours.

## Day 45: Brotas ( Sun 09 Aug )

Today is free to take part in optional adventure activities such as white water rafting or canyoning, or to simply relax by the pool!

### Activity

### Approximate Cost

Head out white-water rafting on the fast moving waters of the Jacare River (approximately Grade 3-4)

BRL 150

Float down the Jacare on a fun tubing trip down the River Jacare near Brotas BRL 100

Head out on a half-day canyoning trip through the gorges of the Jacare River near Brotas BRL 270

## Day 46 to 48: Paraty ( Mon 10 Aug to Wed 12 Aug )

Today we have a full day drive to the colonial town of Paraty on the Emerald Coast of the Atlantic!

Estimated Drive Time - 9-10 hours.

On our first full day in Paraty, we will have an included boat trip around the incredible islands and beaches off the coast.

On our second day, we will have free time to explore the town, take a historical tour, walk along the stunning scenery of the coastline, head out snorkelling or diving, or simply relax on the idyllic beaches.

In Paraty we will camp at a well equipped campsite.

Activity	Approximate Cost
Go for a scuba diving trip in the incredible oceans around Paraty	BRL 250
Boat trip out to islands and beaches	Included in Kitty
Explore the ocean, islands, beaches, and mangroves of Atlantic coast in a more serene and tranquil fashion, on a sea kayaking expedition around the bay of Paraty	USD 40
Learn all about the fascinating history of Brazil and the Gold Trail, on an excellent walking tour of the old colonial town of Paraty	USD 35
Try your hand at stand-up paddle boarding by hiring a board from one of the many vendors at the Jabaquara beach in Paraty	BRL 35

### About Paraty:

Stretching west from the vibrant city of Rio de Janeiro is the spectacular Brazilian Emerald Coast, a dazzlingly-beautiful strip of land sandwiched between the verdant green hills and the sparkling waters

of the Atlantic. Tropical islands, deserted beaches and picturesque coves with excellent swimming and diving make it the perfect place to relax and enjoy some optional boat trips and other activities.

The old Portuguese colonial town of Paraty, founded in 1597 CE and once a very important port during the Portuguese gold rush of the 17th and 18th Centuries, is perhaps the most attractive spot on the coast. Low white-washed buildings with colourful doors and shutters crowd around the cobbled streets and plaza, full of interesting shops, bars and restaurants.

Paraty really comes alive at night, when locals and tourists alike sit outside the many street cafes and congregate in the main square. The town also has a couple of beaches and there are plenty of others in the surrounding area - and this is also a good place for boat and snorkelling trips, which can be arranged locally.

## **Day 49: Rio De Janeiro ( Thu 13 Aug )**

This morning we will drive to the incredible Rio de Janeiro, one of the most beautifully situated cities in the world! This afternoon we will have the opportunity to take an optional visit to a community favela project that we support.

In Rio de Janeiro we will stay in a great hotel in the Flamengo district, close to the beach and the metro station.

Estimated Drive Time - 4-5 hours.

### **Activity**

### **Approximate Cost**

Visit the world famous statue Christ the Redeemer

BRL 74

### **About Rio De Janeiro:**

Rio de Janeiro has to be one of the most beautifully situated cities in the world. The stunning Pão de Açúcar (Sugarloaf) Mountain rises up out of Guanabara Bay and the sandy beaches of Ipanema and Copacabana cut beautiful curves in the shoreline, all under the watchful gaze of the iconic Art Deco statue of Christ the Redeemer on Corcovado, one of the New Seven Wonders of the World.

This is a city with something for everyone - beaches, history, shopping, culture, fantastic food and amazing nightlife. For amazing views of this spectacular city, take the cable car up to the top of Pão de Açúcar, ride the train to Corcovado or jump on the tram to the historic hillside neighbourhood of Santa Teresa. If you're interested in learning more about Rio and Brazil, there are several fascinating museums in the city and you'll see some fantastic architecture by wandering around the older parts of the city.

Kick back and relax on the famous urban beaches, enjoy a beer or caipirinha at one of the many street-side cafes and then when evening comes you can party the night away - Rio has some unbelievable bars and clubs in the buzzing areas of Lapa and Ipanema. If you need a bit of quiet time to recover, take a walk in the city's wonderful botanical

gardens, or escape the city for the day on an excursion to the lush forests of nearby Tijuca National Park.

Rio is particularly famous for its huge annual party - the incredible Rio Carnival. The celebration of Mardi Gras (6 weeks before Easter) is a great Brazilian tradition - the whole city goes wild for a full 7 days in a whirlwind of music and colour. Samba schools compete with ever more awe-inspiring dance displays, floats and costumes, putting on marathon performances in the Sambadrome, and street parties are held all over the city.

## Day 50: Rio De Janeiro ( Fri 14 Aug )

**Border information:** if you are joining in Rio de Janeiro, you will most likely enter Brazil at Rio de Janeiro Galeão International Airport (IATA code: RIO/GIG).

There will be an important group meeting at 6:00pm at the joining hotel - please look out at the hotel reception for a note from your leader with more details about this important meeting.

Please note that the options listed below will only be possible for those with extra time in Rio de Janeiro before the start of your trip with us - please contact the Sales team if you would like to book pre-tour accommodation with us to have extra time exploring Rio de Janeiro.

In Rio de Janeiro we will stay in a comfortable hotel in the Flamengo region of the city.

Hotel for the night: Hotel Argentina  
Hotel Argentina  
Rua Cruz Lima No. 30  
Flamengo  
Rio de Janeiro  
Brazil  
Tel - +55 21 2558 7233

Activity	Approximate Cost
Visit the world famous statue Christ the Redeemer	BRL 74
Take a cable car up Pão de Açúcar (Sugarloaf Mountain)	BRL 80
Take a Historical Samba Tour to learn about the origins of carnival and samba	Free
Spend an evening at the Rio Scenarium with live music & dancing.	BRL 65

## Day 51 to 52: Ouro Preto ( Sat 15 Aug to Sun 16 Aug )

Today we have a full day's drive inland to the beautiful colonial mining town of Ouro Preto. En route we will stop at the village of Congonhas to see the famous 'Twelve Prophets' statues built by the local sculptor Aleijadinho.

Estimated Drive Time - 8-10 hours (please note that all drive times given here are the approximate number of hours that the truck will be in motion only, and does not include any time taken for coffee or lunch stops, border crossings, photo stops, activities en route, comfort breaks, shopping stops, toilet stops, etc. The times given are approximate estimates only and whilst given with the best of intentions, the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors - flexibility is essential on any overland trip!).

On the following day we will have free time to explore the town, and discover its cobblestone streets and stunning Baroque churches. We can also make an optional trip to one of the fascinating mines in and around town.

In Ouro Preto we will stay in dorm accommodation in a hostel.

Activity	Approximate Cost
Head underground into the gold mines of Ouro Preto	BRL 60
Time to explore unique colonial Ouro Preto and its architectural heritage	Free
Learn all about the failed uprising against the Portuguese in 1789 at the Museum of the Inconfidencia, or visit the Mineralogy Museum to see some of the gems mined in the area	BRL 30
Visit the village of Congonhas near Ouro Preto and see the remarkable statues of the Twelve Prophets by Aleijadinho, an accomplished sculptor who worked despite losing his hands to leprosy	Included in Kitty

### About Ouro Preto:

Ouro Preto (meaning 'Black Gold') was founded in the 17th Century by Portuguese colonialists, and became the largest and most important city of the Brazilian Gold Rush of the 18th Century when gold was found in the surrounding area. Mines were built to extract the precious metal, and the tremendous wealth that resulted attracted Europe's intelligentsia and sparked a Baroque revival in the city - a heritage still very much evident in Ouro Preto's preserved colonial buildings and churches, art and sculptures (particularly the sculptures of Aleijadinho, one of Brazil's most famous artists).



In 1789, Ouro Preto became the birthplace of the Inconfidência Mineira, a failed attempt to gain independence from Portugal. The leading figure, Tiradentes, was hanged as a threat to any future revolutionaries. Ouro Preto is a fascinating place to explore - the surviving colonial buildings are fantastically preserved and the city is refreshingly free from modern development (any new buildings must be constructed in line with the town's historical aesthetic). There are several old mines that are open for visitors, providing a glimpse of how life was for the miners all those years ago.

## **Day 53 to 54: Brasília ( Mon 17 Aug to Tue 18 Aug )**

Today we will have an early start for a full day's drive to Brasília, the country's unique capital.

Estimated Drive Time - 11-12 hours.

On the following day, we will explore the city's fascinating architecture on a guided tour. Designed by Lúcio Costa and Oscar Niemeyer in the 1950s, the city was a landmark in the history of city planning - it is a very bizarre and interesting place to explore, quite unlike anywhere else in South America.

In Brasilia we will stay in a Hostel in dorm rooms.

### **Activity**

### **Approximate Cost**

Full day guided tour of Brasilia

Included in Kitty

### **About Brasília:**

Brasília is the capital city of Brazil, founded in 1960 by the President Juscelino Kubitschek in order to move the capital from Rio de Janeiro to a more geographically-central location in the country. The city is one of the major examples of the 20th Century's modern movement in architecture and urban planning - with Oscar Niemeyer and Lúcio Costa as the chief architects, the construction of Brasília was an incredible feat that turned unpopulated swampland into a purpose-built city in just 41 months between 1956 and 1960. The city's unique style and history have earned it UNESCO World Heritage status, and exploring the city really does envelop you in the feeling of being time-warped into a 1960s vision of the future!

To really appreciate the plan of the city with its aeroplane-like shape, try a trip up the television tower for a panoramic view of the city. The Metropolitan Cathedral, shaped like a crown of thorns with angel statues suspended from the ceiling, should not be missed, neither should the incredible blue stained glass of Dom Bosco Cathedral. Other fascinating buildings include the National Congress and Senate, the Juscelino Kubitschek Memorial and the incredible JK Bridge.

## **Day 55: Barra Do Garças ( Wed 19 Aug )**

Today we set off west towards Chapada dos Guimarães, a stunning overland journey of almost 1000km in total.

Tonight we will camp near the Agua Santa Thermas in the grounds of a basic hotel by the river. There should be time for a dip in the thermal pools.

Estimated Drive Time - 8-9 hours.

## **Day 56 to 57: Chapada Dos Guimarães ( Thu 20 Aug to Fri 21 Aug )**

Today we complete our drive to Chapada dos Guimarães, and set up our camp for the next 2 days.

Estimated Drive Time - 8-9 hour .

We will then have a free day within the park for hiking and simply relaxing around the stunning landscapes of Chapada dos Guimarães.

We have an option to do a popular waterfall trail, visiting natural pools and incredible viewpoints along the way - the highlight is the Véu de Noivas ('Bridal Veil') waterfall, one of the postcard views of the Chapada or hike around the Rio Claro valley and visit the Cidade de Pedra look-out point.

In Chapada dos Guimarães, we will camp in a well equipped campsite.

<b>Activity</b>	<b>Approximate Cost</b>
Head out on a trekking trip around the spectacular landscapes, caverns and waterfalls of Chapada Dos Guimarães National Park	BRL 180

### **About Chapada Dos Guimarães:**

Chapada is a Brazilian word that means a region of steep cliffs, usually at the edge of a plateau. The Chapada dos Guimarães is one of the oldest plateaus on earth and one of the most scenic areas in Mato Grosso. It begins to rise from the hot plains around Cuiabá some 50 kms from that city, reaching over 700 m altitude, and its sweeping savannahs are broken by patches of cerrado forest, curiously eroded rocks and many lovely grottoes, peaks and waterfalls - the landscape makes for some fantastic trekking opportunities.

Once the centre of an important diamond-prospecting region, today the area is a popular place for Cuiabáños to escape the city and enjoy some stunning natural scenery. Chapada dos Guimarães lays claim to being the geodesic heart of the South American continent. The ground here shines with small crystals and the rocks are said to have peculiar energizing properties - this is not as far-fetched as it may at first seem, a local magnetic force that reduces the speed of cars has been documented here. Birdwatching here is fruitful, particularly as enthusiasts will find that the plateau, grassland and cerrado species complement those found in Alta Floresta and the Pantanal. Mammals, such as pumas, jaguarundis, giant river otters and black-tailed marmoset can also be occasionally seen.

## Day 58 to 59: Northern Pantanal ( Sat 22 Aug to Sun 23 Aug )

Today we will have an early start from Chapada dos Guimarães and drive to Poconé, the gateway to the northern Pantanal region. From here we will start our trip along the Transpantaneira road, hopefully spotting plenty of wildlife along the way.

Estimated Drive Time - 4-6 hours.

Whilst in the Pantanal, we will explore the flora and fauna of these vast wetlands on foot, in boats and our overland vehicle. We will be in search of the area's incredible array of wildlife on a flexible itinerary with our expert local guides.

In the Pantanal, we will stay in lodges with all the food included.

### Activity

### Approximate Cost

Enjoy an incredible 2-night stay in the heart of Brazil's Northern Pantanal wetlands, including a full package of boat trips, 4x4 safaris and walks through this idyllic wildlife haven

Included in Kitty

### About Northern Pantanal:

The Pantanal is a vast wetland that covers much of inland central and southern Brazil - it is formed of a huge gently-sloping depression surrounded by rolling highlands, so the water from thousands of small rivers runs off from the highlands to collect in the basin before draining out into the Paraguay River. The Pantanal was a predominantly agricultural area, dotted with cattle ranches known locally as "Fazenda" - having realised the importance of their home as a unique habitat for wildlife, many of the Fazendas have opened up for eco-tourism in recent years and offer safaris and tours of the area.

The wildlife here is staggering, and there is probably nowhere else in South America where you'll be able to see as many indigenous species. There are over 250 different species of birds that have been recorded here, including parakeets, macaws, owls, kingfishers, ibis, storks, kites and hawks, hummingbirds and more, and there are prolific numbers of caiman, anacondas, iguanas, two species of anteaters, ocelots, jaguars, tapirs, giant river otters and thousands of marsh deer. One of the easier animals to spot is the capybara, a giant guinea-pig-type rodent that grows up to 60 kgs and lives in large herds in the swamps.

## Day 60: Vila Bela da Santíssima Trindade ( Mon 24 Aug )

After breakfast we will leave the Pantanal and have a full day's drive to the village of Vila Bela da Santíssima Trindade.

Estimated Drive Time - 8-10 hours.

On the following day we will have morning to explore the village or to go on a boat trip on the Guaporé River in search of wildlife and bird-

life including capybara, anacondas, and most impressive of all the pink dolphins in the river.

In Vila Bela da Santíssima Trindade we will camp in a well equipped campsite.

### Activity

### Approximate Cost

Explore the interesting town of Vila Bela to visit the local Maroon communities, and explore the River Guapore by boat in search of pink river dolphins

BRL 180

### About Vila Bela da Santíssima Trindade:

Vila Bela is a small town at upper Guaporé River close to the border with Bolivia. Vila Bela was originally a Quilombo village, meaning that it originated as a refuge for runaway slaves - and there is a distinct African feel to the town. The environment is a mix of Amazonian rainforest and high grasslands. The town contains the ruins of the Igreja Matriz (a particular type of Portuguese church), which is the main tourist site in the town along with its small history museum. The town serves as a hub for trips to the Amazon jungle along the upper Guaporé River and the nearby nature reserve Parque Estadual da Serra de Ricardo Franco. An interesting fact is that Vila Bela da Santíssima Trindade is the Brazilian municipality with the longest name, with 32 characters.

## Day 61 to 62: Rondônia State ( Tue 25 Aug to Wed 26 Aug )

After some free time this morning to enjoy the atmosphere of the village and a paddle on the river we will have lunch and then begin our overlanding journey through the Rondonia State.

Approximate drive time: 5hrs

We will aim to stay in a basic hotel in the small town of Comodoro.

On Day 13 we will continue our journey north, overnighing at a campsite with basic facilities near the town of Cacoal. If we are lucky we may be able to take a dip in the pool at Cacoal water park.

Approximate drive time: 5hrs

## Day 63 to 64: Rondônia State ( Thu 27 Aug to Fri 28 Aug )

Today we have a half day drive towards the town of Cacauplandia, we will aim to stay at a local Pousada in basic lodges in the jungle. From here we will have time to enjoy the flora and fauna of the jungle, go for nature walks, bird spotting and just put our feet up and relax after a few days of travelling.

Approximate Drive Time: 4hrs

We will sleep in basic lodges.

On Day 15, we will continue our journey north to a Jungle lodge by the river, close to the the city of Porto Velho. This is a popular getaway spot for the locals. There are lots of activities available here such as riding, zip lining, water sports and the setting is just beautiful.

Approximate Drive time: 4hrs

We will camp in the ground of the Jungle lodge, with facilities. Upgrades available.

## Day 65 to 66: Rio Branco ( Sat 29 Aug to Sun 30 Aug )

Today we will journey back into civilisation, arriving in the city of Rio Branco after a full days drive. We will spend 2 nights here to give us time to unwind and explore.

Approximate drive time: 9hrs

In Rio Branco we will stay in a comfortable Hotel

## Day 67: Peruvian Amazon, Puerto Maldonado ( Mon 31 Aug )

**Border information:** exit Brazil at Assis, enter Peru at Iñapari.

Today we cross from Brazil over the Rio Acre and enter Peru. Once through border formalities, we drive on to Puerto Maldonado, the base of our upcoming expedition into the Peruvian Amazon.

Estimated Drive Time - 7-8 hours.

In Puerto Maldonado we will stay in a small locally-run hotel.

Activity	Approximate Cost
Explore the remote Amazonian town of Puerto Maldonado, its bustling river port and pleasant town square	Free
Visit the stunning butterfly farm near Puerto Maldonado	PEN 20

### About Peruvian Amazon:

Peru has the second largest portion of the Amazon rainforest after the Brazilian Amazon. The Peruvian Amazon jungle area stretches from the eastern fringes of the Andes to the country's borders with Ecuador, Colombia, Brazil and Bolivia.

Although Peru is most famous for its Andean highlands, the Amazon rainforest regions comprise 60% of the country's and is marked by a huge degree of biodiversity. Most species that call the rainforest home have probably still not been discovered or adequately studied. As a nation, Peru has the largest number of bird species in the world and the third largest number of mammals.

The Peruvian Amazon is traditionally divided into two distinct ecoregions. The first being the lowland jungle (also known as Omagua region or Amazon basin), standing between 80 and 1,000m above sea level. It contains long and powerful rivers such as the Apurimac (the Amazon's biggest tributary), Mantaro, and Urubamba. The second is the highland jungle (also called Rupa-Rupa region or Andean jungle), which extends into the eastern foothills of the Andes between 1,000 and 3,800m above the sea level. The eastern slopes of the Andes are home to a great variety of fauna and flora due to the different altitudes and climates within the region. Temperatures are warm in the lowlands and colder in higher altitudes. There are many endemic fauna because of the isolation caused by the rugged terrain of this area.

Our visit to the region will be to the lowland jungle - our lodge here is a 45-minute boat ride from Puerto Maldonado, owned by the indigenous Ese-Eja community, and containing traditionally-constructed wood, bamboo and palm-leaf huts.

### **About Puerto Maldonado:**

The small town of Puerto Maldonado is a remote outpost in the Peruvian Amazon rainforest. The settlement was founded in 1902 by rubber prospectors, looking to exploit the rainforest's natural abundance of rubber and provide a convenient base for transporting it to the Atlantic via the Amazon and its tributaries. Puerto Maldonado is still a busy jungle port town, but is most famous amongst travellers as being the gateway to many lodges and adventure companies providing trips deep into the wonderful Peruvian Amazon region.

## **Day 68 to 70: Peruvian Amazon ( Tue 01 Sep to Thu 03 Sep )**

Today we will head 20kms from Puerto Maldonado to the Tambopata River port, where we will take a 45-minute boat transfer to our jungle lodge in the Peruvian Amazon where we will stay for the next 3 nights.

During our time here, we will enjoy a full schedule of activities to explore the phenomenal Amazon region of Peru. This will include a walk to the scaffolding canopy tower where you can enjoy spectacular views of the forest and the Tambopata River, a visit to the Tres Chimbadas Lake to look for the resident family of giant river otters and other lakeside wildlife, and an ethnobotanical tour to learn about the traditional ways of using plants as medicines. At night there's also an option of going for a hike in the forest, a time when most mammals are active but rarely seen so expect to use your ears more than your eyes! One of the mornings we will visit a 'Parrot Clay Lick', where if it's a clear morning you have the chance to see dozens of parrots and parakeets descend to ingest the clay on a river bank. We will also go on a guided hike in the forest, learning about the natural history of the rainforest, and visit one of the farms in the community of Infierno and learn about the different Amazonian crops grown here.

In the Peruvian Amazon we will stay in a jungle lodge, with all meals included.

### **Activity**

### **Approximate Cost**



Head out on a fantastic 3-night stay deep in the Peruvian Amazon, one of the most biodiverse places on the planet - here we will embark on a full package of educational rainforest walks, wildlife spotting, boat trips, and visits to the remote communities of the area

Included in Kitty

### Day 71: Quince Mil ( Fri 04 Sep )

This morning we depart Posada Amazonas and drive onwards towards the ancient Inca capital of Cuzco. We will break the journey in the town of Quince Mil, just before we head up into the mighty Andes.

In Quince Mil we will stay in a simple local farmstead guesthouse.

Estimated Drive Time - 4-6 hours.

### Day 72 to 73: Cuzco ( Sat 05 Sep to Sun 06 Sep )

Today we will complete our drive to the lovely colonial town of Cuzco, once the centre of the Inca Empire.

Estimated Drive Time - 5-7 hours.

On Day 24 we will get up early and head out on what could possibly be the highlight of the whole trip, a visit to Machu Picchu. We will transfer to the train station at Ollantaytambo and catch the Expedition Train. The 2 ½ hour train ride is world renowned for its beauty, weaving you through various micro-climates along the gorgeous route to Aguas Calientes.

At Aguas Calientes you will meet your local guide who will take you on a 30 minute bus journey up the mountainside to the gateway to Machu Pichhu, 'the Lost City of the Incas', here you will have a guided tour, followed by some free time to explore the ruins, or perhaps take a walk up to the sungate. Afterwards you will take the bus back to Aguas Calientas, where you will catch the train for Ollantaytambo and finally transfer back to your hotel in Cuzco, arriving exhausted but hopefully very happy!

In Cuzco we will stay in a good colonial hotel in the historical centre.

#### Activity

#### Approximate Cost

Guided visit to Machu Picchu

Included in Kitty

### Day 74: Cuzco ( Mon 07 Sep )

**Border information:** if you are finishing in Cuzco, you will most likely exit Peru at Cuzco Alejandro Velasco Astete International Airport (IATA code: CUZ).

Today is the end day for passengers finishing their trip in Cuzco. Please note there is no accommodation included on the trip tonight - please contact the Sales Team if you are interested in booking extra nights of accommodation in order to fully explore and take part in some of the optional activities listed below.

## IMPORTANT NOTES

The routes, activities and places visited described in these trip notes are intentions and are meant as a rough guide only.

These trip notes have been compiled to help you prepare for your journey once you have booked. They include the full itinerary and dates, and information about kit lists, meeting hotels, insurance, vaccinations, visas, and other information that will help you get ready for your trip.

We update these notes regularly, so please ensure you have an up-to-date version of these trip notes.

We intend to follow the planned route but exact night stops and inclusions cannot be guaranteed. It sometimes happens that we decide to make a change to our planned itinerary. This may be for a variety of reasons - climatic, road or bureaucratic conditions may demand it. By their very nature, overland itineraries need to be flexible and the regions that we are travelling through are often unpredictable. We run adventure journeys in off the beaten track areas, which often have poor infrastructure. You should expect that some of these areas do not adhere to 'Western' safety standards.

## ALTITUDE WARNING

### **Warning - this trip goes above 2800m.**

Please note that this trip spends time above 2800 metres/9200 feet where it is possible for travellers to experience some adverse effects on your health due to the altitude, potentially including Acute Mountain Sickness (AMS), High Altitude Cerebral Edema (HACE) and High Altitude Pulmonary Edema (HAPE).

Because of this it is very important that you make yourself aware of the cause and effects of travelling at altitude and monitor your health during this trip.

[For further information please click here to download our AMS information sheet](#) or refer to the following website: [www.high-altitude-medicine.com](http://www.high-altitude-medicine.com)

Your leader will also hand you a copy of the AMS information sheet during your trip as well as holding a short meeting prior to travelling to altitudes above 2800m/9200ft for the first time.

If you are starting your trip in a destination above 2800m/9200ft we strongly advise reading this information prior to arrival.

**Some Travel Insurance companies will stipulate a maximum altitude limit. Please ensure that you are covered and if necessary pay the additional premium of extended cover.**

## MULTIPLE DEPARTURES AND AMENDED ITINERARIES

South America is very busy for travel at certain times of the year, particularly in connection with the Carnival in Rio de Janeiro but also at other times of the year. Please note that there may be more than just one truck on your specific departure date, and these trucks will travel in parallel with each other.

Trucks on multiple departures will operate on slightly different itineraries and your day to day itinerary may vary from your trip notes. You will of course still visit all the highlights listed, and the presence of other trucks can make for a great atmosphere. If you should have any concerns then please contact your sales agent.

Even on the majority of our trips where there is only the one truck, you may from time to time meet up with other groups at points on the road, and may partake in activities jointly with other groups on these occasions.

This may also occur occasionally in Africa, but is very unlikely in Asia or North and Central America.

## **MULTIPLE DEPARTURES WITH AMENDED ITINERARIES**

South America is very busy for travel at certain times of the year, particularly in connection with the Carnival in Rio de Janeiro which takes place every year 40 days before Easter.

If the trip you are on is connecting to Rio Carnival in any way then there is likely to be more than just one truck on your specific departure date. This means that each truck will operate on slightly different itineraries and your day to day itinerary may vary from your trip notes. You will of course still visit all the highlights listed, and the presence of other trucks can make for a great atmosphere leading to or from the greatest party on earth!

## **THE WILD ANDES TREK, CLASSIC INCA TREK AND TRAIN PACKAGE – MORE INFORMATION**

### **THE WILD ANDES TREK**

Dragoman first developed and launched their pioneering **Community Trek**, the **Tarpuy Yachay project**, in 2006 - a fantastic, award-winning alternative to the Classic Inca Trek, the project also helped several educational and sustainable development initiatives in the Andean villages of Quishuarani and Cuncani.

After almost a decade of this successful venture, we decided that our support could be better used in a new area. In 2013, Dragoman developed an exclusive, brand new Community Trek to take our passengers really off the beaten track, to enjoy pure, unspoilt Andean trails, explore remote Inca ruins, whilst at the same time finding new ways to 'give back' to the people of the area. We have done this by funding the release of alpaca herds, offering training to local people in animal husbandry and weaving to provide a source of income. Another aspect of this project has been reforestation, which is crucial for preventing landslides to protect the local area.

In 2016, we decided to rename our Community Trek "the **Wild Andes Trek**", because we feel it better represents the trek we run. However, nothing has changed but the name - Dragoman's firm commitment to genuine, responsible tourism continues as it always has, so rest assured that whilst you take to the mountains your money is supporting local people. The Wild Andes Trek follows the same route that we have been following since 2013, which boasts some of Peru's most spectacular and remote mountain scenery.

### **THE CLASSIC TREK**

Of course if you prefer, there is also the option to complete the Classic Inca Trek, so called, because the trek follows the old royal route to Machu Picchu. Over the course of four days you will trek over 40km through farmland, cloud forest and mountain scenery, the trek culminates on the final morning where you will rise early to trek to Intipunku, better known as the Sun Gate, where you will catch your first glimpse of Machu Picchu. Here we can take our time to watch the mist clear over the Citadel, and walk down to the site and have some time to enjoy it before we have our guided tour.

### **THE TRAIN PACKAGE**

For those of you who would prefer to take Machu Picchu at a gentler pace, we offer our non-trekking, Train Package. As part of this package you will enjoy a guided tour of Sacsayhuaman and the Sacred Valley, followed by 2 days to relax or explore Cuzco at your own pace. Finally you will transfer to Ollantaytambo where you will spend the night in a lovely hotel and have time to explore the fascinating and impressive fortress here. On your final morning you will take the train to Aguas Calientes, and then onwards to Machu Picchu for your tour and free time to explore.

## GENERAL

Whichever option you choose, you are sure to have an unforgettable experience at one of the most impressive and iconic World Heritage Sites.

The kitty has been budgeted to include the cost of the Classic Inca Trek as this is the most expensive option. This means that you will receive a small kitty refund if you do the Wild Andes Trek, and a substantial kitty refund if you do the Train Package.

All three trekking groups will return to Cuzco by train and private transfer. Please note that during high season or in the case of late bookings, some trekkers may be booked onto a later train. You will always have a Guide to accompany you back to Cuzco but you should be prepared for a later arrival.

**PLEASE NOTE:** You must tell us at the time of booking if you want to book the Classic Inca Trek or the Train Package. If you do not tell us this you will automatically be booked onto the Wild Andes Trek.

In order to book the relevant permits and tickets, it is vital that you provide the following information at the time of booking:

- Full name (EXACTLY as it appears in the passport you are travelling on)
- Date of Birth
- Gender
- Passport Number
- Passport Expiry Date

**Please be sure that all the details are correct and are for the same passport on which you will travel to Peru** - any changes made after your application is submitted may not be granted and will involve fees being charged to you. Changes to name and nationality after your application is submitted are absolutely not allowed, so please ensure no changes of this sort will be needed.

There is an overlap for the Inca treks. This means a group starting a trip in Lima or La Paz will do the Inca trek at the same time as a group starting their trip in Cuzco. This means there could be several groups on the Inca trek at the same time.

### Inclusions

<b>Wild Andes Trek</b>	<b>Classic Inca Trek</b>	<b>Train Package</b>
Professional bi-lingual Guides	Professional bi-lingual Guides	Professional bi-lingual Guides
Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu	Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu	Guided tour of Sacsayhuaman, Ollantaytambo and Machu Picchu
All transport between Cuzco and Machu Picchu	All transport between Cuzco and Machu Picchu	All transport between Cuzco and Machu Picchu
Return Train from Ollantaytambo to Aguas Calientes	Train from Aguas Calientes to Ollantaytambo	Return Train from Ollantaytambo to Aguas Calientes
One night accommodation in	One night accommodation in	Three nights accommodation in

Ollantaytambo	Ollantaytambo	Cuzco and one night accommodation in Ollantaytambo
Entrance to Machu Picchu	Entrance to Machu Picchu	Entrance to Machu Picchu
High quality double-occupancy tents, sleeping mat and camping equipment	High quality double-occupancy tents, sleeping mat and camping equipment	
Hot water in the morning for washing	Hot water in the morning for washing	
Drinking water throughout the trek	Drinking water throughout the trek	
Dining tent, kitchen tent, latrine tent	Dining tent, kitchen tent, latrine tent	
First Aid Kit and Oxygen	First Aid Kit and Oxygen	
Team of Camp staff, Porters and Cooks	Team of Camp staff, Porters and Cooks	
All camping meals (vegetarian and gluten free meals can be catered for)	All camping meals (vegetarian and gluten free meals can be catered for)	
Pack animals and emergency horse in case of injury		

## **BENEFITS OF THE WILD ANDES TREK**

- Protecting the environment - reducing the number of people travelling on the Classic route to minimise the impact on these ancient paths.
- Responsible Tourism - providing funding for reforestation of the area, to reduce landslides.
- Sustainable - providing funding to introduce Alpacas and training in animal husbandry and weaving to create a sustainable source of income from the animals
- Trekking virtually deserted routes, with no other tourists - so you are free to enjoy the surroundings without feeling rushed or crowded
- Arriving to Machu Picchu well rested and refreshed after a comfortable night in a hotel in Ollantaytambo - ready to get the most out of the visit to this unforgettable site. (NB we do not trek into Machu Picchu, we arrive by train and bus from Ollantaytambo)
- Time to explore the citadel of Machu Picchu, many group members chose to trek up to the Sun Gate to see the famous view, after their tour.
- Trekking a unique route in the Andes

## Benefits of the Classic Inca Trek

- The original Royal route is still the most popular trek because of its history (trekking is limited to 500 people per day departing on the trek, which still can feel crowded at times)
- The Classic Trek is not quite as challenging as the Wild Andes Trek as the passes are not quite as high. That said, it is still a pretty tough and you will need to be reasonably fit.
- There are fantastic views of varied terrain from cloud forest to mountains.
- The Classic Trek culminates with a morning trek to the Sun Gate, where you will experience your first glimpse of Machu Picchu (this is the only trek to do this).

## Trekking Fitness

Trekking at altitude should not be undertaken lightly. Regardless of which trek you choose, you need to be in good health with good physical fitness to enjoy the experience. It is not about speed; trekking slowly is far better at altitude but you do need to have the stamina to keep going and altitude can have a negative impact on your general condition and physical performance. For your own safety you must accept that it is at the complete discretion of the professional trekking guides to decide if you are not fit enough to trek, whether it be before or during the trek. The Wild Andes Trek reaches 4,700 m in altitude when we cross one of the passes. The trail can be steep and rocky but has few steps. The Classic Inca Trek has lots of steps and the highest pass is Dead Woman's Pass at 4,200 m. If you are in any doubt about your suitability to trek please consult your local doctor. We recommend arriving in Cuzco at least 24 hours prior to your trip starting (if you are joining in Cuzco). It is also important that you inform your trekking guides and Tour Leaders of any pre-existing medical issues, as well as any medications you may be taking, especially medication for altitude sickness.

## Trekking - what to bring

Tents, sleeping mats and all food and drinking water during the trek are provided, as well as duffle bags for your personal gear that you don't need to access during the trekking hours (such as sleeping bags and extra clothes). On the Wild Andes Trek your duffle bag will be carried by pack animals and on the Classic Trek your duffle bag will be carried by porters. Please note that there is therefore a strict weight limit of 6 kgs per bag. You will have to carry your own daypack with any items you need during the day.

You will need to be prepared for 4 seasons' weather in one day. Basically it will be cold after dark and in the mornings. During the night you will need to layer up with thermals and warm socks. In the morning when you've walked for a little while you will warm up and gradually strip off. Think layers! Wild Andes trekkers, you should also bring a set of clean clothes for the night you will spend in Ollantaytambo where you have hot showers and the evening meal out in a restaurant.

Some very useful things to bring:

- Daypack (less than 30 litres)
- Waterproof bag(s) to keep your stuff dry (bin liners or similar are fine)
- Warm sleeping bag
- Sleeping bag liner (for extra insulation)
- Sleeping mat (only if you want extra insulation/padding as a mat will be provided)
- Walking stick (basic wooden sticks will be available to buy)
- Water bottle(s) with a total capacity of at least 2 litres
- Head torch or normal torch
- Small towel
- Camera (also charger, extra batteries and memory cards)
- Walking boots
- Light shoes or sandals (to allow your feet to relax and breathe during the evenings)
- Waterproofs
- Thermal underwear
- Warm socks
- Fleece or other warm sweater
- Woolly hat & gloves



- Sunglasses
- Sun hat
- Basic toiletries (lip salve, sun block, insect repellent, wet wipes, hand sanitizer, etc)
- Toilet paper + plastic bags to carry your used toilet paper with you (only needed during the trekking hours, at night a dug toilet with toilet paper will be provided)
- Basic medical kit (any personal medication, plasters, painkillers, etc)
- Pack of cards / book / game for evenings
- Money (for souvenirs, snacks, drinks, food, etc + tip for the guides and porters)
- PASSPORT + passport photocopy
- Cuzco Visitor's Ticket (this will be arranged for you by your tour leader)

We recommend a tip of US\$20 for your guide and perhaps US\$30 for all the rest of the staff.

### **Responsible Trekking**

Frostbite, altitude sickness and even death can be the cost for the guides and trekking staff. Tourism Concern has a campaign aimed to put a stop to the abuse of trekking staff's human rights. Equally pack animals suffer abuse and mistreatment. Mountain trekking is exhilarating and challenging, but how could many of us do it without the assistance of trekking staff? Once they have started a trek, trekkers are often horrified by the reality of the working conditions for the staff.

The prices that tour operators charge for trekking does vary enormously, mainly due to the rates of pay and conditions that the trekking crew receive. It is easy to book a trip based purely on price, but in the case of trips involving Inca trails, this will probably be because the tour operator is using local suppliers without regard to the treatment of porters and guides.

In keeping with our Responsible Tourism Policies, Dragoman has a strict Suppliers' Policy, which also covers our trekking partners. We follow Tourism Concern's policies on trekking companies and the way that guides, porters or animals are looked after. We therefore use a local Cuzco-based trekking company called Andina Travel to run all our Inca trails trekking trips. They have an excellent trekking record and good, knowledgeable guides. They have been at the cutting edge of developing codes of responsible tourism practice and involving the local Quechuan communities in the development of their various treks. They supply us with evidence of their code of practice concerning their guides, staff and pack animals.

Please bear this in mind when deciding which travel company you will travel with. Remember many of the trekking organisations, as well as many overseas tour operators who use these suppliers, are happy to promote low cost trips, even if it is at the expense of the welfare of the guides and porters that they use.

### **Communities Supported**

The communities that we support are remote Andean farming communities with traditions dating back to the Incas. They are primarily Quechua speaking, with some Spanish, and little contact with the general population. Their daily lives consist of potato cultivation, weaving, and the herding of llamas, alpacas, and sheep. Considered by the Peruvian government to be living in extreme poverty, they often face malnutrition, severely cold weather, poor hygienic conditions, and little medical or health assistance. Villagers live in thatched-roof stone huts and cook with firewood. Because of the disproportionate supply and demand of native trees and bush, there is a great need for an effective reforestation project in the area. Since 2006, Dragoman has worked with Ecoam (who helps us with our reforestation project) and thanks to the support from Dragoman and our passengers, the area we used to visit around Quishuarani, Cuncani and part of the mountain range of Lares has been declared a Private Landscape Reserve.

The fairly recent introduction of tourism to the region has brought some needed assistance and economic development to the communities, but there is still much more to do. Our local trekking operator working within the guidelines of sustainable tourism has met with the communities and discussed the pros and cons of tourism in the area. Together they have established still un-official guidelines for trekking and tourism through the Cordillera such as: established campsites to avoid contamination of community areas, use of community animals and personnel on treks, training of community members through workshops on camp maintenance, hygiene, client service to enhance their economic viability,

maintenance of camp trails, camp sites, and environmental conservation. Many agencies respect these guidelines, but because making things official often brings on unwanted government intervention, they are an informal agreement between the communities, agencies, and tourists.

## PHYSICAL PREPARATION

### SOUTH AMERICA PHYSICAL PREPARATION

South America is diverse continent, from high altitudes in the dry Andes, the steamy and humid Amazon, the cold moorlands of Patagonia, to the lush green pampas of northern Argentina. You should therefore be prepared for the full gambit of climates. There will be time for hiking and many other activities such as horse riding and white water rafting, and you will need to be reasonably fit to be able to participate in everything on offer.

Overland travel can be demanding - long, rough travel days, dusty conditions can be challenging to some. You will need to be fit enough to help every day with the camp chores (cooking, washing up, general camp set up) as well as putting up and taking down your own tent. There are some long driving days and some early morning starts.

The step up into the overland vehicle, while not overly high can become tiring and you need to judge yourself to be physically fit enough to haul yourself up and down the step at least 8-10 times a day. By and large the South America trips have a good range of hotel accommodation mixed up with camping so that life is not too rough.

We will be travelling to areas in remote locations where medical assistance will not be available. If you have a medical condition such as a heart condition that would put you at risk, we would suggest that this is not the trip for you. Also, please be aware that should an emergency occur, there is likely to be a considerable delay in accessing medical care, and by joining our trip you accept this risk.

## VISA INFORMATION

Many countries that we visit on our travels will require visas to enter. Some are best obtained before you leave home, and others can be obtained en-route. Whilst the ultimate responsibility for obtaining visas is yours, we will endeavour to assist you wherever possible.

The visa requirements for your trip vary depending on where you are from and where you are going. The information provided is given in good faith and we do try to keep the visa information as up to date as possible. Please read the information very carefully to make sure everything is clear and you aware of what you need to do. Please also be aware that rules surrounding visas do change, often suddenly, and without prior warning. This is why it is important that you also double-check the information we provide for yourself.

For visas that are needed in advance, you may wish to submit the applications directly to the relevant embassy or consulate. If you require any supporting documentation for your visa applications, Dragoman will obtain this on your behalf as part of your trip price - we will contact you to request additional information in order to make this application for you.

However, for trips that involve multiple visas, you may find it beneficial to use a specialist visa agency to assist you with your applications. While this does sometimes increase the cost, it usually makes the process much easier for you.

As you will often need to submit your passport together with your applications, we recommend that you avoid making any travel plans in the weeks leading up to your departure.

Most countries require that your passport is valid for at least 6 months after your entry into the country.

For trips that are not yet guaranteed, you may find yourself in the position whereby you will need to start the visa application process prior to your trip being guaranteed - in this situation we still advise you **not** to purchase flights until your trip is guaranteed. However, you **can** start your visa application

process, ensuring that when applying for your visas or letters of invitation that you allow several days before and after your entry into the country to allow for delays, availability of flights, etc.

## PERU

Citizens of the UK, Ireland, Australia, New Zealand, USA, Canada and all EU countries **will not** need a visa to visit Peru as a tourist for up to 183 days.

Citizens of other countries should check with the relevant consulates as to whether a visa is required. If a visa is required, you will need to obtain it **in advance**. Only a very small number of nationalities will require a visa.

## BOLIVIA

Citizens of the UK, Ireland, Australia, New Zealand, Canada and most EU countries **will not** need a visa to visit Bolivia as a tourist for up to 90 days.

Citizens of South Africa and certain Eastern European countries **will** need a visa, and this can be obtained **on arrival** at all land borders and airports into Bolivia. At the time of writing (2015), the cost of a single-entry visa on arrival is USD65. Please make sure you check which documentation you need to bring to obtain a visa on arrival. Dragoman can help with hotel lists if required.

Citizens of the USA **will** need a visa, and this will have to be obtained **in advance**. We recommend that you obtain this at the Bolivian Consulate in Washington or one of the other five consulates in the USA - please apply through the website at <http://www.boliviawdc.org> and follow all instructions for a tourist visa. If this is not possible before you travel, and you are travelling overland into Bolivia, it is possible to obtain a visa at the Bolivian Consulate in Salta, Argentina or Cuzco, Peru (please be careful that you aren't due to be there on a weekend or national holiday). At the time of writing (2015), the cost of a single-entry visa is USD160 for USA passport holders. Please make sure you check which documentation you need to bring to obtain a visa on arrival. Dragoman can help with hotel lists if required.

Citizens of other countries should check with the relevant consulates as to whether a visa is required, and whether it will be necessary to obtain it in advance.

A valid yellow fever vaccination certificate is required from travellers coming from [areas with risk of yellow fever transmission](#) (including transiting through an airport in an area of risk).

## CHILE

Citizens of the UK, Ireland, Australia, New Zealand, USA, Canada and most EU countries **will not** need a visa to visit Chile as a tourist for up to 90 days.

Please note that citizens of Australia will need to pay a reciprocity fee of USD117 (2015 price) upon entry to Chile. This will be valid for multiple entries to Chile over 90 days, and can be paid in cash or by card upon arrival.

Citizens of other countries should check with the relevant consulates as to whether a visa is required. If a visa is required, you will need to obtain it **in advance**.

## BRAZIL

Citizens of the UK, Ireland, New Zealand, Australia, Switzerland, South Africa, US, Canada, Japan, countries of South America and all EU countries **will not** need a visa to visit Brazil as a tourist for up to 90 days.

Citizens of other countries should check with the relevant consulates as to whether a visa is required. If a visa is required, you will need to obtain it **in advance**.

## ARGENTINA

Citizens of the UK, Ireland, Australia, New Zealand, USA, Canada and all EU countries **will not** need a visa to visit Argentina as a tourist for up to 90 days.

Citizens of other countries should check with the relevant consulates as to whether a visa is required. If a visa is required, you will need to obtain it **in advance**.

## FLYING TO CENTRAL OR SOUTH AMERICA VIA THE USA OR CANADA

If your flight to Central or South America goes via the USA, then you **must** obtain an Electronic System for Travel Authorization (ESTA) before travel (except for citizens of Canada, who will not require this). Citizens of the UK, Ireland, Australia, New Zealand, Japan, South Korea, Taiwan and most EU countries are part of the USA's Visa Waiver Scheme and are eligible to obtain an ESTA.

An ESTA must be obtained **online** and **in advance** via the following link and paying the appropriate fee - <https://esta.cbp.dhs.gov/esta/> - please note that you will be denied boarding your flight if you do not have this arranged.

If you are not eligible for an ESTA, then you will have to obtain a B-1/B-2 visa for temporary visitors, and you will need to obtain it **in advance**. In this case it would be advisable to book flights that do not go via the USA.

Please note that if you have travelled to Iran, Sudan, Iraq or Syria since March 2011, or hold dual-nationality with one of these countries, then you will not be eligible for an ESTA and must instead apply for a visa. There are some exceptions to this, please see the following link for more details - <http://www.state.gov/r/pa/prs/ps/2016/01/251577.htm>.

Similarly, if your flight to Central or South America goes via Canada, then you must obtain a Canadian Electronic Travel Authorisation (eTA) before travel (except for citizens of the USA, who will not require this). Citizens of the UK, Ireland, Australia, New Zealand, most EU countries, South Korea and Japan are part of Canada's Visa Waiver Scheme and are eligible to obtain an eTA.

An eTA must be arranged **online** and **in advance** - please go to <http://www.cic.gc.ca/english/visit/>, apply and pay the appropriate fee.

If you are not eligible for an eTA, then you will have to obtain a Temporary Resident Visa, and you will need to obtain it **in advance**. In this case it would be advisable to book flights that do not go via Canada. Please note that several Eastern European nationalities will need a visa.

## PERSONAL SPENDING

### SOUTH AMERICA CURRENCIES AND CASH

It is not really worth trying to buy local currencies before you travel. Bear in mind that many countries have strict regulations about the amount of their own local currency you are allowed to import - if you are found with amounts in excess of the allowed amounts, it may well be confiscated!

For obvious security reasons we hesitate to recommend you bring lots of cash with you, a sensible mix of cash and ATM cards is best. Most of our past passengers have said they wished they had been told to bring more cash. Apart from the convenience of being able to change money in many more places, you will sometimes get a much better exchange rate for cash.

More and more people are choosing to travel with cash passports such as TravelEx cards (you can visit [www.cashpassport.com](http://www.cashpassport.com) for further information on these). This is a very secure way of carrying your money whilst travelling. You treat them exactly like an ATM card and draw out local currency from an ATM within each country.

Travellers cheques have become increasingly difficult to change in South America with passengers and

our leaders experiencing huge frustration and numerous hours spent trying to find a bank which will change travellers cheques. For this reason we no longer accept them on our trips and do not recommend that you bring them for your personal spending money.

You should take a mixture of denomination notes. Banks and moneychangers in most countries will now only accept bills with a metallic strip running top to bottom of the bill and which are **no more than 8 years old**. You should not take worn or damaged notes, or any that have been written on. Brazil can be difficult for changing money, so it's handy to have a cash card as backup. Please bring a mixture of small and large denominations as in more remote areas it can be hard to change amounts over USD50.

Please note that due to a recent counterfeit scam central banks in several South American countries (Ecuador, Peru, Bolivia and Chile) have temporarily banned the circulation of USD100 notes bearing a series 2001 production date and a serial number starting with the letters CB or CF and ending in B2. The serial number is printed in green on the emblem.

Cash machines are readily available in most areas but are not always reliable therefore we recommend that you do not rely on them as your only source of cash. ATMs can be difficult to find sometimes in remote areas, especially in Patagonia. Credit cards such as Visa, MasterCard and American Express are the most commonly accepted, but be prepared for very high commission charges. Please do not rely on cards for daily use, as they are not always accepted outside of larger towns and cities.

## PERSONAL SPENDING - SOUTH AMERICA

Based on the range that previous travellers have spent in South America, we recommend you allow between USD15 and USD30 per day. This amount is usually lower in Bolivia, Ecuador and Peru but slightly higher elsewhere.

This will covers expenses such as your optional activities, drinks, meals whilst out and also when staying in hotels, souvenirs, tips and personal permits.

## WHAT ELSE YOU NEED TO KNOW

### Overland Lifestyle and Trip Suitability

Dragoman was founded in 1981, and has had many years of experience of leading overland trips across 4 continents. Overlanding is all about sharing a great travelling experience with like-minded people. On your trip you'll travel in one of Dragoman's purpose-built iconic expedition vehicles on an off the beaten track adventure along rugged roads, experiencing the sights, sounds and smells of the world up-close. Your journey will be overland, sometimes across vast distances, so some long days spent driving are inevitable - but these will be interspersed with breaks of a day or two at a destination or activity. On an overland journey, you are more than just a passenger and everyone gets involved setting up camp - we supply the tent but it's up to you to pitch it! As part of your trip, you will be assigned a truck job which could be collecting firewood or water, luggage loading, organising food, stores, etc.

Like all great adventures, the more you put in the more you'll get out!

We are looking forward to welcoming you on one of our overland journeys, but before we do there are a few things we would like to draw to your attention.

[Back to top ^](#)

### Who Travels with Dragoman?

Our groups are made up of people from around the world, and are always an interesting mix of nationalities and ages. On average there is a pretty even split between males to females, and between solo travellers, couples and small groups of friends. We believe that overlanding should be open to as many people as possible, and so although we have a minimum age limit of 18 (or 7 on our Family Trips), as long as you are fit, healthy and passionate about travel, we are happy to take you, whatever your age is. One of the wonderful aspects of group travel is the camaraderie and friendships that are formed along the way, and the variety of people that you will meet.

## Group Size

The maximum group size we take on our overland journeys ranges from 19 to 22 depending on the geographical location; however the average number of passengers is more likely to be around 16.

Please note that there is an overlap of 2 trips in Cuzco and during the Inca Treks. This means a group starting a trip in Cuzco will embark on the Inca Trail at the same time as a group finishing in or travelling through Cuzco. In practical terms this means there could be more than 22 group members in Cuzco and on the Inca Trail at the same time.

Please note that there is also an overlap of 2 trips in Zanzibar. This means a group starting a trip in Nairobi, for example, will visit Zanzibar at the same time as a group starting their trip there. In practical terms this means there could be more than 22 group members in Zanzibar at the same time.

Please also note that on some departures there may be more than one truck doing the same route. This means that you will be in the same hotel or campsite as another Dragoman group on some days. To ensure that you are not always at the same place at the same time as another group, your itinerary will most likely be slightly altered from the itinerary advertised in these trip notes.

## Our Crew and Guides

Our crew are passionate about travel and are always up for adventure. It takes someone special to become a Dragoman leader. Our crew undergo the most intensive training program of all the overland companies, spending 8 weeks learning the ropes at our base in Suffolk, UK, and then up to 6 months on the road as a trainee. Our crew are trained to manage and operate the trip safely and efficiently and their duties include: planning the trip according to the itinerary, driving and maintaining the truck, securing services of local guides, general logistics, health and safety, liaising with bureaucracy, dealing with issues where needed and offering advice and support to our customers. In addition they have a basic knowledge of the places visited and will be able to offer suggestions of things to do and see. Dragoman endeavours to provide the services of experienced crew, however, due to the seasonality of travel, situations may arise where your tour leader is new to a particular region or training other crew, new to the area.

On all Dragoman overlanding trips, we usually have 2 western crew but please be aware that there may be times when one crew member has to leave the trip due to unforeseen circumstances such as visa issues, illness of a group member, etc. On some of our trips we have 1 western crew and 1 local driver instead of 2 western crew. On trips south of Nairobi in East and Southern Africa we will also have an African camp master/cook who is in charge of running the camp and organising all of the meals. Their knowledge of the local produce makes shopping at the markets great fun and you will learn how to prepare and cook some unusual dishes.

On the majority of our trips in Ethiopia, Sudan, Central Asia, China and South East Asia, in addition to our crew we will have a local guide on board who will travel with us for the entire duration of our time within one country. In these cases, the local guide becomes a third crew member and is able to offer their local knowledge as well as an insight into their country and the lives of the local people.

In most other areas of Africa, the Americas, India and Turkey, in addition to our crew we will employ local guides in specific locations of interest (for just a few hours up to a few days).

Your crew have a duty of care to all members of the group and therefore they have the authority to ask you to leave the trip if you require serious medical assistance, you are behaving in an anti-social manner or refuse to comply with local laws and customs. In all matters relating to the trip, the leader's decision will be final and we appreciate your respect of this.

## Accommodation on Tour

Dragoman's overland trips are designed for shared accommodation, whether camping or staying in hotels or hostels, and therefore do not involve a single supplement. Whilst our crew will do their best to accommodate couples travelling together in twin rooms, all our travellers should expect to stay in multi-share accommodation when staying in hostels, gers or yurts.



The type, variety and standard of accommodation will vary greatly depending on what options are available at the time; hotels can vary from very basic rooms without electricity or running water to high standard hotels with good facilities! Generally in hotels most rooms will be single sex, twin-share, but in South America many rooms are triple/quad-share. Hostels, gers and yurts are nearly always multi-share and may be mixed sex.

The campsites will range from rather basic to those with excellent facilities, including swimming pools, restaurants and bars. In some cases it may also be possible to upgrade locally to bungalows, lodges or even tree-houses. One of the highlights of overlanding is that in more remote areas we wild camp away from the tourist crowds. Occasionally on some of our trips we are able to stay in villages or local homestays allowing us to get close to the indigenous population and ensuring that our money stays within the local community.

[Back to top ^](#)

## The Kitty

In addition to the trip price on our overlanding trips, you will also be required to pay a kitty specified for your trip (please note that there is no kitty on our Family Trips). The kitty is payable in installments at the start of each section of the trip for combination trips, and in full at the start of the trip for individual trips. Each customer joining a trip pays their kitty into a central fund. The fund is managed by the Dragoman crew and the kitty accounts can be viewed by all throughout the trip.

The kitty covers all things that the whole group does, such as:

- Hotel accommodation and campsite fees
- Meals whilst camping (not whilst staying in hotels)
- Activities listed as included (e.g. National Park or historical site entrances, excursions, etc.)

The kitty system is unique to overlanding and allows us to have flexibility and transparency on our trips. You can see exactly how your money is being spent and ensure that you are getting the best value by buying locally. It also helps to keep the costs competitive and save on administration costs so that we can pass the saving on to you. Dragoman makes NO PROFIT on kitties, as they are the group's fund. If there is money left in the kitty at the end of your trip, then this is divided between the group and you receive a refund.

Once you book your trip it is very important that you check our website on a regular basis and just before departure for any changes to the kitty amount. We constantly update the kitty prices on our website and the kitty advertised in the brochure is an estimate at the time of printing. Prices can go up or down with no notice, and exchange rate fluctuations will affect costs.

The kitty is payable in full at the start of your trip (in instalments at the start of each individual trip on combination trips). Alternatively you can pay in advance via a bank transfer 3-4 weeks before the start of your trip - please see [https://www.dragoman.com/files/Dragoman\\_Kitty\\_Document.pdf](https://www.dragoman.com/files/Dragoman_Kitty_Document.pdf) for more details - this information sheet will also be sent in your booking confirmation upon booking a trip and can be found on [www.dragoman.com/overlanding/planning-your-trip/money](http://www.dragoman.com/overlanding/planning-your-trip/money). Please also note that prepayment is not available for our trips to West Africa, Iran, Tajikistan, Pakistan, Alaska and any trip in Africa north of Nairobi.

If you are bringing the kitty out in cash, please ensure your USD notes (EUR notes if your trip goes through West Africa) are clean and undamaged and **no more than 8 years old**. If needed, your tour leader will be able to accept some of the kitty in local currency, and they will let you know the exchange rate locally. In most destinations you can withdraw local currencies from ATM machines, using either a cash passport or a credit/debit card. However, please bear in mind that most cards have a maximum withdrawal amount per day, local ATMs may run out of cash, and your bank could block the card despite you warning them of your travel plans, so it could be impractical to try to get the entire kitty out from an ATM.

We cannot accept traveller's cheques on our trips.

[Back to top ^](#)

## Meals and Group Participation

On an overland journey you are more than just an individual passenger - you're part of the team. You are expected to pitch in to set up camp, shop for food, cook and generally help out. As part of your trip you will be assigned a truck job which could be collecting water and firewood, sweeping out the truck, loading the back locker, etc. While camping on overland journeys, the meals are included in the kitty. This means that you will have to work together to cook for everyone in your group. You will be divided into smaller units of 3-4 people and take it in turns to cook for the whole group according to a rota system. When it is your group's turn to cook you will have to plan the meal, shop for the ingredients in local markets or supermarkets and then prepare the meal for the whole group. The secret to cooking for 20+ people using a basic camping kitchen is to keep it simple! (On trips south of Nairobi we have a cook on board the truck; however you will still be required to help them to prepare meals).

An example of a typical camp breakfast might be toast with spreads, fruit and cereal as well as tea and coffee. When time allows it will also be possible to serve something hot such as eggs or pancakes. Lunch is almost always a sandwich heaped high with healthy salad and assorted fillings, with fruit to follow. Dinner might be a BBQ, risotto or pasta dish and there is always the chance to try some local cooking. Generally our passengers find the more they put into a trip, the more they benefit from it.

[Back to top ^](#)

## Dietary Requirements

If you have any dietary requirements please tell us at the time of booking and tell your crew at your welcome meeting. Our crew will try to cater for any particular dietary requirement or food intolerance whenever possible. However, it must be remembered that it may not always be possible and the variety of dishes may be severely limited in comparison to those available to others. If there is anything in particular you require in your diet, that you would miss from home, or because of an allergy would miss out on, it would be best to bring this with you. Depending on your particular requirements, you may need to allow yourself some extra spending money to allow you to purchase extra food items.

[Back to top ^](#)

## Itineraries

Our itineraries are developed and published with the best of intentions, however travel in more remote areas of the world is unpredictable - borders can close, there can be extreme adverse weather, strikes or maybe mechanical issues that affect the running of your trip, but equally due to the nature of our trips we can often spontaneously include a local festival or event into the itinerary. This being said, the safety of our passengers, leaders and operators is a priority for us. With this in mind we monitor world events very closely. By the very nature of the adventure travel that we take, there are risks and hazards that are inherent in our itineraries. We make operational decisions based on informed advice from a number of sources, including the British Foreign and Commonwealth Office travel advice, reports from other travel companies and local suppliers, leaders' reports from off the road and local contacts we have built up over many years of experience.

[Back to top ^](#)

## British Foreign Office Travel Advice and Warnings

Dragoman follows the British Foreign Office Travel advice when deciding where and where we are unable to travel. We will base our decisions on itineraries and alterations to published routes based on their advice rather than the advice of other governments. We will advise you of any significant changes in advice before travel or whilst you are overseas.

However, we recommend you check the latest travel advisories from your own government for the country you are travelling to before you book and prior to departure. If there are any travel warnings present for the region you will travel to, as well as considering whether you are happy to travel despite the warning you must also check to ensure that it is not invalidating your travel insurance. Here are a few useful addresses:

UK - [www.gov.uk/foreign-travel-advice](http://www.gov.uk/foreign-travel-advice)

Australia - <http://www.smartraveller.gov.au/>

New Zealand - <http://www.safetravel.govt.nz/>

United States - <https://travel.state.gov/content/passports/en/country.html>

Canada - [http://www.voyage.gc.ca/countries\\_pays/menu-eng.asp](http://www.voyage.gc.ca/countries_pays/menu-eng.asp)

We also recommend that you check out the UK Travel Aware website before you travel at <https://travelaware.campaign.gov.uk/>. This website offers straightforward travel advice, top tips, and up-to-date country information to help you plan a safe trip.

[Back to top ^](#)

## Health

You need to be in good physical health in order to participate fully in our trips. When selecting your trip please make sure you have read through the itinerary carefully and assessed your ability to cope with our style of travel. To help you assess if this trip is suitable, please refer to the physical rating. The ratings for each trip are a good indication of how challenging they are and in some cases you should be prepared for some long driving days and possibly limited facilities. We are always happy to give extra advice if you have additional concerns. Please note that if, in the opinion of our leader, you are unable to complete the itinerary without undue risk to yourself and/or the rest of the group, Dragoman reserves the right to exclude you from all or part of the trip without a refund.

You should consult your doctor for up-to-date medical travel information prior to travel, particularly if you have a pre-existing medical condition. You must also declare any pre-existing medical conditions to your travel insurers upon purchase and provide evidence to us prior to departure that your pre-existing medical condition has been declared to your insurers. Failure to do so will mean that you are unable to join the trip.

## Extreme Environments

There may be periods of time within your trip when you meet extreme conditions, such as extreme heat, extreme wind, extreme cold, extreme humidity, extreme altitude, extreme crowds etc. Whilst our crew will let you know at the time when you are likely to meet these conditions, please ensure that you have read through the trip notes carefully and researched the local weather conditions at the time and that you feel that you are fit enough to cope with these conditions. If you have any doubts at all, please contact us to discuss your concerns prior to booking, and when on trip, if you find that the local conditions are causing you concern at any time, please be sure to let your trip leader know so that appropriate precautions can be discussed.

[Back to top ^](#)

## Altitude

Some pre-existing medical conditions are known to severely worsen at high altitude and be difficult to adequately treat on the ground, leading to more serious consequences. It is imperative that you discuss your pre-existing medical condition/s with your doctor. We understand certain medications are reported to aid acclimatising to high altitude; please discuss these options with your doctor. For trips that travel to areas of high altitude, the tour leader will issue you with a self-assessment altitude questionnaire which allows you to monitor how you are coping with the altitude and informs you of danger signals so that you can report these as soon as possible, either to the tour leader or a medical professional.

[Back to top ^](#)

## Yellow Fever

A valid international certificate of vaccination against Yellow Fever is required in many countries. You may need to present this on arrival at the airport or border crossing. Some countries will refuse entry if you are unable to present your certificate. It's also quite common for your home country to request a Yellow Fever certificate on your arrival back home.

It is your responsibility to check with your doctor well in advance of leaving home about the Yellow Fever requirements for the countries you'll be visiting.

## Malaria & other mosquito-borne diseases

There is a risk of contracting malaria in some areas which we travel through. If your trip goes to a areas with malaria it is always best to get expert advice before travelling about the types of malaria pills available, whether they are recommended, and take any that are prescribed as instructed. Consult your GP or travel clinic for the most up-to-date requirements.

Other mosquito-borne diseases such as yellow fever, dengue fever, chikungunya and Zika are continuing to spread and are becoming a bigger problem around the world. Mosquito bite prevention is vital to avoid contracting any of these diseases, as there are no vaccines or specific treatments available. Health professionals have issued warnings for pregnant women travelling to areas affected by the Zika virus. For more information about Zika please visit:

- WHO: [www.who.int/en/news-room/fact-sheets/detail/zika-virus](http://www.who.int/en/news-room/fact-sheets/detail/zika-virus)
- Center for Disease Control and Prevention: [www.cdc.gov/zika](http://www.cdc.gov/zika)

The Anopheles mosquitoes that transmit malaria usually bite between the hours of dusk and dawn, whereas the Aedes mosquitoes that transmit yellow fever, dengue fever, chikungunya and Zika bite both during the day and the night. To prevent being bitten, it is recommended to cover up by wearing long-legged and long-sleeved clothing, preferably light-coloured and buttoned at the wrists. Do not sleep without closing your windows, tent door, etc. and use a mosquito net in hotels or if sleeping outside where there are mosquitoes present. Use mosquito repellent applied directly to your skin or soaked into your clothing. Treating clothes and mosquito nets with a Permethrin solution also provides significant protection. It should be available at most travel stores. Mosquito coils are useful on still nights and in hotel rooms, but cannot be used inside the tents. For more advice on how to avoid bites please see: [www.travelhealthpro.org.uk/factsheet/38/insect-and-tick-bite-avoidance](http://www.travelhealthpro.org.uk/factsheet/38/insect-and-tick-bite-avoidance)

[Back to top ^](#)

## Vaccinations

Recommended vaccinations and other health protections vary according to different regions and recent bulletins issued by health authorities. It is essential to get the latest specific health advice on the regions and countries you are planning to travel in, so please check with either your doctor or travel clinic in good time before you travel. The following websites are also a helpful resource:

[www.nathnac.net](http://www.nathnac.net) and [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

In the UK, we have been working with Nomad Travel for many years and their website has comprehensive, up-to-date vaccination and health information. You will receive a 10% discount off all vaccinations given at Nomad Travel clinics.

[Back to top ^](#)

## Safety & Security

At Dragoman your safety is of paramount importance and we will do our best to ensure that your travel with us is safe and trouble-free, but we do ask that you take that little bit of extra care whilst you are away and to understand about the nature of this style of travel.

Of course we want you to have an enjoyable time, but you must also remember that part of the enjoyment of travel is experiencing a different way of life and cultures. This may also mean experiencing different safety and hygiene standards than those you are normally used to.

Therefore, please take note of the following safety tips and follow any local safety advice or briefings delivered by our crew or any third-party suppliers we use during your trip.

[Back to top ^](#)

## Transport Safety

- Our own vehicles have fully-fitted seat belts; make sure you always belt up.
- If you find a safety belt inoperable or missing on one of our vehicles, please inform the crew immediately.
- Unfortunately, we cannot guarantee that other vehicles we may use or recommend in some countries will be fitted with seat belts on every seat as it is not a legal requirement in much of the

world.

- Please remain seated on board vehicles at all times when the vehicle is in motion.
- Never place luggage in the aisles or foot wells.
- Ensure you know where your nearest Emergency exit is; this may be a designated emergency exit, a window, a door, or a roof hatch.
- Check the location of the fire extinguisher and first aid kit.
- Follow any safety instructions provided by the crew/driver.
- Our vehicles are fitted with roof seats which can be used in certain conditions, such as when driving at low speeds, off main tarmac roads, etc. The roof hatches can only be opened and the roof seats used with the express permission of the crew and you must never sit in the roof seats without seat belts.

## Road Safety

- Traffic in some countries travels on the opposite side of the road to what you may be used to, so ensure you look both ways before crossing the road.
- In many countries vehicles do not automatically stop at crossings and driving styles may be very unpredictable, so please remain very vigilant when near roads and vehicles.
- Crash helmets are often not provided with mopeds and motorbikes overseas – we do not recommend you hire these vehicles.

[Back to top ^](#)

## Fire & Other Safety - Hostels/Hotels/Homestays

- Ensure you know where your nearest fire exit is and check to ensure that it is operative.
- Check the location of the nearest fire extinguisher.
- Study the fire instructions in your room if available.
- Identify how to raise the alarm if a fire occurs.
- If a fire occurs, leave immediately; do not stop to collect your effects.
- Proceed to an assembly point well away from the building.
- Electrics in hotels in many of the places that we visit will not be up to the same standards as at home. Please ensure that you check rooms, especially bathrooms and are aware of any issues that look unsafe. If in doubt inform the crew who will endeavour to sort the situation out if possible.
- Staircases and stairwells are often built to a very different design than under western building standards. There may be no guard rails, be excessively steep, have dangerous gaps between the stairs and the wall, etc. At all times be aware and take appropriate and prudent care.
- We often stay in homestays and farmstays. These may range from a traditional yurt through to a tree house or a town house. As these are traditional homes, they may well not adhere to our western standards of safety and so it is important that you make yourself aware of potential risks.
- If in doubt please inform the crew of any safety issues with the hotels/hostels or homestays.

## Fire Safety - Campsites

- Ensure you know where the nearest source of water or fire extinguisher is.
- Know how to raise the alarm.
- Extinguish all camping fires fully before retiring to bed.
- Observe any regulations regarding fires and bushfires in dry conditions.
- Identify how to raise the alarm if a fire occurs.
- If a fire occurs, leave immediately; do not stop to collect your effects.
- Proceed to an assembly point away from the tented accommodation/affected campsite.

## Other Campsite Safety & Security

- Familiarise yourself with the campsite and any known hazards.
- Group the tents around our vehicle wherever possible.
- No open flames, smoking or flammable liquids in or near the tents.
- Ensure the cooking area is well away from the tents.

- Ensure all water for cooking and drinking is purified first.
- Ensure any soil toilets are a minimum of 50m away from the tents and the cooking area.
- All food waste should be burned or buried a minimum of 100m away from the site.
- Ensure local advice is followed concerning any wildlife in the area.
- Keep valuables locked in the vehicle.
- Be aware of any local security issues that might be important.
- Do not set out tents close to perimeter fences which may be a security risk.
- Be aware of the security arrangements and local guards for campsite and if in doubt ask them where and where not to pitch tents.
- If in doubt please inform the crew of any safety issues with campsite.
- When wild camping, ensure that you do not wander away from the camp alone. If you do leave camp, ensure that you have notified the leader or other members of the group.

## Food Safety

- Make sure your food has been thoroughly cooked.
- Hot food should be hot, cold food should be cold.
- Avoid any uncooked food, except fruit and vegetables (notably those you can peel or shell yourself).
- In many countries you should only drink bottled water or purified water and ensure any seal is intact when purchasing bottles.
- On the Dragoman vehicles we have a tank of drinking water that is kept purified by the crew.
- Avoid ice in drinks as this can cause upset stomachs in hot climates.
- Make sure you wash your hands in antibacterial product when preparing and/or eating food.
- Many of the restaurants that you will eat in, either as a group or as individuals, will NOT have the same standards of food hygiene as we have in the western world. Unfortunately this is a reality of life in these regions. Therefore please think carefully about where you eat, what food you order and be aware of the risks.

[Back to top ^](#)

## Personal Safety

One of the real advantages of overland travel is that the vehicle provides a very real level of security when travelling. There is no doubt that a properly-equipped overland vehicle, with safes, fully lockable doors and windows is an obvious advantage when travelling in much of the world. Generally speaking, you will not be travelling on local public transport and will have the added security of travelling in a group with experienced crew on-hand to offer advice. We have come up with a few pointers that we recommend you follow:

- Follow the crew's specific safety advice in each destination.
- Always remain aware and vigilant, and stay away from situations where you do not feel comfortable.
- Avoid carrying too much money.
- Always avoid carrying your passport, driving licence, air tickets, and other valuable items around with you unless this is essential. Instead, keep valuables such as this locked away in the truck's safe, or the safety deposit box in the room or reception of the hotel/hostel.
- If you are carrying cash, cards or valuables, use a money belt or neck wallet which are more easily concealed and more difficult to pickpocket.
- Do not take any valuable jewellery, watches, etc. away with you in the first place.
- Avoid walking in poorly lit areas.
- If possible avoid walking around on your own; it is always safer to explore with others.
- Always try to walk with confidence and purpose, which will help you avoid looking like a lost tourist!
- Take special care when walking to avoid spraining or twisting your ankle on potholes, cobbles and uneven ground.

[Back to top ^](#)

## Activity Safety & Optional Activities



You will have the opportunity to take part in many exciting activities and excursions, some of which are included (e.g. hiking the Inca Trail, trekking to see Mountain Gorillas, visiting the Taj Mahal, etc.), whilst others are optional (e.g. white water rafting in Uganda, zip-lining in Costa Rica, etc.). Some of these activities require a certain level of fitness, so it's important that you read through the trip notes thoroughly and make your own conclusions as to whether you feel that you are fit and healthy enough to enjoy this trip and its activities to their fullest.

Some activities may have higher risks than you are used to and you must judge whether or not you wish, or have the physical ability, to take part.

Please note that riding helmets are mandatory for all optional and included horse riding activities. This is an insurance requirement.

Optional activities mentioned by Dragoman are not included in the trip price or kitty, and do not form part of your contract with Dragoman. As such you accept that any assistance given by Dragoman crew members or local representatives in arranging optional activities does not render us liable for them in any way. The Dragoman crew are assisting you in arranging these activities for your added enjoyment whilst on your trip. The operators of these services and optional extras are local suppliers who contract directly with the client 'on the road', subject to and in accordance with their own terms and conditions. Dragoman accepts no liability for any action or activity undertaken by the client which is arranged independently of Dragoman while on tour. Crew may take part in an optional activity but do so as private individuals and not as company representatives.

Please use your own good judgement when selecting an activity in your free time.

Ensure that you use the appropriate equipment on optional activities, including life jackets, helmets, etc. This is especially important on activities such as horse riding, white-water rafting, etc.

Always ensure that your travel medical insurance covers you for all included and optional activities that you wish to participate in.

[Back to top ^](#)

## **Included Activities**

Included activities are listed in the day-to-day itinerary, all other activities are optional and at your own expense. If you choose not to participate in the included activities on this itinerary, the cost will not necessarily be refunded; this is something you will need to check with your leader.

[Back to top ^](#)

## **Optional Activities**

A selection of optional activities is listed in the day-to-day itinerary. This list is designed to be a helpful guide as to what is commonly available in each location, and is neither an exhaustive list, a guarantee that the activity is available, or an endorsement or recommendation. Please note that certain activities may not be available on your particular visit if they are overbooked, underbooked, out of season, or for any other reason - the list of activities is made according to our latest information and in the best faith, but please be aware that things may change between our last visit and your arrival. Please also note that it may not be possible to do all the activities listed in the time available at each destination, and it is recommended to give yourself extra time in your joining or ending city if you would like to participate in some optional activities there.

Prices listed are for entrance only and do not include transport costs to and from the sites or local guides unless indicated - again, these prices are displayed according to our latest information and in the best faith, but prices do fluctuate due to exchange rates, season, numbers of participants, and simple increases from the operator - any prices listed are a guide only and certainly cannot be guaranteed.

Optional activities are not necessarily endorsed or recommended by Dragoman nor included in the price of this trip. If you do any optional activities, you do so at your own risk and it must be clearly understood that your participation is your own decision and does not form part of your contract with Dragoman. You may be required to sign/complete a waiver form or optional activity form for some optional activities.



[Back to top ^](#)

## Insurance

It is a condition of booking that you have comprehensive travel insurance. Without evidence of valid travel insurance you will not be allowed to start the trip.

We recommend that any policy has a minimum medical (including repatriation) cover of £5,000,000. We recommend that any policy also has a minimum level of cover for Personal Liability of £2,000,000 and for Cancellation and Curtailment of £5,000 (or the full cost of your trip). Cover for loss of baggage, personal effects, money and other inclusions are down to personal choice although please bear in mind that personal effects are more likely to go missing whilst travelling and you should ensure that your policy is adequate to cover the value of your personal effects e.g. cameras, tablets, phones, ipods, etc. Please note that Dragoman is not responsible for your personal effects and is not insured for their loss. Please note that you should be insured for trip postponement or cancellation purposes immediately upon paying a deposit.

Whatever policy you choose, you must ensure that it is designed for adventure/overland travel and make sure it covers any activity that you intend to undertake (whether included or optional). As such it must cover you for adventure activities such as white water rafting, trekking, horse-riding, etc., and that the 24-hour Emergency Assistance Company must be experienced in handling situations in developing countries - for example, that they have the ability to arrange repatriation from remote areas such as the Sahara or if you were trekking in the Andes. On activities or side trips that are not recommended by us, please ensure you are happy with the safety of the activity before participating.

Please note that in the case of credit card travel insurance we will require details of the participating insurer, the insurance policy number and emergency contact number prior to travel rather than just the bank's name and credit card details. It is up to you to ensure that these policies have the cover you require, as many of these policies are not able to cope with adventure travel to remote areas and many are not valid for travelling outside your country of residence or outside the EU.

[Back to top ^](#)

## Our Liability Insurance

Dragoman has comprehensive passenger vehicle liability protection and tour operator insurance. These policies have total indemnities of £5,000,000 and £10,000,000 per incident respectively. This is in addition to local vehicle insurance and your personal travel insurance.

[Back to top ^](#)

## Out of Office Hours Contact

We have an out of office hours number you can call which should only be used once you have left your home country to start the trip and in the event of a real emergency. Should you need to call the number, we will do what we can to help but please bear in mind that real progress or action may not be possible until normal office hours. If you can not get through please leave a message with you name, reference number, contact details and a message with the help that you need and we will get back to you.

If your flight is delayed or cancelled, please let us know and then make your way to the joining hotel as instructed in these trip notes. If you cannot get through leave a message and a contact number as these will be regularly checked and the crew informed if necessary.

**Out of hours Number: +44 (0) 7985 106564**

[Back to top ^](#)

## Luggage & Kit List

Although you will not have to carry your main bag for long distances, you will need to help load and unload them onto the truck. For this reason we recommend that you use a backpack or soft bag rather than a heavy suitcase. During your trip your main luggage will be kept in the truck's back locker which will be inaccessible during a drive day, so you will also need a small daypack. This can be used to carry your camera, water bottle and other personal effects for daily use. Please be aware that due to the constant dust and vibrations your luggage bag will be subject to extreme wear and tear.

The size of baggage that can be brought on this tour is limited by the locker space on the truck. We recommend that your bag be no larger than a large rucksack with a capacity of about 80 litres (approximately 70cm high, 40cm wide, and 40cm deep). The weight limit for luggage on all trucks is a maximum of 20kg.

Your clothes and equipment should be appropriate for the conditions you are travelling in, which will vary depending on which part of the world you're heading to. On overland trips, Dragoman will provide all camping equipment apart from sleeping bags and ground mats, so you'll need to bring those with you if your trip includes camping nights.

Think about the climate and altitude of the areas you'll be travelling to - there's nothing worse than being cold at night so it's worth investing in a decent sleeping bag if it's likely to get cold. And remember that even when it's warm during the day, it can often get cold at night, particularly in desert regions.

For a general idea of what you need, this list provides a guide:

### **General**

- Sleeping bag, sleeping bag liner, sleeping mat and small pillow - if your trip includes camping nights
- Sandals or flip flops
- Comfortable walking shoes
- Sun hat and sunglasses
- Waterproof jacket
- Warm sweater or fleece
- Swimwear
- Comfortable travelling clothes and a set of casual but smart clothes for evenings out
- If visiting places of worship on the trip, men should bring a pair of full length trousers and women should bring a skirt that covers their knees and a scarf
- Towel - quick dry, lightweight travel towels are best
- Toiletries including bio degradable wet wipes, sanitary products, hand gel, sun cream and insect repellent
- Day pack - essential for keeping things handy when on the truck, on short hikes, walking around cities, etc
- Assorted dry bags - to protect your kit from dust and damp
- Pouch or money belt
- Water bottle (at least 1 litre) - we carry drinking water on all of our trucks and actively encourage our customers to use the water supplied. Whilst away from the truck we encourage the use of a filter water bottle and we are able to offer Dragoman customers a 25% discount on Water to Go bottles and filters using the code DRAGOMAN25 on the link <https://www.watertogo.eu/dragoman>
- Head torch with spare batteries and bulbs
- Camera with spare battery and extra memory cards
- Electrical accessories such as charger, power bank, adapter, etc
- Carbon monoxide detector
- A good book, a diary or notebook and pen, a fun game for travel days
- Personal medical kit - see notes below

### **Cold weather**

For trips going through mountainous areas, deserts, high altitude regions and Patagonia, you should be prepared for cold weather, especially at night. Ensure you bring:

- 3/4 or 4/5 season sleeping bag with liner - see note on sleeping bag ratings below
- Thermal base layers
- Winter jacket
- Hat, gloves and scarf
- Warm socks

### **Hot weather**

For trips going through tropical areas you should be prepared for hot and humid weather. Ensure you bring:

- Loose fitting clothes with long sleeves and legs
- Mosquito repellent
- Mosquito net – not essential as our tents have mosquito netting but can be handy for hotels and hostels or sleeping under the stars

### **Trips with trekking**

For trips including treks, ensure you bring:

- Lightweight walking clothes suitable for the general climate
- Waterproof trousers
- Sturdy walking boots
- Walking stick(s) – not essential but can help in steep terrain; sticks can generally be hired or purchased en route

[Back to top ^](#)

### **Sleeping Bags**

A sleeping bag's rating typically indicates the lowest temperature at which it will keep the average sleeper warm enough to sustain them but not necessarily make them warm enough to feel comfortable. For example, with a 0°C bag, you should be able to stay in 0°C temperature but you will not necessarily be able to sleep comfortably.

For European sleeping bags there are the following standards:

- The upper limit is the highest temperature at which a 'standard' adult man is able to have a comfortable night's sleep without excess sweating.
- The comfort rating is based on a 'standard' adult woman having a comfortable night's sleep.
- The lower limit is based on the lowest temperature at which a 'standard' adult man is deemed to be able to have a comfortable night's sleep.
- The extreme rating is a survival-only rating for a 'standard' adult man. This is an extreme survival rating only and it is not advisable to rely on this rating for general use.

The transition zone, in between the comfort and lower temperature, is usually considered as the best purchase guideline.

### **Personal Medical Kit**

All of our trucks have a standard motorist's first aid kit on board for use in emergency situations only. The first aid kit is in compliance with UK standards for first aid provision within motor vehicles, and contain supplies to treat road side injuries. We do not carry prescription medications, therefore in addition to this we recommend that you purchase your own personal medical kit.

In the UK we have teamed up with Nomad Travel Stores and Clinics to produce travel medical kits. They have been designed in conjunction with the truck kits and contain everything you would need for any minor incidents and health issues. For more details please visit their website:

**Global Survival Kit** - <http://www.nomadtravel.co.uk/p/2712/Global-Survival-Kit>

**Ultimate Medical Kit (POM)** - [http://www.nomadtravel.co.uk/p/2909/Ultimate-Medical-Kit-\(POM\)](http://www.nomadtravel.co.uk/p/2909/Ultimate-Medical-Kit-(POM))

[Back to top ^](#)

### **Passports**

Check that your passport will still be valid for 6 months after the end of your trip - this is important as some countries WILL refuse entry to anyone whose passport is due to expire. A temporary or 'visitor's' passport is not valid on our trips. You will need to provide us with your passport details prior to

departing for your trip. If you change your passport, please remember to inform us as soon as possible - however, please be aware that changing your passport can cause big problems if you need to apply for visas or permits (such as the Inca Trail or Gorilla Trekking) in advance.

[Back to top ^](#)

## **Pre and Post Trip Accommodation and Airport Transfers**

At Dragoman we believe you should make the most of the places you visit, so if you would like to see more of the joining or finishing point cities, why not book additional accommodation to extend your stay? Dragoman can take away the hassle of time zones and language barriers by making the booking for you. This accommodation is only available at the joining or finishing city of your trip, immediately before or after the trip you are travelling on.

While Dragoman is happy to assist with booking your pre and post trip accommodation, it is important that you understand that you may be able to book your own room at a cheaper rate directly through the hotel or on the internet. Our additional accommodation prices are based on the hotel's rate plus an administration fee. Please note our rates do not reflect last minute walk-in rates or internet specials.

We can also book arrival airport transfers for you as long as we have your flight arrival details. These are normally payable in cash upon arrival; however we do have pre-paid transfers in a few destinations.

Please contact our reservations team for details of the accommodation and transfers that we can offer, as not all hotels offer this service.

[Back to top ^](#)

## **Continuing Your Trip**

Having an amazing trip and met a great group of people? Having too much fun to go home yet? If you're on one of our trips and decide that you would like to continue with us, then why not speak to your trip leader who can advise you of the cost and availability of continuing your journey.

[Back to top ^](#)

## **Contingency Emergency Fund**

Sometimes, civil or political unrest, or reasons beyond Dragoman's control (e.g. a natural disaster), can mean that an itinerary is disrupted and we have to make a contingency plan. This may involve hiring alternate transport or even the whole group flying over an area. Although Dragoman will help organise travel arrangements, in circumstances outside Dragoman's control you will be required to contribute the additional costs involved and therefore we ask you to bring along a 'Contingency Fund' of USD400. In almost all cases trips run smoothly and this fund is therefore never used. We also recommend that you take along an internationally recognised credit or charge card with a decent limit in case of emergencies, such as medical treatment en route, or even the need to be repatriated; though these occurrences are rare. Remember that travel insurance policies usually only refund you for expenses after you have already paid out.

[Back to top ^](#)

## **Responsible Tourism**

Dragoman is committed to ensuring that we have a positive impact on local communities and that we implement policies to minimise any negative impact on the local environment. We are dedicated to making sure that we adopt a responsible attitude to the areas through which we travel and believe that our trips should benefit the local people and their environment. Dragoman recognises that we are guests of local communities and strive to make these communities our partners, so that they benefit directly from our visit. You can find full details of Dragoman's Responsible Tourism policy from the link below:

<https://www.dragoman.com/about-us/responsible-travel/policy-and-guidelines>

[Back to top ^](#)

## **Water**

The sale of bottled water contributes to an enormous environmental problem around the world. In

addition to the water in the bottle, the production of a 1 litre plastic bottle takes 2 litres of water and 200ml of oil. A large proportion end up in limited landfill or discarded in waterways and natural environments.

Please avoid the purchase of bottled water by using the chemically sterilised water stored in the purpose-built storage tank on your overland vehicle. You are free to refill your bottle as many times a day as you like. You are helping the environment and your pocket!

[Back to top ^](#)

## Electrical Equipment

Your vehicle will be usually equipped with a 12-Volt socket, so to charge your iPod, MP3 player, camera, laptop and mobile phone you will need a DC 12V adapter - the type that can be used from a cigarette lighter in your car. Please be aware that only one piece of equipment can be charged at a time and it will not be allowed if there is a risk of running the vehicle's batteries low. Batteries may also be recharged from hotel room wall sockets and the majority of the campsites we stay at have electricity points, so please bring along your normal charging adapters as well. You will need to ensure that you have the correct country adapter for your specific charger.

For mobile phones, please note that most countries in the Americas operate at 850 MHz and 1900 MHz which is not the same frequencies used in Europe, Africa, Asia and Australia. Most modern tri-band and quad-band mobile phones will be able to operate on these frequencies but please check your mobile phone specifications before travelling to ensure that you'll be able to use your phone in the Americas.

[Back to top ^](#)

## A Few Rules

It is one of our core values to treat all people we encounter with respect, including the local people who make our destinations so special. We have therefore set down a number of rules to which our customers must adhere.

Engaging in commercial or exploitative sexual activities, committing acts of violence or threatening violence towards local people, other group members or any member of our staff is not allowed. Any customer engaging in such activities will be required to leave the trip immediately with no refund of the trip price.

You must at all times comply with the laws, customs, foreign exchange and drug regulations of all countries visited and conduct yourself in accordance with our responsible travel policy. Any customer found contravening such laws or regulations will be required to leave the trip immediately with no refund of the trip price.

Although we are aware that in some parts of the world taking, carrying or selling drugs, carrying weapons, or engaging in commercial or exploitative sexual activities may be legal, it is not acceptable for Dragoman customers and our tour leaders have the right to ask you to leave the trip immediately with no refund of the trip price if you are found to be engaging in such activities.

[Back to top ^](#)

## Issues on the Trip

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local partner straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader may not be able to resolve a situation to your satisfaction. If this is the case please contact our customer relations department on

[customer-relations@dragoman.co.uk](mailto:customer-relations@dragoman.co.uk).

You may also choose to provide details in your feedback questionnaire which we ask you to complete at the end of your trip, but we do ask you to be aware that it is very difficult for us to provide any practical help after the trip is complete.

[Back to top ^](#)

## Tipping

Tipping is entirely voluntary. The Dragoman crew may be travelling with you for many weeks and usually they become good friends with most members of the group. It is sometimes easy to forget that they do work hard to ensure that you do have a great trip. If you feel you would like to tip them, they certainly would appreciate it.

On a number of our trips, we also use a local guide as well as our own Dragoman crew. These guides live and travel with you through their home country and it is usual to tip them when they leave. We recommend USD 1 to USD 4 per person per day, but check with your crew for an appropriate amount.

[Back to top ^](#)

## Feedback

After your travels, we want to hear from you! We rely on your feedback. We read it carefully. Feedback helps us to understand what we are doing well and what we could be doing better, and it allows us to make improvements for future travellers.

## COUNTRY SPECIFIC NOTES

### BOLIVIA NOTE

Because of its nature, this itinerary may vary - occasionally the road conditions are too adverse during the rainy season (January-February) to make the crossing from Uyuni to Argentina, and we may have to change the route. During the winter months in Argentina and Bolivia, we will spend a higher proportion of nights in hotels and less time camping.

Kitty may be higher than expected and you should allow extra funds for this and personal funds for more meals out. There may well be snow and you should be aware that it can get very cold at night. Please ensure that you bring a decent sleeping bag and adequate clothes, including thermals.

We will also be travelling to very high altitudes (over 5000m if you take the crossing from Uyuni to Argentina or vice versa), so please be aware of the effects of altitude sickness.

[Back to top ^](#)

These trip notes have been compiled to help you prepare for your journey, once you have booked. They include the full itinerary and dates, information and kit lists, meeting hotels, insurance, vaccinations, visas, and other information that will help you get ready for your trip.

Please ensure you have an up to date version of these Trip Notes

These trip notes were printed on 22/11/2019